



Supplement of

Rapid assessment of Watson–Crick to Hoogsteen exchange in unlabeled DNA duplexes using high-power SELOPE imino ¹H CEST

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Supplementary figures



Fig. S1. 2D [¹H, ¹H] NOESY spectra for duplexes used in this study. Shown are imino-imino and

imino-amino/aromatic regions of 2D [¹H, ¹H] NOESY spectra of A₆-DNA, A₆-RNA and A₅-DNA.

Mixing times used are indicated in inset.











Fig. S2. ¹H CEST profiles and 1D imino spectra measured for A₆-DNA as a function of temperature. RF field powers used for ¹H CEST are color-coded. Shown are fits (solid lines) of the data (points) to the Bloch-McConnell equations with and without ($k_{ex} = \Delta \omega = p_{ES} = 0$) 2-state chemical exchange. Shown below the CEST profiles are residual plots (normalized intensity - fitted normalized intensity). Reduced chi-square ($r\chi^2$), Akaike's (wAIC) and Bayesian (wBIC) information criterion weights were used to select the model with (+ex) or without (-ex) exchange as described in the main text. Note for the following residues, although the AIC/BIC weights > 0.995 and $r\chi^2$ is reduced with the inclusion of exchange, the exchange parameters are not reliable/have large errors: G11 at 5°C $(p_{\text{ES}} = 0.016 \pm 3.62, \Delta \omega = -0.06 \pm 14.3 \text{ ppm}, k_{\text{ex}} = 29962.9 \pm 5883345.6 \text{ s}^{-1})$ and G11 at 30°C ($p_{\text{ES}} = -0.016 \pm 14.3 \text{ ppm}, k_{\text{ex}} = -0.016 \pm 14.3 \text{ ppm}$) 0.049 ± 1.36 , $\Delta \omega = -0.24 \pm 6.76$ ppm, $k_{ex} = 49978.8 \pm 625763.2 \text{ s}^{-1}$). For 25°C data, representative profiles (G2 and T5) with large offsets are also shown. The dashed blue lines indicate the water chemical shift. Also shown are the 1D ¹H spectra of the imino region for A₆-DNA at different temperatures. G11 and G2 imino peaks are too weak to measure ¹H CEST at 45°C. Error bars for ¹H CEST profiles (typically smaller than data points) were obtained using the standard deviation of 3 measurements of peak intensity with zero relaxation delay as described in Methods. ¹H CEST data for T4, T8 at 20°C and 25°C, T8, T9 at 30°C, and T4, T7 at 45°C are not shown due to spectra overlap. ¹H CEST data for T9 and G10 at 25°C is shown in Fig. 4.



Fig. S3. ¹H CEST profiles measured for A₂-DNA at 25°C, A₅-DNA at 26°C and A₆-RNA at 25°C.

RF field powers used for ¹H CEST are color-coded. Shown are 2-state fits of the data to the Bloch-McConnell equations with and without ($k_{ex} = \Delta \omega = p_{ES} = 0$) 2-state chemical exchange. Shown below the CEST profiles are residual plots (normalized intensity - fitted normalized intensity). Reduced chisquare ($r\chi^2$), Akaike's (w*AIC*) and Bayesian (w*BIC*) information criterion weights were used to select the model with (+ex) or without (-ex) exchange as described in the main text. Note that although G2 in A₆-RNA has AIC/BIC weights > 0.995 and $r\chi^2$ is reduced with the inclusion of exchange, the exchange parameters are not reliable ($p_{ES} = 40\pm85\%$, $\Delta \omega = -0.03\pm0.05$ ppm, $k_{ex} = 164\pm553$ s⁻¹). Error bars for ¹H CEST profiles (typically smaller than data points) were obtained using the standard deviation of 3 measurements of peak intensity with zero relaxation delay as described in Methods.



Fig. S4. ¹H CEST profiles for A₆-DNA (pH 6.8) at 25°C with long relaxation delay (400 ms) and using non-selective excitation of imino protons. RF field powers used for ¹H CEST are color-coded. Shown are the ¹H CEST data fits to the Bloch-McConnell equations with and without ($k_{ex} = \Delta \omega = p_{ES} = 0$) 2-state chemical exchange. Shown below the CEST profiles are residual plots (normalized intensity) - fitted normalized intensity), computed as described in Methods. Reduced chi-square ($r\chi^2$), Akaike's

(w*AIC*) and Bayesian (w*BIC*) information criterion weights were used to select the model with (+ex) or without (-ex) exchange, as described in the main text. Error bars for ¹H CEST profiles (typically smaller than data points) were obtained using the standard deviation of 3 measurements of peak intensity with zero relaxation delay as described in Methods.



Fig. S5. Degeneracy analysis for representative ¹H CEST profiles. Shown is the quality of a 2state fit ($r\chi^2$) to the ¹H CEST profile measured for T7-H3, T9-H3 and T22-H3 in A₆-DNA as a function of individually holding each exchange parameter p_{ES} , $\Delta\omega$ and k_{ex} to a different value while allowing all other exchange parameters to float during fit. The best-fit exchange parameters (p_{ES} , $\Delta\omega$ and k_{ex}) are in red.



Fig. S6. The temperature dependence of k_1 and k_{-1} for A6-T9 Watson-Crick to Hoogsteen exchange in A₆-DNA. R^2 denotes coefficient of determination (see Methods). Error bars were determined by propagating the errors in k_1 and k_{-1} obtained from 2-state fits of the ¹H CEST profile for T9-H3 to the Bloch-McConnell equations (Methods).



Fig. S7. Off-resonance R₁ profiles measured for A-tract residues A18, A19 and A20 in A₆-

DNA. Spin-lock powers are color coded. Error bars in the R_{1p} profiles were obtained using Monte-Carlo simulations (Rangadurai et al., 2019). Solid lines denote a fit of the data (points) to the Bloch-McConnell equations assuming a 2-state exchange model.



Fig. S8. Degeneracy analysis of simulated off-resonance ¹³**C** *R*_{1p} data. (a) Simulated offresonance ¹³C *R*_{1p} profiles for A3-C1' in A₆-DNA for varying Δω and *k*_{ex.} *p*_{ES} = 0.32% and *k*_{ex} = 26214.6 s⁻¹ were obtained from fitting of the ¹H CEST profile for T22-H3 (Table S1). Simulations assumed a longitudinal relaxation rate constant *R*₁ = 1.61 s⁻¹ and a transverse relaxation rate constant *R*₂ = 15.51 s⁻¹ from Shi *et al* (Shi et al., 2018). RD signals were substantial when Δω = 5 ppm, or when *k*_{ex} is small (*k*_{ex} = 500 – 2,000 s⁻¹) indicating that the lack of ¹³C RD is likely due to fast exchange and/or small Δω. (b) Simulated ¹³C *R*_{1p} profile for G6-C1' in A₂-DNA. *p*_{ES} = 0.25% and *k*_{ex} = 3382.3 s⁻¹ were obtained from the ¹H CEST data (Table S1). *R*₁ and *R*₂ were assumed to be 1.21 s⁻¹ and 20.85 s⁻¹ respectively, and were derived from Shi *et al* (Shi et al., 2018). RD signals were substantial when Δω = 1 ppm, indicating that the lack of ¹³C RD is most likely due to a small Δω value. (c) The simulated ¹⁵N *R*_{1p} profile (left) for T4-N3 in A₅-DNA assuming *p*_{ES} = 2.73%, *k*_{ex} = 2724 s⁻¹, Δω = -0.99 ppm, *R*₁ = 1.28 s⁻¹, and *R*₂ = 4.44 s⁻¹ obtained from Alvey *et al* (Alvey *et al.*, 2014). Error bars (2%) were simulated using a Monte-Carlo scheme (Rangadurai et al., 2019). Shown on the right is *r*_X² as a function of varying *p*_{ES}.



Fig. S9. Variation of k_1 and k_{-1} for the Watson-Crick to Hoogsteen exchange for different bps. Shown are the forward (k_1) and backward (k_{-1}) rate constants for A-T and G-C bps in A₆-DNA and A₂-DNA at 25 °C and for A₅-DNA at 26 °C. The values shown are calculated as $k_1/k_{1,min}$ or $k_{-1}/k_{-1,min}$, where $k_{1,min}$ and $k_{1,min}$ are the smallest k_1 and k_{-1} values respectively. All rate constants are provided in Table S1. Error bars are the standard deviations across all data points in each group.



Fig. S10. Distributions of the RF field strength $\omega/2\pi$ (Hz) for ¹H spins. The applied apparent RF power is indicated in Hz (10 – 4000 Hz). Spectral baselines, half maximum heights, and the maxima are highlighted using dashed gray lines, dashed green lines, and dashed black lines, respectively. The data were fit (solid blue lines) to a gaussian function to extract the baseline value and the standard deviation (σ).

Supplementary tables

Table S1. Exchange parameters obtained from 2-state fitting of ¹H CEST and off-resonance ¹³C $R_{1\rho}$ data

¹ H CEST							
Sample	Resonance	Δω (ppm)	p _{ES} (%)	<i>k</i> _{ex} (s ⁻¹)	<i>R</i> ₁ (s ⁻¹)	R ₂ (s ⁻¹)	$r\chi^2$
A ₆ -DNA 5°C	T5-H3	-0.55±0.06	0.12±0.15	255.8±411.7	3.46±0.01	29.52±0.28	10.2
pH 6.8 $T_{EX} = 100 \text{ ms}$	Т9-Н3	-1.19±0.04	0.29±0.01	185.4±25.0	3.38±0.01	25.94±0.41	30.4
A ₆ -DNA 10°C	T9-H3	-1.19±0.04	0.31±0.01	227.8±28.0	2.99±0.01	21.59±0.09	8.4
$T_{EX} = 100 \text{ ms}$	T22-H3	-2.71±0.20	0.02±0.01	2919.7±1559.6	3.00±0.01	20.91±0.22	50.9
A ₆ -DNA 20°C	Т9-Н3	-1.22±0.02	0.29±0.05	1479.1±200.8	2.73±0.02	16.37±0.34	186.7
$T_{\rm EX} = 100 {\rm ms}$	T22-H3	-1.97±0.42	0.16±0.04	12215.5±2333.0	2.78±0.02	12.91±0.63	99.7
	T5-H3	-2.00±0.11	0.06±0.01	1569.0±640.3	1.97±0.02	13.32±0.31	54.0
	T6-H3	-2.20±0.11	0.06±0.02	1754.1±611.8	2.02±0.01	15.18±0.11	96.2
A6-DNA 25°C	T7-H3	-1.87±0.08	0.09±0.03	1413.6±628.2	2.05±0.02	13.45±0.27	19.3
pH 6.8	T9-H3	-1.21±0.03	0.38±0.02	3753.9±172.7	2.73±0.01	15.58±0.08	4.9
$T_{\rm EX}$ = 100 ms	G10-H1	-1.97±0.20	0.03±0.01	2700.1±1165.1	3.30±0.02	17.23±0.08	16.9
	G10-H1*	-1.50±0.55	0.03±0.02	5616.3±2960.9	3.34±0.01	16.26±0.10	27.9
	T22-H3	-2.00±0.41	0.32±0.07	26214.6±4290.4	2.87±0.02	9.28±0.62	15.5
	G2-H1	-2.42±0.19	0.05±0.01	5977.2±1582.2	4.14±0.02	15.61±0.56	2.8
	T5-H3	-2.13±0.04	0.07±0.01	2780.8±319.0	1.88±0.02	13.73±0.17	3.5
As-DNA 25°C	T6-H3	-2.21+0.02	0.08±0.01	2244.7+142.6	1.89±0.01	13.72±0.17	12.7
pH 6.8	T7-H3	-2.00+0.03	0.10±0.01	1931.4±176.3	1.96+0.02	14.01±0.21	7.6
$T_{\rm Fx} = 400 {\rm ms}$	T9-H3	-1 52+0 09	0 25+0 07	3561 5+511 6	2 55+0 03	14 72+0 57	20.3
	G10-H1	-2 47+0 10	0.05+0.01	5922 7+1195 7	3 04+0 02	15 13+0 33	11.8
	T22-H3	-2 7+0 2	0.08+0.02	10688 5+1716 3	2 68+0 01	13 45+0 63	8.0
	G2-H1	-3 34+4 06	0.55+0.66	68316 0+54714 9	6.06±0.01	5.07+5.67	29.6
	T1-H3	-0.04±4.00	0.00±0.00	4096 7+264 2	2 54+0 02	11 /0+0 28	46.1
	T5-H3	-1.00±0.00	0.18+0.02	4050.7±204.2	1.87+0.02	11 95+0 /1	31.0
	T6-H3	-2.07 ± 0.00	0.13 ± 0.02	207/ 1+278 3	2.03+0.02	12 27±0 22	14.8
$T_{\rm EV} = 100 {\rm ms}$	T7-H3	-2.07±0.04	0.10 ± 0.01	2472 5+314 0	2.03±0.02	12.27±0.22	31.1
7EX = 100 m3		-1.70 ± 0.03	0.20 ± 0.02	5472.5±514.9	2.15±0.02	12.05±0.45	21.0
		-2.11±0.20	0.07 ± 0.02	07107 5+6510 9	3.20±0.02	11 61±0.59	21.0
		-1.00 ± 0.03	0.32 ± 0.10	27 127.3±0310.0	3.39±0.02	19.65+0.47	50.0
		-1.03 ± 0.21	0.19±0.00	10009.3±1037.3	11.24±0.00	10.00±0.47	0.0
$p \sqcap 0.0$		-2.00±0.13	0.25 ± 0.03	9094.01900.2	11.41±0.04	10.42±0.40	10.0
7EX - 00 IIIS		-0.90±0.17	0.70 ± 0.17	12302.0±2340.9	14.25±0.05	19.72±0.50	2.0
		-1.39±0.07	0.25 ± 0.04	3302.31333.0	7.34±0.03	19.23±0.77	20.1
		-1.60±0.02	0.05±0.07	3090.8±193.0	2.22±0.02	9.93±0.72	29.9
A2-DNA 25°C	19-H3	-1.16±0.05	0.78 ± 0.14	5110.0±429.0	2.96±0.02	15.00±0.90	10.6
p = 5.4		-2.00±0.02	0.84±0.25	2484.3±118.7	7.74±0.04	17.08±0.83	12.0
$T_{\rm EX} = 100 \mathrm{ms}$	118-H3	-1.64±0.05	0.41±0.05	6013.3±485.7	5.35±0.02	15.91±0.77	9.5
	G20-H1	-1.46±0.09	0.28±0.06	3870.7±813.1	6.69±0.04	17.09±1.23	53.6
	G23-H1	-1.41±0.12	0.26±0.08	5246.0±1262.4	12.48±0.04	26.13±1.23	31.3
	14-H3	-1.93±0.06	0.20±0.03	3570.8±398.1	2.34±0.03	12.07±0.56	4.5
	15-H3	-2.28±0.09	0.14±0.02	3241.6±506.5	1.95±0.03	12.49±0.68	13.0
A₅-DNA 26°C	T6-H3	-2.30±0.05	0.11±0.02	2054.8±482.7	2.18±0.02	13.22±0.26	62.2
pH 5.2	T7-H3	-2.04±0.03	0.23±0.05	1559.6±208.1	2.14±0.03	12.62±0.44	4.0
T _{EX} = 100 ms	T8-H3	-1.94±0.03	0.33±0.07	2790.3±273.3	3.61±0.03	15.24±0.52	2.2
	T22-H3	-1.58±0.54	0.03±0.03	5440.7±4846.8	3.00±0.02	17.79±0.57	4.7
	G16-H1	-1.97±0.12	0.24±0.18	1307.0±807.9	9.28±0.09	28.32±1.33	28.3
¹³ C <i>R</i> _{1ρ}							
	A18-C1'	2.56±0.17	0.27±0.03	1303.6±225.5	2.20±0.06	14.41±0.14	0.3
	A19-C1'	3.44±0.15	0.13±0.04	637.2±218.2	2.13±0.03	15.12±0.05	0.1
рн ө.४	A20-C1'	2.56±0.18	0.19±0.02	1181.0±212.6	2.10±0.05	15.65±0.11	0.3
K	-						-

(* results obtained from the experiment where only G10 and G2 in A6-DNA were selective excited).

Table S2. RF field powers and offsets used in ¹H CEST experiments.

Sample	[RF field power] {offset frequencies}
	[ω/2π (Hz)] {Ω/2π (Hz)}
A ₆ -DNA 5°C pH 6.8 <i>T</i> _{EX} = 100 ms	$ \begin{bmatrix} 10 \end{bmatrix} \{-4481, -4224, -3967, -3710, -3453, -3196, -2939, -2682, -2620, -2558, -2496, -2434, -2372, -2310, -2248, -2186, -2124, -2062, -2000, -1938, -1876, -1814, -1752, -1690, -1628, -1566, -1504, -1442, -1380, -1318, -1256, -1194, -1132, -1070, -1008, -945, -883, -820, -757, -694, -631, -568, -505, -442, -378, -315, -252, -189, -126, -63, 0, 62, 125, 189, 252, 315, 377, 439, 501, 563, 625, 687, 749, 811, 873, 935, 997, 1059, 1121, 1183, 1245, 1307, 1369, 1431, 1493, 1556, 1618, 1680, 1742, 1804, 1866, 1928, 1990, 2052, 2114, 2371, 2628, 2885, 3142, 3399, 3656, 3913 \\ \begin{bmatrix} 50 \end{bmatrix} \{-4481, -4224, -3967, -3710, -3453, -3196, -2939, -2682, -2620, -2558, -2496, -2434, -2372, -2310, -2248, -2186, -2124, -2062, -2000, -1938, -1876, -1814, -1752, -1690, -1628, -1566, -1504, -1442, -1380, -1318, -1256, -1194, -1132, -1070, -1008, -946, -883, -820, -757, -694, -631, -568, -505, -442, -378, -315, -252, -189, -126, -63, 62, 125, 189, 252, 315, 377, 439, 501, 563, 625, 687, 749, 811, 873, 935, 997, 1059, 1121, 1183, 1245, 1307, 1369, 1431, 1493, 1556, 1618, 1680, 1742, 1804, 1866, 1928, 1990, 2052, 2114, 2371, 2628, 2885, 3142, 3399, 3656, 3913 \\ \begin{bmatrix} 100 \end{bmatrix} \{-4481, -4224, -3967, -3710, -3453, -3196, -2939, -2682, -2620, -2558, -2496, -2434, -2372, -2310, -2248, -2186, -2124, -2062, -2000, -1938, -1876, -1814, -1752, -1690, -1628, -1566, -1504, -1442, -1380, -1318, -1256, -1194, -1132, -1070, -1008, -946, -883, -820, -757, -694, -631, -568, -505, -442, -379, -315, -252, -189, -126, 62, 125, 189, 252, 315, 377, 439, 501, 563, 625, 687, 749, 811, 873, 935, 997, 1059, 1121, 1183, 1245, 1307, 1369, 1431, 1493, 1556, 1618, 1680, 1742, 1804, 1866, 1928, 1990, 2052, 2114, 2371, 2628, 2885, 3142, 3399, 3656, 3913 \\ [200] \{-4481, -4224, -3967, -3710, -3453, -3196, -2939, -2682, -2620, -2558, -2496, -2434, -2372, -2310, -2248, -2186, -2124, -2062, -2000, -1938, -1876, -1814, -1752, -1690, -1628, -1564, -1504, +1422, -1380, -1318, -1256, -1194, -1132, -1070, -1008, -946, -883, -820, -757, -694, -631, -568, -505, -442, -379, -315, -252, -189$
A ₆ -DNA 10°C pH 6.8 <i>T</i> _{EX} = 100 ms	 [10] {-4050, -3810, -3570, -3330, -3090, -2850, -2765, -2679, -2593, -2508, -2422, -2336, -2251, -2165, -2079, -1994, -1908, -1822, -1737, -1651, -1565, -1480, -1394, -1308, -1223, -1137, -1051, -942, -833, -724, -615, -506, -397, -288, -179, -70, 38, 147, 233, 318, 404, 490, 575, 661, 747, 832, 918, 1004, 1089, 1175, 1261, 1346, 1432, 1518, 1603, 1689, 1775, 1860, 1946, 2186, 2426, 2666, 2906, 3145} [50] {-4049, -3810, -3570, -3330, -3090, -2850, -2764, -2679, -2593, -2507, -2422, -2336, -2250, -2165, -2079, -1994, -1908, -1822, -1737, -1651, -1565, -1480, -1394, -1308, -1223, -1137, -1051, -942, -833, -724, -615, -506, -397, -288, -179, -70, 38, 147, 233, 318, 404, 490, 575, 661, 747, 832, 918, 1004, 1089, 1175, 1261, 1346, 1432, 1518, 1603, 1689, 1775, 1860, 1946, 2186, 2426, 2666, 2906, 3145} [250] {-4049, -3810, -3570, -3330, -3090, -2850, -2765, -2679, -2593, -2508, -2422, -2336, -2251, -2165, -2079, -1994, -1908, -1822, -1737, -1651, -1565, -1480, -1394, -1308, -1223, -1137, -1051, -942, -833, -724, -615, -506, -397, -288, -179, -70, 147, 233, 318, 404, 490, 575, 661, 747, 832, 918, 1004, 1089, 1175, 1261, 1346, 1432, 1518, 1603, 1689, 1775, 1860, 1946, 2186, 2426, 2666, 2906, 3145} [500] {-4049, -3810, -3570, -3330, -3090, -2850, -2765, -2679, -2593, -2508, -2422, -2336, -2251, -2165, -2079, -1994, -1908, -1822, -1737, -1651, -1565, -1480, -1394, -1308, -1223, -1137, -1051, -942, -833, -724, -615, -506, -397, -288, -179, -70, 38, 147, 233, 318, 404, 490, 575, 661, 747, 832, 918, 1004, 1089, 1175, 1261, 1346, 1432, 1518, 1603, 1689, 1775, 1860, 1946, 2186, 2426, 2666, 2906, 3145} [1000] {-4049, -3810, -3570, -3330, -3090, -2850, -2765, -2679, -2593, -2508, -2422, -2336, -2251, -2165, -2079, -1994, -1908, -1822, -1737, -1651, -1565, -1480, -1394, -1308, -1223, -1137, -1051, -942, -833, -724, -615, -506, -397, -288, 38, 147, 318, 404, 490, 575, 661, 747, 832, 918, 1004, 1089, 1175, 1261, 1346, 1432, 1518, 1603, 1689, 1775, 1860, 1946, 2186, 2426, 2666, 2906, 314
A ₆ -DNA 20°C pH 6.8 <i>T</i> _{EX} = 100 ms	[100] {-4476, -4219, -3962, -3705, -3448, -3191, -2934, -2677, -2615, -2553, -2491, -2429, -2367, -2305, -2242, -2180, -2118, -2056, -1994, -1932, -1870, -1808, -1746, -1684, -1622, -1560, -1498, -1436, -1374, -1312, -1250, -1188, -1126, -1064, -1002, -940, -878, -815, -751, -688, -625, -562, - 499, -436, -373, -310, -247, -183, -120, -57, 68, 131, 194, 257, 321, 383, 445, 507, 569, 631, 693, 755, 817, 879, 941, 1003, 1065, 1127, 1189, 1251, 1313, 1375, 1437, 1499, 1561, 1623, 1685, 1747, 1809, 1871, 1933, 1996, 2058, 2120, 2377, 2634, 2891, 3148, 3405, 3662, 3919}

	[250] (4476 4210 3062 3705 3448 3101 2034 2677 2615 2553 2401 2420 2366
	[230] {-4476, -4219, -3902, -3703, -3446, -3191, -2934, -2077, -2013, -2333, -2491, -2429, -2300,
	-2304, -2242, -2180, -2118, -2056, -1994, -1932, -1870, -1808, -1746, -1684, -1622, -1560, -1498,
	+1436, -1374, -1312, -1250, -1188, -1126, -1064, -1002, -940, -878, -815, -751, -688, -625, -562, -
	499436373310246183120. 5. 68. 131. 194. 258. 321. 383. 445. 507. 569. 631. 693.
	755 817 879 941 1003 1065 1127 1189 1251 1313 1375 1437 1499 1561 1623 1685
	1747, 1009, 1071, 1934, 1990, 2000, 2120, 237, 2034, 2031, 3140, 3403, 3002, 3313
	1500] {-4476, -4219, -3962, -3705, -3448, -3191, -2934, -2677, -2615, -2553, -2491, -2429, -2366,
	-2304, -2242, -2180, -2118, -2056, -1994, -1932, -1870, -1808, -1746, -1684, -1622, -1560, -1498,
	+1436, -1374, -1312, -1250, -1188, -1126, -1064, -1002, -940, -878, -815, -751, -688, -625, -562, -
	499 -436 -373 -310 -246 -183 -120 5 131 194 258 321 383 445 507 569 631 693 755
	1809, 1871, 1934, 1996, 2058, 2120, 2377, 2634, 2891, 3148, 3405, 3662, 3919}
	[250] {-6424, -6167, -5910, -5653, -5396, -5139, -4882, -4625, -4368, -4111, -3854, -3597, -3340,
	+3083, -2826, -2748, -2670, -2591, -2513, -2435, -2357, -2279, -2200, -2122, -2044, -1966, -1887,
	-18091731165315751496141813401262118411051027918809700
	591 -482 -373 -264 -155 171 249 328 406 484 562 641 719 797 875 953 1032 1110
	1108, 1208, 1344, 1423, 1301, 1379, 1037, 1730, 1014, 1892, 1970, 2227, 2484, 2741, 2996,
	3255, 3512, 3769, 4026, 4283, 4540, 4797, 5054, 5311, 5568}
	[[500] {-6410, -6153, -5896, -5639, -5382, -5125, -4868, -4611, -4354, -4097, -3840, -3583, -3326,
	-30692812273326552577249924212342226421862108203019511873.
	1795 -1717 -1638 -1560 -1482 -1404 -1326 -1247 -1169 -1091 -1013 -904 -795 -686 -
	577, -400, -559, -249, -140, -51, 77, 160, 204, 542, 420, 436, 577, 655, 735, 611, 690, 906, 1040,
A ₆ -DNA 25°C	1124, 1202, 1281, 1359, 1437, 1515, 1594, 1672, 1750, 1828, 1906, 1985, 2242, 2499, 2756,
	β013, 3270, 3527, 3784, 4041, 4298, 4555, 4812, 5069, 5326, 5583}
T = 100 mc	[2000] {-6410, -6153, -5896, -5639, -5382, -5125, -4868, -4611, -4354, -4097, -3840, -3583, -3326,
$T_{\rm EX} = 100 \mathrm{ms}$	-30692812273326552577249924212342226421862108202919511873.
	1795 -1717 -1638 -1560 -1482 -1404 -1326 -1247 -1169 -1091 -1013 -904 -795 -686
	173, -177, -1000, -1000, -1402, -1404, -1320, -1247, -1103, -103, -104, -304, -130, -000, -1404, -130, -100,
	577, -406, -559, -51, 77, 160, 542, 420, 433, 57, 653, 611, 630, 366, 1040, 1124, 1202, 1261,
	1359, 1437, 1515, 1594, 1672, 1750, 1828, 1906, 1985, 2242, 2499, 2756, 3013, 3270, 3527,
	β784, 4041, 4298, 4555, 4812, 5069, 5326, 5583}
	[4000] {-6410, -6153, -5896, -5639, -5382, -5125, -4868, -4611, -4354, -4097, -3840, -3583, -3326,
	-3069 -2812 -2733 -2655 -2577 -2499 -2421 -2342 -2264 -2186 -2108 -2030 -1951 -1873
	577, -539, -140, -51, 204, 542, 490, 577, 053, 753, 611, 690, 900, 1040, 1124, 1202, 1261, 1539,
	1437, 1515, 1594, 1672, 1750, 1828, 1906, 1985, 2242, 2499, 2756, 3013, 3270, 3527, 3784,
	4041, 4298, 4555, 4812, 5069, 5326, 5583}
	[250] {-6453, -6196, -5939, -5682, -5425, -5168, -4911, -4654, -4397, -4140, -3883, -3626, -3369,]
	-31122855277726982620254224642386230722292151207319951916.
	1838 -1760 -1682 -1603 -1525 -1447 -1369 -1291 -1212 -1134 -1056 -947 -838 -729
	020, -511, -402, -293, -104, -73, 33, 221, 299, 377, 433, 533, 612, 690, 766, 646, 923, 1003, 1061,
	1159, 1237, 1316, 1394, 1472, 1550, 1629, 1707, 1785, 1863, 1941, 2198, 2455, 2712, 2969,
	β226, 3483, 3740, 3997, 4254, 4511, 4768, 5025, 5282, 5539}
	[500] {-6453, -6196, -5939, -5682, -5425, -5168, -4911, -4654, -4397, -4140, -3883, -3626, -3369,
	-31122855277726982620254224642386230722292151207319951916.
	1838 -1760 -1682 -1603 -1525 -1447 -1369 -1291 -1212 -1134 -1056 -947 -838 -729
A ₆ -DNA 25°C	020, -511, -402, -295, 221, 299, 577, 455, 555, 612, 690, 766, 646, 925, 1005, 1061, 1159, 1257,
nH 6 8	1316, 1394, 1472, 1550, 1629, 1707, 1785, 1863, 1941, 2198, 2455, 2712, 2969, 3226, 3483,
$T_{\rm ry} = 400 {\rm ms}$	β740, 3997, 4254, 4511, 4768, 5025, 5282, 5539}
7EX - 400 ms	[2000] {-6453, -6196, -5939, -5682, -5425, -5168, -4911, -4654, -4397, -4140, -3883, -3626, -3369,
	-3112 -2855 -2777 -2698 -2620 -2542 -2464 -2386 -2307 -2229 -2151 -2073 -1994 -1916
	402, -73, 299, 012, 700, 040, 1001, 1139, 1237, 1310, 1394, 1472, 1330, 1029, 1707, 1763, 1003,
	1941, 2198, 2455, 2712, 2969, 3226, 3483, 3740, 3997, 4254, 4511, 4768, 5025, 5282, 5539}
	[4000] {-6453, -6196, -5939, -5682, -5425, -5168, -4911, -4654, -4397, -4140, -3883, -3626, -3369,
	+3112, -2855, -2777, -2698, -2620, -2542, -2464, -2386, -2307, -2229, -2151, -2073, -1995, -1760,
	1525, -1369, -1212, -838, -511, -293, -184, -75, 142, 299, 377, 533, 612, 768, 925, 1003, 1081
	1316 1394 1707 1785 1863 1941 2198 2455 2712 2969 3226 3483 3740 3997 4254
	1010, 1007, 1101, 1100, 1000, 1071, 2100, 2700, 2112, 2008, 3220, 3400, 3140, 3887, 4234, 4511 4769 5025 5292 55201
	HUTT, HTUU, JUZJ, JZUZ, JJJJJ]
A ₆ -DNA 30°C	[100] {-4031, -3791, -3551, -3311, -3071, -2831, -2756, -2681, -2606, -2531, -2456, -2382, -2307,
pH 6.8	, 2232, -2157, -2082, -2007, -1932, -1857, -1782, -1707, -1632, -1557, -1482, -1407, -1332, -1257, -
<u><i>T</i>_{EX} = 100 ms</u>	<u>+1182, -1107, -1032, -947, -861, -77</u> 5, -690, -604, -518, -433, -347, -261, -176, -90, -4, 80, 166,

	241 316 391 466 541 616 691 766 841 916 991 1066 1140 1215 1290 1365 1440 1515
	1500 1665 1740 1815 1800 1665 2205 2445 2685 2024 3164)
	1550, 1003, 1740, 1013, 1003, 1003, 2203, 2445, 2003, 2524, 5104, 1550, 1003, 2701, 2551, 2311, 2021, 2756, 2681, 2606, 2531, 2456, 2382, 2307
	[200] (-4031, -3781, -3331, -3311, -3071, -2031, -2701, -2001, -2031, -2403, -2302, -2307, -2403, -24
	-2232, -2137, -2082, -2007, -1932, -1637, -1782, -1707, -1632, -1557, -1482, -1407, -1332, -1257,
	-1182, -1107, -1032, -947, -861, -775, -690, -604, -518, -433, -347, -261, -176, 166, 241, 316, 391,
	466, 541, 616, 691, 766, 841, 916, 991, 1066, 1140, 1215, 1290, 1365, 1440, 1515, 1590, 1665,
	1740, 1815, 1890, 1965, 2205, 2445, 2685, 2924, 3164}
	[500] {-4031, -3791, -3551, -3311, -3071, -2831, -2756, -2681, -2606, -2531, -2456, -2381, -2307,]
	-2232, -2157, -2082, -2007, -1932, -1857, -1782, -1707, -1632, -1557, -1482, -1407, -1332, -1257,
	-11821107103294786177569060451843334726117690. 80. 166. 241.
	316 391 466 541 616 691 766 841 916 991 1066 1141 1215 1290 1365 1440 1515
	1590 1665 1740 1815 1890 1965 2205 2445 2685 2925 3164
	17501 (4021 2701 2551 2211 2071 2021 2756 2681 2666 2521 2456 2382 2307
	[7:0] (-4031, -3781, -3331, -3311, -3071, -2031, -2701, -2001, -2031, -2403, -2302, -2307, -2403, -24
	-2232, -2137, -2082, -2007, -1932, -1637, -1782, -1707, -1632, -1557, -1482, -1407, -1332, -1257,
	-1182, -1107, -1032, -947, -861, -775, -690, -604, -518, -433, -347, -261, -90, 166, 241, 316, 391,
	466, 541, 616, 691, 766, 841, 916, 991, 1066, 1140, 1215, 1290, 1365, 1440, 1515, 1590, 1665,
	1740, 1815, 1890, 1965, 2205, 2445, 2685, 2924, 3164}
	[10] {-6476, -6219, -5962, -5705, -5448, -5191, -4934, -4678, -4421, -4164, -3907, -3650, -3393, -
	3136, -2879, -2800, -2722, -2644, -2566, -2487, -2409, -2331, -2253, -2175, -2096, -2018, -1940
	-1862, -1783, -1705, -1627, -1549, -1471, -1392, -1314, -1236, -1158, -1080, -971, -861, -752, -
	643 -534 -425 -316 -207 -98 10 119 197 275 353 432 510 588 666 745 823 901 979
	1057 1136 1214 1202 1370 1448 1527 1605 1683 1761 1840 1918 2175 2432 2689
	1007, 1100, 1214, 1202, 1010, 1440, 1027, 1000, 1000, 1010, 1040, 1010, 2110, 2102, 2000,
	2940, 3203, 3400, 3717, 3974, 4231, 4400, 4743, 3002, 3239, 3310}
	[50] {-0477, -0220, -3903, -3700, -3449, -3192, -4935, -4078, -4421, -4104, -3907, -3050, -3393, -
	3136, -2879, -2801, -2723, -2645, -2566, -2488, -2410, -2332, -2253, -2175, -2097, -2019, -1941,
	+1862, -1784, -1706, -1628, -1549, -1471, -1393, -1315, -1237, -1158, -1080, -971, -862, -753, -
	644, -535, -426, -317, -208, -99, 118, 196, 275, 353, 431, 509, 587, 666, 744, 822, 900, 979, 1057,
	1135, 1213, 1291, 1370, 1448, 1526, 1604, 1682, 1761, 1839, 1917, 2174, 2431, 2688, 2945,
	3202, 3459, 3716, 3973, 4230, 4487, 4744, 5001, 5258, 5515}
	[100] {-6477, -6220, -5963, -5706, -5449, -5192, -4935, -4678, -4421, -4164, -3907, -3650, -3393,
	3136 -2879 -2800 -2722 -2644 -2566 -2488 -2409 -2331 -2253 -2175 -2096 -2018 -1940
	1002, -1104, -1103, -1027, -1343, -1411, -1022, -134, -1203, -100, -100, -101, -002, -100, -01, -002, -100, -01, -002, -100, -01, -002, -100, -01, -002, -100, -01, -002, -100, -01, -002, -100, -01, -002, -100, -01, -002, -100, -01, -002, -100, -01, -002, -100, -01, -002, -100, -01, -002, -100, -01, -002, -100, -01, -002, -100, -01, -002, -100, -002, -100, -002, -100, -002, -100, -002, -100, -002, -100, -002, -100, -002, -100, -002, -100, -002, -100, -002, -100, -002, -100, -002, -100, -002, -0
	4126 4214 4202 4270 470
	1130, 1214, 1292, 1370, 1440, 1327, 1005, 1003, 1701, 1039, 1910, 2173, 2432, 2009, 2940,
	3203, 3460, 3717, 3974, 4231, 4488, 4745, 5002, 5259, 5516}
	[250] {-64/7, -6220, -5963, -5706, -5449, -5192, -4935, -4678, -4421, -4164, -3907, -3650, -3393,
A ₆ -DNA 45°C	-3136, -2879, -2801, -2722, -2644, -2566, -2488, -2410, -2331, -2253, -2175, -2097, -2019, -1940,
nH 6.8	+1862, -1784, -1706, -1627, -1549, -1471, -1393, -1315, -1236, -1158, -1080, -971, -862, -753, -
$T_{-1} = 90 \text{ mg}$	644, -535, -426, -317, -208, -99, 197, 275, 353, 431, 509, 588, 666, 744, 822, 901, 979, 1057,
I = 00 IIIS	1135, 1213, 1292, 1370, 1448, 1526, 1605, 1683, 1761, 1839, 1917, 2174, 2431, 2688, 2945,
	3202, 3459, 3716, 3973, 4230, 4487, 4744, 5001, 5258, 5515}
	[1000] {-6477, -6220, -5963, -5706, -5449, -5192, -4935, -4678, -4421, -4164, -3907, -3650, -3393,
	3136 -2879 -2801 -2722 -2644 -2566 -2488 -2409 -2331 -2253 -2175 -2097 -2018 -1940
	1862 -1784 -1705 -1627 -1540 -1471 -1303 -1314 -1236 -1158 -1080 -071 -862 -753
	1002, -1104, -1103, -1027, -1343, -1471, -1353, -134, -1250, -1105, -100, -371, -002, -713, -002, -714, -1250, -104, -1250, -104, -1250
	1214, 1292, 1370, 1448, 1520, 1603, 1663, 1761, 1639, 1918, 2175, 2432, 2669, 2946, 3203,
	3460, 3717, 3974, 4231, 4488, 4745, 5001, 5258, 5515}
	[2000] {-6477, -6220, -5963, -5706, -5449, -5192, -4935, -4678, -4421, -4164, -3907, -3650, -3393,
	+3136, -2879, -2801, -2722, -2644, -2566, -2488, -2410, -2331, -2253, -2175, -2097, -2018, -1940,
	+1862, -1784, -1706, -1627, -1549, -1471, -1393, -1315, -1236, -1158, -1080, -971, -862, -753, -
	644, -535, -426, 9, 275, 353, 431, 510, 588, 666, 744, 822, 901, 979, 1057, 1135, 1213, 1292,
	1370, 1448, 1526, 1605, 1683, 1761, 1839, 1917, 2174, 2431, 2688, 2945, 3202, 3459, 3716,
	3973, 4230, 4487, 4744, 5001, 5258, 5515}
	[4000] {-6477, -6220, -5963, -5706, -5449, -5192, -4935, -4678, -4421, -4164, -3907, -3650, -3393
	23136 -2879 -2801 -2723 -26 <u>44</u> -2566 -2488 -2410 -2332 -2253 -2175 -2007 -2010 -1040
	-1860, 2010, 2001, 2120, 2017, 2000, 2100, 210, 210, 2002, 2200, 2110, 2001, 2018, 1940, -1860 -1784 -1706 -1608 -1540 -1471 1202 1215 1227 1450 1000 071 000 752
	F1002, -1704, -1700, -1020, -1343, -1471, -1333, -1313, -1237, -1130, -1000, -371, -802, -733, - RAA 525 217 200 0 252 500 500 666 744 022 000 070 4057 4425 4242 4004 4070
	044, -333, -317, -208, 9, 333, 309, 388, 000, 744, 822, 900, 979, 1057, 1135, 1213, 1291, 1370,
	1448, 1520, 1604, 1683, 1761, 1839, 1917, 2174, 2431, 2688, 2945, 3202, 3459, 3716, 3973,
	4230, 4487, 4744, 5001, 5258, 5515}
A2-DNA 25°C	[100] {-4666, -4306, -3946, -3586, -3227, -2867, -2792, -2717, -2642, -2567, -2492, -2417, -2342,
pH 5.4	+22672192211720421967189218171743166815931518144313681293

T _{EX} = 100 ms 1218, -1143, -1068, -982, -897, -811, -725, -640, -554, -468, -383, -297, -211, -126, -40, 45, 13	30,
205, 280, 355, 430, 505, 580, 655, 730, 805, 880, 955, 1030, 1105, 1180, 1255, 1330, 1405, 14	30.
1555, 1630, 1705, 1779, 1854, 1929, 2289, 2649, 3009, 3369, 3728}	,
[250] {-4666, -4306, -3946, -3586, -3227, -2867, -2792, -2717, -2642, -2567, -2492, -2417, -234	42.
-2267, -2192, -2117, -2042, -1967, -1892, -1817, -1743, -1668, -1593, -1518, -1443, -1368, -129	93.
-1218, -1143, -1068, -982, -897, -811, -725, -640, -554, -468, -383, -297, -211, 45, 130, 205, 28	30.
355, 430, 505, 580, 655, 730, 805, 880, 955, 1030, 1105, 1180, 1255, 1330, 1405, 1480, 155	55.
1630, 1705, 1779, 1854, 1929, 2289, 2649, 3009, 3369, 3728}	,
[500] {-4666, -4306, -3946, -3586, -3227, -2867, -2792, -2717, -2642, -2567, -2492, -2417, -234	42.
-2267, -2192, -2117, -2042, -1967, -1892, -1817, -1742, -1668, -1593, -1518, -1443, -1368, -129	93.
-1218, -1143, -1068, -982, -897, -811, -725, -640, -554, -468, -383, -297, -211, -40, 45, 130, 20	J5.
280, 355, 430, 505, 580, 655, 730, 805, 880, 955, 1030, 1105, 1180, 1255, 1330, 1405, 148	30.
1555, 1630, 1705, 1780, 1854, 1929, 2289, 2649, 3009, 3369, 3728	,
[250] {-4491, -4234, -3977, -3720, -3463, -3206, -2949, -2692, -2630, -2568, -2506, -2444, -238	32.
-2320, -2258, -2196, -2134, -2072, -2010, -1947, -1885, -1823, -1761, -1699, -1637, -1575, -157	13.
-1451, -1389, -1327, -1265, -1203, -1141, -1079, -1017, -955, -893, -830, -767, -704, -640, -577	7
51445138832526219913572. 53. 116. 179. 242. 305. 367. 429. 492. 554. 616. 67	, 78.
740 802 864 926 988 1050 1112 1174 1236 1298 1360 1422 1484 1546 1608 167	70
A5-DNA 25°C 1732 1794 1856 1918 1980 2042 2104 2361 2618 2875 3132 3389 3646 3903	Ο,
$pH 5.2$ [500] {-4464 -4207 -3950 -3693 -3436 -3179 -2922 -2665 -2603 -2541 -2479 -2417 -235	55
$T_{\text{EX}} = 100 \text{ ms} [-2293, -2231, -2169, -2107, -2045, -1983, -1921, -1859, -1797, -1735, -1672, -1610, -1548, -148$	36
-1424 -1362 -1300 -1238 -1176 -1114 -1052 -990 -928 -866 -803 -740 -677 -614 -550) -
487 -424 -361 -298 -235 -172 -109 -45 80 206 269 332 394 456 518 580 642 704 76	67
829, 891, 953, 1015, 1077, 1139, 1201, 1263, 1325, 1387, 1449, 1511, 1573, 1635, 1697, 17	59
1821, 1883, 1945, 2007, 2069, 2131, 2388, 2645, 2902, 3159, 3416, 3673, 3930}	,

Table S3. Spin lock powers and offsets used in the $R_{1\rho}$ experiments.

Nuclei	[spin lock power] {offset frequencies}			
	[ω/2π (Hz)] {Ω _{eff} /2π (Hz)}			
A6-DNA 25°	A6-DNA 25°C pH 6.8			
	[150, 200, 250, 300, 400, 500, 600, 700, 900, 1000, 1200, 1400, 1600, 2000, 2500, 3000] {0}			
	[150] {-675, -625, -575, -525, -475, -455, -435, -415, -395, -375, -355, -335, -315, -295, -275, -225,			
	-175, -125, -75, 25, 125, 225, 375, 625}			
	[400] {-1975, -1575, -1375, -1175, -975, -825, -675, -575, -525, -475, -455, -435, -415, -395, -375,			
A18-C1'	-355, -335, -315, -295, -275, -225, -175, -75, 75, 225, 425, 625, 825, 1225, 1625}			
	[600] {-2975, -2575, -2175, -1775, -1375, -1175, -975, -775, -675, -575, -475, -445, -415, -395, -			
	375, -355, -335, -305, -275, -175, -75, 25, 225, 425, 625, 1025, 1425, 1825, 2225, 2625}			
	[1000] {-3375, -2775, -2175, -1575, -1275, -975, -675, -525, -425, -375, -325, -225, -75, 225, 525,			
	825, 1425, 2025, 2625, 3125}			
	[150, 200, 250, 300, 400, 500, 600, 700, 900, 1000, 1200, 1400, 1600, 2000, 2500, 3000] {0}			
	[150] {-675, -625, -575, -525, -475, -455, -435, -415, -395, -375, -355, -335, -315, -295, -275, -225,			
	-175, -125, -75, 25, 125, 225, 375, 625}			
	[400] {-1975, -1575, -1375, -1175, -975, -825, -675, -575, -525, -475, -455, -435, -415, -395, -375,			
A19-C1'	-355, -335, -315, -295, -275, -225, -175, -75, 75, 225, 425, 625, 825, 1225, 1625}			
	[600] {-2975, -2575, -2175, -1775, -1375, -1175, -975, -775, -675, -575, -475, -445, -415, -395, -			
	375, -355, -335, -305, -275, -175, -75, 25, 225, 425, 625, 1025, 1425, 1825, 2225, 2625}			
	[1000] {-3375, -2775, -2175, -1575, -1275, -975, -675, -525, -425, -375, -325, -225, -75, 225, 525,			
	825, 1425, 2025, 2625, 3125}			
A20-C1'	[150, 200, 250, 300, 400, 500, 600, 700, 900, 1000, 1200, 1400, 1600, 2000, 2500, 3000] {0}			
	[150] {-675, -625, -575, -525, -475, -455, -435, -415, -395, -375, -355, -335, -315, -295, -275, -225,			
	-175, -125, -75, 25, 125, 225, 375, 625}			
	[400] {-1975, -1575, -1375, -1175, -975, -825, -675, -575, -525, -475, -455, -435, -415, -395, -375,			
	-355, -335, -315, -295, -275, -225, -175, -75, 75, 225, 425, 625, 825, 1225, 1625}			
	[600] {-2975, -2575, -2175, -1775, -1375, -1175, -975, -775, -675, -575, -475, -445, -415, -395, -			
	375, -355, -335, -305, -275, -175, -75, 25, 225, 425, 625, 1025, 1425, 1825, 2225, 2625}			
	[1000] {-3375, -2775, -2175, -1575, -1275, -975, -675, -525, -425, -375, -325, -225, -75, 225, 525,			
	825, 1425, 2025, 2625, 3125}			

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