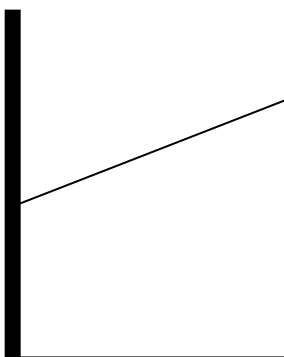
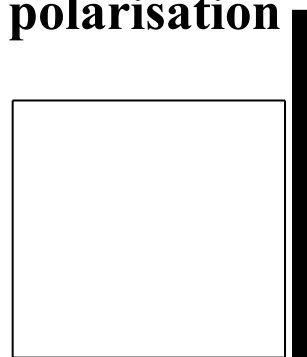


$^1\text{H}$



**cross-  
polarisation**



**Z-filter  
delay**

*dephasing  
period*

$\phi_{\text{CP}}$

$\phi_{\text{Z1}}$

$\phi_{\text{Z2}}$

