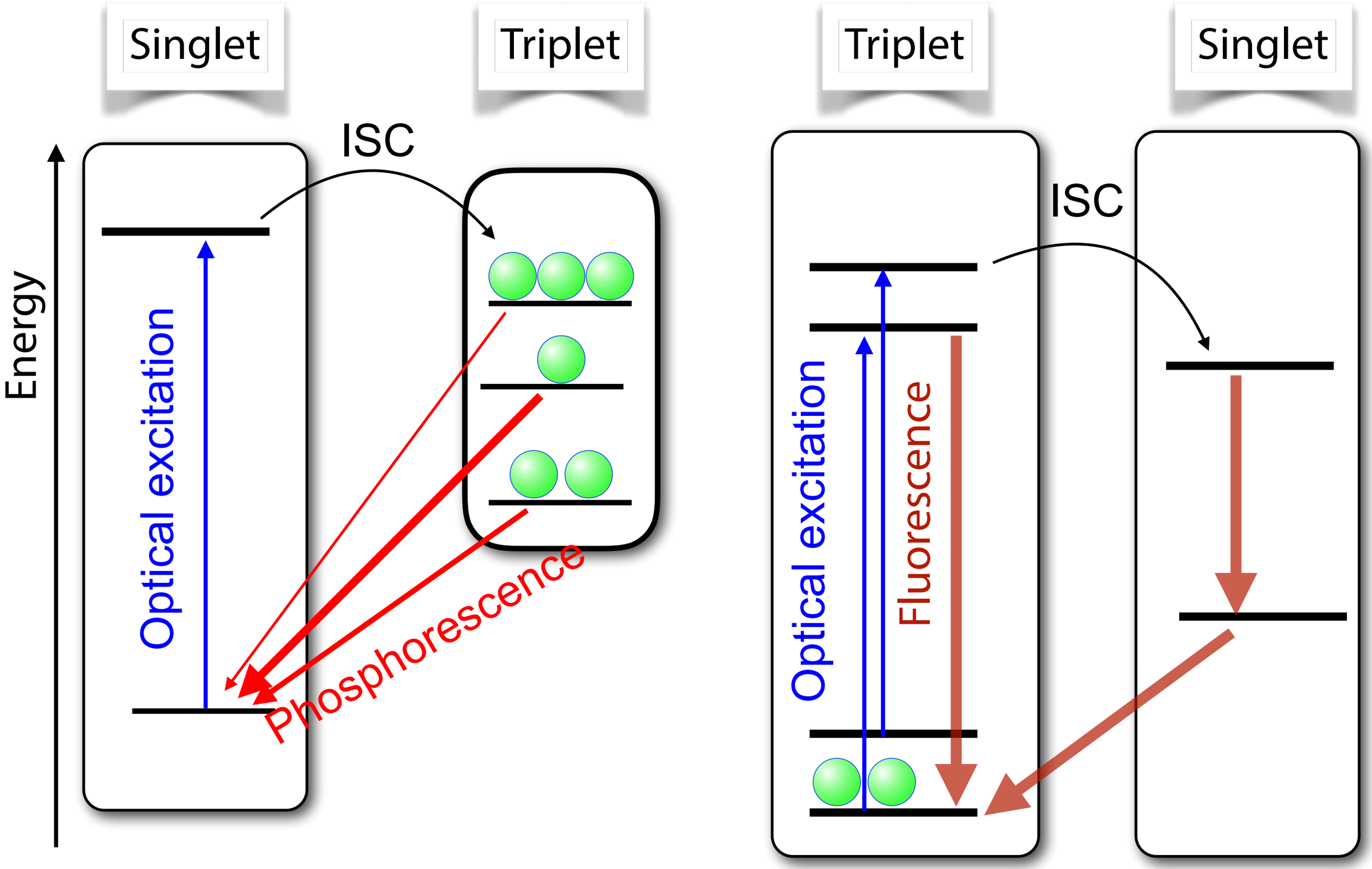
Singlet
Triplet
Triplet
Singlet
ISC
ISC
Energy
Optical excitation
Phosphorescence
Optical excitation
Fluorescence