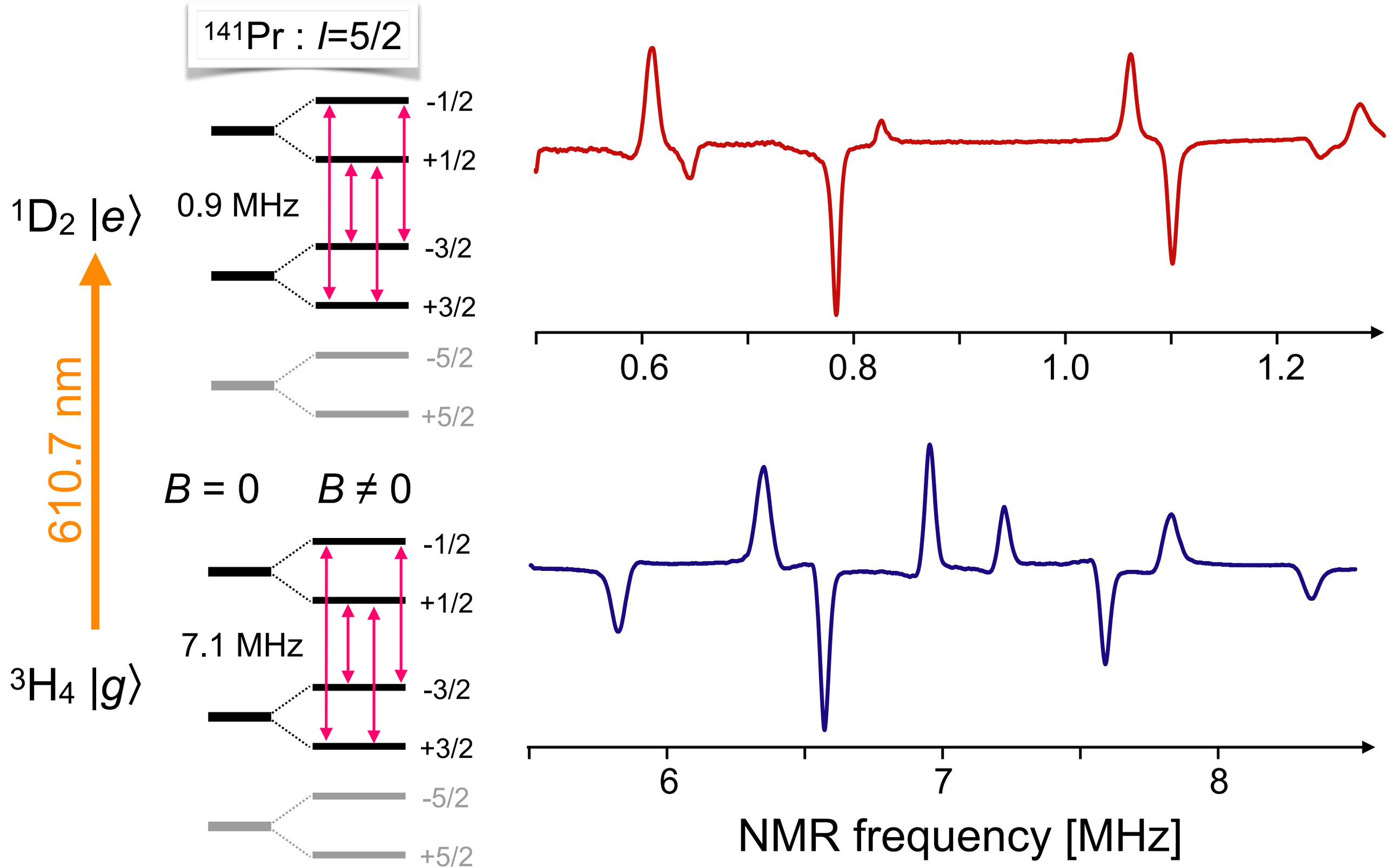
^{141}Pr : I=5/2
$^1D_2$ |e⟩
610.7 nm
$^3H_4$ |g⟩
0.9 MHz
-1/2
+1/2
-3/2
+3/2
-5/2
+5/2
B = 0
$B \neq 0$
7.1 MHz
-1/2
+1/2
-3/2
+3/2
-5/2
+5/2
0.6
0.8
1.0
1.2
6
7
8
NMR frequency [MHz]