



23 Keywords: Magic Angle Spinning NMR, homonuclear and heteronuclear fpRFDR, the operator analysis

24 Introduction

25 Solid-state magic-angle spinning NMR spectroscopy is used to obtain atomic resolution physical
26 and chemical knowledge about the investigated sample. One of the abilities of the NMR experiments is to
27 determine distance between a pair of spin 1/2 nuclei via recoupling the homonuclear(A. E. Bennett et al.
28 1992; Ok et al. 1992; Z. Zhang et al. 2020; Gelenter, Dregni, and Hong 2020; Takegoshi, Nakamura, and
29 Terao 2001; Szeverenyi, Sullivan, and Maciel 1982; Hou, Yan, et al. 2011; Hou et al. 2013; Carravetta et
30 al. 2000; Andrew E. Bennett et al. 1998) or heteronuclear(Gelenter, Dregni, and Hong 2020; T. Gullion
31 and Schaefer 1989; Jaroniec, Filip, and Griffin 2002; Hing, Vega, and Schaefer 1992; Hartmann and
32 Hahn 1962; Rovnyak 2008; Metz, Wu, and Smith 1994; Hediger et al. 1994; Hou, Byeon, et al. 2011;
33 Brinkmann and Levitt 2001; Gelenter and Hong 2018; Z. Zhang, Chen, and Yang 2016) dipolar
34 interactions. The homonuclear fp-RFDR sequence is successfully applied for the qualitative and
35 quantitative determinations of the dipolar spin correlations in materials(Saalwächter 2013; Messinger et
36 al. 2015; Fritz et al. 2019; Roos, Mandala, and Hong 2018; Nishiyama et al. 2014; Wong et al. 2020;
37 Hellwagner et al. 2018; Pandey and Nishiyama 2018) and biomolecular samples(Zheng, Qiang, and
38 Weliky 2007; Tang, Berthold, and Rienstra 2011; Shen et al. 2012; Pandey et al. 2014; Grohe et al. 2019;
39 Andreas et al. 2015; Petkova et al. 2002; Aucoin et al. 2009; Zinke et al. 2018; R. Zhang, Mroue, and
40 Ramamoorthy 2017; Zhou et al. 2012; Jain et al. 2017; Colvin et al. 2015; Shi et al. 2015; Daskalov et al.
41 2020).

42 These applications depend on a firm quantum mechanical foundation. One of the theoretical tools
43 to investigate the influence of radio frequency (RF) pulse sequences on the spin system is Average
44 Hamiltonian Theory(Haeberlen and Waugh 1968; Maricq 1982) (AHT). The two necessary conditions for
45 application of the AHT are(Ernst, Bodenhausen, and Wokaun 1987):

46 1. The total Hamiltonian has to be periodic;



47 2. The stroboscopic measurements are synchronized with the period, or cycle time, of the total
48 Hamiltonian.

49 When these conditions are fulfilled, the time-dependent Hamiltonian, evaluated at multiples of the cycle
50 time, can be replaced by the sum of the time-independent multiple order averaging terms(Ernst,
51 Bodenhausen, and Wokaun 1987).

52 AHT simplifies quantum calculations, especially in cases when complex multiple-pulse
53 sequences are used. It can explain the selectivity of the pulse sequence, meaning to find the experimental
54 conditions under which the desired interactions are recoupled and undesired decoupled. However, AHT
55 can predict the state of the spin system at specific time points only and not the paths by which the spin
56 system is evolves during the period when rf pulses are given. Another successful method, Floquet
57 Theory(Levante et al. 1995; Scholz, van Beek, and Ernst 2010), allows to consider the Hamiltonian at any
58 point of time. However, such analysis is complicated with a transformation to infinity-dimensional
59 Hilbert space(Levante et al. 1995).

60 Homonuclear transfer of the magnetization via longitudinal exchange occurs with a rotor-
61 synchronized train of π -pulses, with one pulse each rotor period. The method is called radio-frequency
62 driven recoupling(A. E. Bennett et al. 1992) (RFDR), or simple excitation for the dephasing of rotational-
63 echo amplitudes(Terry Gullion and Vega 1992). This sequence has two different AHT descriptions of the
64 recoupling of homonuclear dipolar interactions, depending on the experimental conditions(Ok et al. 1992;
65 Ishii 2001).

66 In the first case, delta π -pulses are assumed. The efficiency to recouple homonuclear dipolar
67 interaction is linked with the difference between isotropic chemical shifts of the dipolar linked spins, S_k
68 and S_l (A. E. Bennett et al. 1992; Terry Gullion and Vega 1992; Andrew E. Bennett et al. 1998). The
69 evolution of the spin system at specific time points is described with a flip-flop part of zero-quantum



70 dipolar Hamiltonian: $I_k^+ I_l^- + I_k^- I_l^+$ (A. E. Bennett et al. 1992; Andrew E. Bennett et al. 1998; Nielsen et
71 al. 1994; Ok et al. 1992; Bayro et al. 2009; Sodickson et al. 1993; Straasø et al. 2016).

72 For the second theoretical description, finite π -pulses are considered (fpRFDR)(A. E. Bennett et
73 al. 1992; Ishii 2001; Nishiyama, Zhang, and Ramamoorthy 2014; R. Zhang et al. 2015; Brinkmann,
74 Schmedt auf der Günne, and Levitt 2002; Ji et al. 2020). The efficiency of recoupling of the homonuclear
75 dipolar interaction is directly linked with a duty factor (Ishii 2001) – the ratio between the width of π -
76 pulse and the width of the rotor period. AHT predicts restoring of the whole zero-quantum dipolar
77 Hamiltonian, $3I_{kz}I_{lz} - \bar{I}_k\bar{I}_l$, under fast and ultra-fast MAS rates. (Ishii 2001)

78 Both these theoretical descriptions consider the same experiment with the same phase cycling,
79 traditionally XY8 (Terry Gullion, Baker, and Conradi 1990). Although the influence of the different
80 phase cycling schemes was investigated in different articles (Ok et al. 1992; Nishiyama, Zhang, and
81 Ramamoorthy 2014; R. Zhang et al. 2015; Ji et al. 2020), the main conclusion to the contribution from
82 phase cycling to the transfer of the RFDR signal was a reduction of influence from resonance offsets and
83 pulse errors (A. E. Bennett et al. 1992; Ishii 2001).

84 In this article we investigate both heteronuclear and homonuclear fpRFDR experiments using
85 numerical tools to track the system at any arbitrary time. Using the simulated and the theoretical analysis
86 we show that for fpRFDR experiments the typical phase cycling, XY (Ishii 2001; Nishiyama, Zhang, and
87 Ramamoorthy 2014; R. Zhang et al. 2015; Hellwagner et al. 2018), plays a crucial role in the transfer of
88 magnetization between a pair of spins. Under fast and ultra-fast MAS rates the heteronuclear and
89 homonuclear fpRFDR experiments can be described with the same model Hamiltonian, but only at
90 increments of the rotor period. The evolutions of the operators, however, are completely different for
91 heteronuclear and homonuclear cases between these points. For the experimental demonstrations we
92 perform heteronuclear 1D $^1\text{H}\{-^{13}\text{C}\}$ and $^1\text{H}\{-^{15}\text{N}\}$ fp-RFDR experiments using α -PET (Movellan et al.
93 2019) labeled SH3 at 100 kHz MAS.



94 Theory

95 The fp-RFDR sequence consists of a train of π -pulses every one rotor period (Fig.1a). The length
96 of the repeated block is defined by the phase cycling: XYn (n=4, 8, 16, 32), resulting in a time of nT_R
97 (Ishii 2001). Measurements are, in the simplest case, restricted to occur every nT_R . In our simulations as
98 well as in the experiments we used XY8 phase cycling.

99 To evaluate the operator, \hat{A} , between the time points t_i and $t_i + t_x$ we first have to solve the von
100 Neumann equation ($\hbar = 1$):

$$101 \quad \frac{d\rho}{dt} = -i[H(t), \rho(t)], \quad \text{Eq. (1.1)}$$

102 where $H(t)$ is a Hamiltonian of the spin system and $\rho(t)$ is a density matrix. The formal solution of the
103 Eq. (1.1) (Ernst, Bodenhausen, and Wokaun 1987) is:

$$104 \quad \rho(t_i + t_x) = \hat{T} \exp \left\{ -i \int_{t_i}^{t_i+t_x} dt H(t) \right\} \rho(t_i) \hat{T} \exp \left\{ -i \int_{t_i}^{t_i+t_x} dt H(t) \right\}, \quad \text{Eq. (1.2)}$$

105 where \hat{T} is a Dyson Operator.

106 The evaluated operator, $\hat{A}(t_i + t_x)$ is:

$$107 \quad \hat{A}(t_i + t_x) = \text{Tr} \{ \hat{A} \rho(t_i + t_x) \} \quad \text{Eq. (1.3)}$$

108 One of the possibilities to deal with a Dyson Operator in Eq. (1.2), in order to propagate forward
109 in time from the point t_i to $t_i + t_x$, is to split one propagator into a product of N propagators (Nimerovsky
110 and Goldbourt 2012):

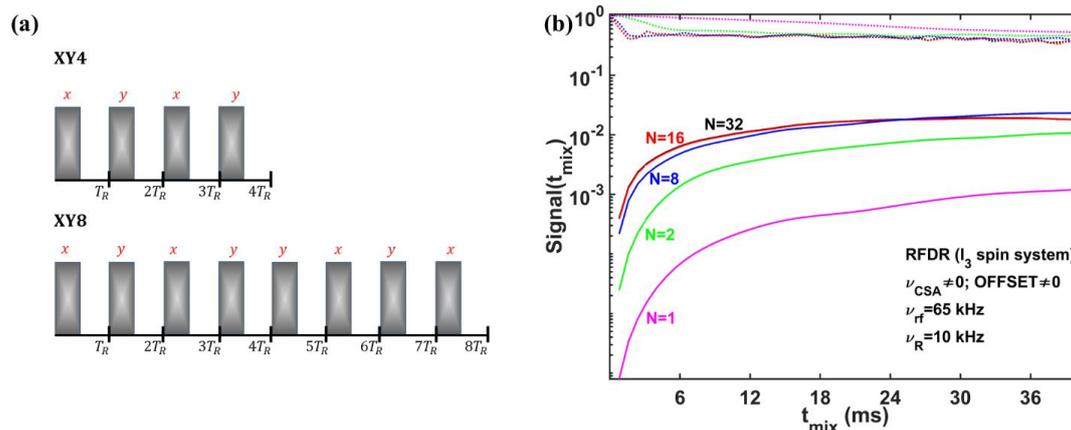
$$111 \quad \hat{T} \exp \left\{ -i \int_{t_i}^{t_i+t_x} dt H(t) \right\} = \lim_{N \rightarrow \infty} \prod_{k=1}^N \exp \left\{ -i \int_{t_i+t_x-\Delta_{x,i}k}^{t_i+t_x-\Delta_{x,i}(k-1)} dt H(t) \right\}, \quad \Delta_{x,i} = t_x/N \quad \text{Eq. (1.4)}$$

112 It allows to omit the Dyson Operator and perform the simulations correctly. This is the way that
113 calculations are performed in the popular SIMPSON software (Bak, Rasmussen, and Nielsen 2000). The
114 main difference in our implementation of numerical evolutions with respect to SIMPSON calculations is



115 to use analytical integrations rather than numerical integrations, which significantly reduces the computer
 116 time.

117 Each of the rotor periods of the fp-RFDR sequence can be divided into two parts with the lengths
 118 of t_p (defined with the length of π -pulse and $T_R - t_p$ (the delay, Fig. 1a). The numerical calculations split
 119 each of these two parts into N subparts with the lengths t_p/N and $(T_R - t_p)/N$, respectively. Fig. 1b shows
 120 the transferred fp-RFDR signals for I_3 spin system under different values of N . Solid lines represent the
 121 transferred $I_2 \rightarrow I_3$ signal between a weakly coupled dipolar pair with 66 Hz dipolar interaction, whereas
 122 the dotted lines represent the $I_2 \rightarrow I_2$ signal. With an increase in the value of N , the simulated signals
 123 converge and under $N=16$ (red lines) and $N=32$ (black lines) the signals coincide. It means that under
 124 $N \geq 16$, the simulations provide the correct evolution of the spin system. In all numerical calculations we
 125 used $N=32$.



126
 127 **Fig. 1** (a) Finite Pulse RFDR block consisting of four π -pulses every rotor period with phase cycling: x, y, x, y (XY4) or eight π -
 128 pulses with phase cycling: x, y, x, y, y, x, y, x (XY8). (b) Simulated I_3 spin system under 10 kHz of MAS and 65 kHz of rf-field,
 129 dipolar values of $\nu_{12} = 66$ Hz, $\nu_{13} = 150$ Hz, $\nu_{23} = 2.15$ kHz, and offset values of $\Omega_1 = -8$ kHz, $\Omega_2 = 9$ kHz, $\Omega_3 = -7$ kHz
 130 and CSA values of $\nu_{CSA,1} = 9.2$ Hz, $\nu_{CSA,2} = 2.5$ Hz, $\nu_{CSA,3} = 8$ kHz. Axis Y shows the intensities of the starting and
 131 transferred signals between different operators, $I_{z2} \rightarrow I_{z2}$ (the dotted lines) and $I_{z2} \rightarrow I_{z1}$ (the solid lines), under different values
 132 of N : 1 (magenta lines), 2 (green lines), 8 (blue lines), 16 (red lines) and 32 (black lines). The values of the dipolar interactions
 133 and MAS rate were taken from Ref. [(Bayro et al. 2009)]. XY8 phase cycling was used.



134 Figs. A1-2 show the transferred fp-RFDR signals for I_3 and IS_2 spin systems under different
135 simulated conditions and validation by comparison with SIMSPON simulations of fp-RFDR signals.

136 In the next ‘Simulations’ section we firstly consider the evolution of the I_3 spin system under the
137 RFDR sequence. We investigate the influence of each part of the Dipolar Hamiltonian (the secular and
138 the flip-flop parts) on the measured operators at specific time points under different simulated conditions.

139 In the subsequent subsections we compare the behavior of I_2 and IS spin systems under RFDR.
140 We consider the evolutions of all operators and their amplitude at different time points. We demonstrate
141 with simulations and provide the theoretical analysis (applying the fictitious spin $1/2$ operator
142 formalism(Vega 1978)) of the influence of the phase cycling on the transfer of fp-RFDR signal. We
143 shows the paths with which the signals are transferred between different spins for heteronuclear and
144 homonuclear spin systems.

145 **Simulations**

146 The full high field truncated dipolar Hamiltonian of I_3 spin system is represented as follows:

$$147 H_{D,Full} = 0.5 \sum \omega_{D,rs}(t)[3I_{zr}I_{zs} - I_r I_s] = 0.5 \sum \omega_{D,rs}(t)[3I_{zr}I_{zs} - I_{zr}I_{zs} - 0.5(I_r^+ I_s^- + I_r^- I_s^+)], \text{ Eq.} \\ 148 (2.1)$$

149 where $\omega_{D,rs}(t)$ is a periodic dipolar time dependent function(Olejniczak, Vega, and Griffin 1984)
150 between spins I_r and I_s . This Hamiltonian is subsequently referred, to as the full Hamiltonian, and contains
151 only the A and B terms of the dipolar alphabet(Slichter 1990).

152 Firstly we investigate which part of the full high field dipolar Hamiltonian can be a model Hamiltonian. A
153 model Hamiltonian is a simplified Hamiltonian, which provides the same evolution of the spin system at
154 specific time points as a full dipolar Hamiltonian. We consider 3 model Hamiltonians:

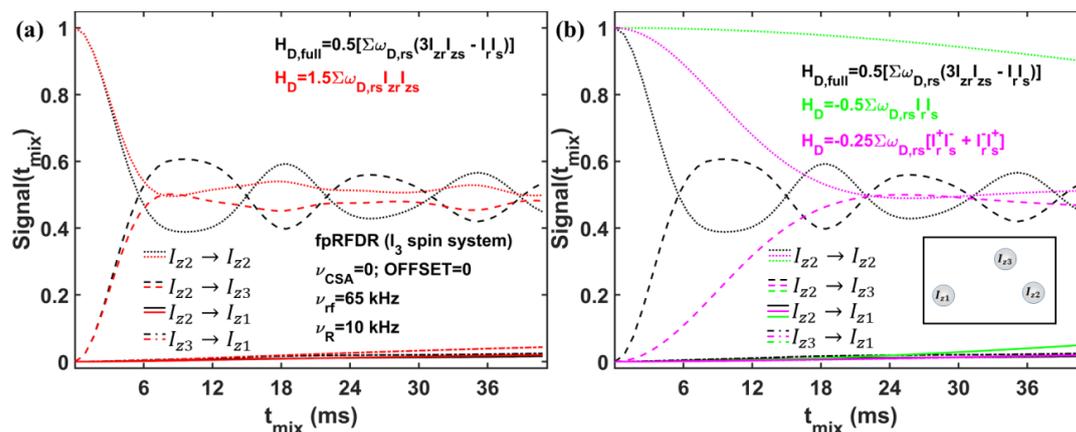
$$155 H_D = 1.5 \sum \omega_{D,rs}(t)I_{zr}I_{zs}, \text{ Eq. (2.2a)} \quad H_D = -0.5 \sum \omega_{D,rs}(t)I_r I_s, \text{ Eq. (2.2b)}$$

$$156 H_D = -0.25 \sum \omega_{D,rs}(t)[I_r^+ I_s^- + I_r^- I_s^+]. \text{ Eq. (2.2c)}$$



157 Eq. (2.2a) contains a secular part of the dipolar Hamiltonian (Eq. (2.1)), whereas the scalar products, $I_r I_s$,
 158 are omitted. Eq. (2.2b) contains the scalar products of the dipolar Hamiltonian only. Eq. (2.2c) contains
 159 the flip-flop parts of the Dipolar Hamiltonian. The Figs. 2-4 show the evolution of a I_3 spin system under
 160 these three model Hamiltonians (Eq. (2.2a) – red lines; Eq. (2.2b) – green lines; Eq. (2.2c) – pink lines)
 161 and comparison with the full Dipolar Hamiltonian (Eq. 2.1 – black lines).

162 Fig. 2 shows the transferred signals under 10 kHz of MAS, when only dipolar interactions are
 163 taken into account. Under these conditions the secular dipolar Hamiltonian (Fig. 2a, red lines) provides
 164 similar values of the amplitudes of the operators at specific time points (the simulated measurement
 165 occurred every $8T_R$, with XY8 phase cycling, as with the full Dipolar Hamiltonian (Fig. 2a, black lines).
 166 The scalar product dipolar Hamiltonian (Fig. 2b, green lines) and the flip-flop dipolar Hamiltonian (Fig.
 167 2b, pink lines) provide different results with respect to the full Dipolar Hamiltonian (Fig. 2b, black lines).

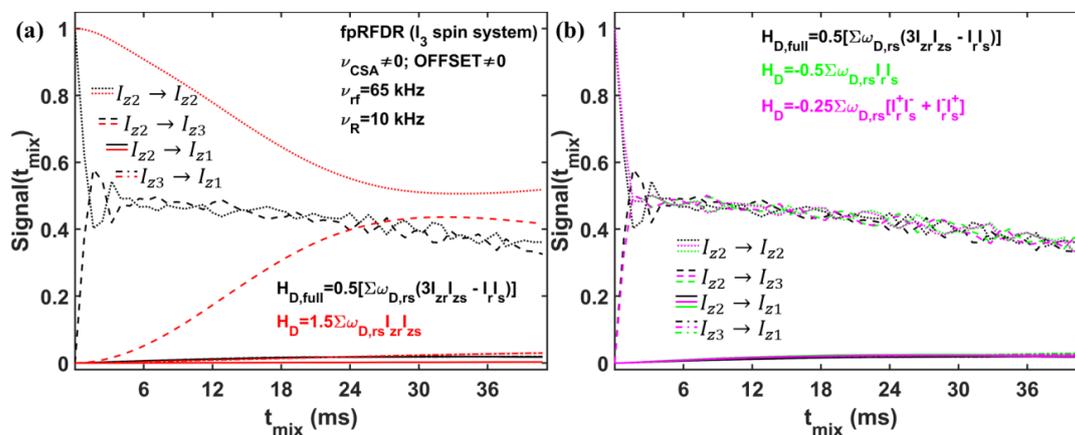


168
 169 **Fig. 2** Simulated I_3 spin system under 10 kHz of MAS and 65 kHz of rf-field, dipolar coupling values of $\nu_{12} = 66$ Hz, $\nu_{13} =$
 170 150 Hz, $\nu_{23} = 2.15$ kHz (the schematic spin arrangement is shown in the insert of (b)) and zero values of offset and CSA. Axis Y
 171 shows the intensities of the starting and transferred signals between different operators: $I_{z2} \rightarrow I_{z2}$ (the dotted lines); $I_{z2} \rightarrow I_{z3}$ (the
 172 dashed lines); $I_{z2} \rightarrow I_{z1}$ (the solid lines); $I_{z3} \rightarrow I_{z1}$ (the dashed-dotted lines). (a) The black lines represent the signals, simulating
 173 with the full dipolar Hamiltonian (Eq. 2.1). The red lines represent the signals, simulating with the secular model Hamiltonian
 174 (Eq. 2.2a). (b) The black lines represent the signals, simulating with the full dipolar Hamiltonian (Eq. 2.1). The green lines
 175 represent the signals, simulating with the scalar product model Hamiltonian (Eq. 2.2b). The magenta lines represent the signals,



176 simulating with the scalar product model Hamiltonian (Eq. 2.2c). The values of the dipolar interactions and MAS rate was taken
 177 from Ref. [(Bayro et al. 2009)]. XY8 phase cycling was used.

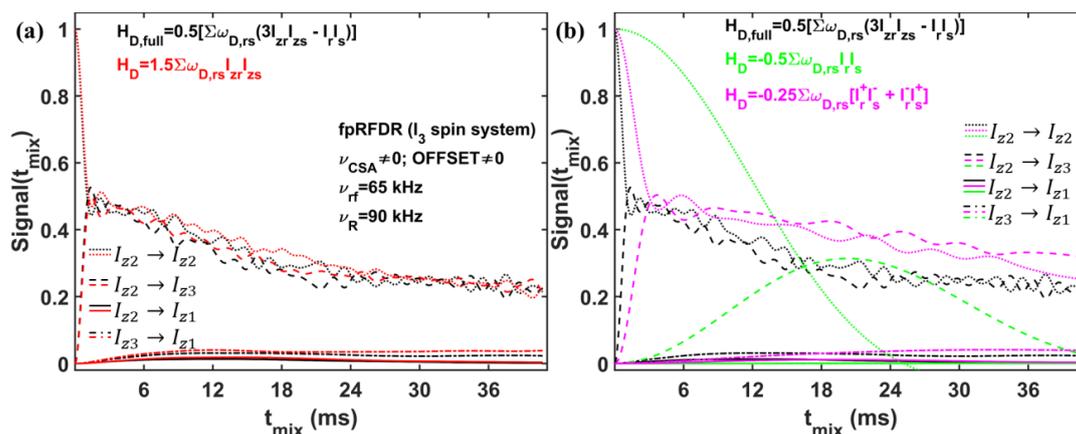
178 The conclusions are reversed when we add chemical shift offsets that have similar values with
 179 respect to the MAS frequency (Fig. 3). In the simulations CSA values were also added into simulations.
 180 However, the main influence comes from the offset as shown in Fig. (A2). The secular dipolar
 181 Hamiltonian (Fig. 3a, red lines) provides completely different results with respect to the full dipolar
 182 Hamiltonian (Fig. 3a, black lines), whereas the scalar product dipolar Hamiltonian (Fig. 3b, green lines)
 183 and the flip-flop dipolar Hamiltonian (Fig. 3b, pink lines) provide similar results as the full dipolar
 184 Hamiltonian (Fig. 3b, black lines).



185
 186 **Fig. 3** Simulated I_3 spin system under 10 kHz of MAS and 65 kHz of rf-field, dipolar coupling values of $\nu_{12} = 66$ Hz, $\nu_{13} =$
 187 150 Hz, $\nu_{23} = 2.15$ kHz, offset values of $\Omega_1 = -8$ kHz, $\Omega_2 = 9$ kHz, $\Omega_3 = -7$ kHz, and CSA values of $\nu_{CSA,1} =$
 188 9.2 Hz, $f \nu_{CSA,2} = 2.5$ Hz, $f \nu_{CSA,3} = 8$ kHz. Axis Y shows the intensities of the starting and transferred signals between different
 189 operators: $I_{z2} \rightarrow I_{z2}$ (the dotted lines); $I_{z2} \rightarrow I_{z3}$ (the dashed lines); $I_{z2} \rightarrow I_{z1}$ (the solid lines); $I_{z3} \rightarrow I_{z1}$ (the dashed-dotted lines).
 190 (a) The black lines represent the signals, simulating with the full dipolar Hamiltonian (Eq. 2.1). The red lines represent the
 191 signals, simulating with the secular model Hamiltonian (Eq. 2.2a). (b) The black lines represent the signals, simulating with the
 192 full dipolar Hamiltonian (Eq. 2.1). The green lines represent the signals, simulating with the scalar product model Hamiltonian
 193 (Eq. 2.2b). The magenta lines represent the signals, simulating with the scalar product model Hamiltonian (Eq. 2.2c). The values
 194 of the dipolar interactions and MAS rate were taken from Ref. [(Bayro et al. 2009)]. XY8 phase cycling was used.



195 When the spinning frequency is increased such that it is significantly larger than the offsets, the
 196 situation again reverses. Fig. 4 shows the evolution of the spin system under 90 kHz MAS with the same
 197 offset and CSA values as in Fig. 3. Under such conditions the secular dipolar Hamiltonian (Fig. 4a, red
 198 lines) provides similar results as a full dipolar Hamiltonian (Fig. 3a, black lines), whereas the scalar
 199 product dipolar Hamiltonian (Fig. 4b, green lines) and the flip-flop dipolar Hamiltonian (Fig. 4b, pink
 200 lines) provide different results with respect to full dipolar Hamiltonian (Fig. 4b, black lines).



201
 202 **Fig. 4** Simulated I_3 spin system under 90 kHz of MAS and 65 kHz of rf-field, dipolar coupling values of $\nu_{12} = 66$ Hz, $\nu_{13} =$
 203 150 Hz, $\nu_{23} = 2.15$ kHz, offset values of $\Omega_1 = -8$ kHz, $\Omega_2 = 9$ kHz, $\Omega_3 = -7$ kHz, and CSA values of $\nu_{CSA,1} =$
 204 9.2 Hz, $\nu_{CSA,2} = 2.5$ Hz, $\nu_{CSA,3} = 8$ kHz. Axis Y shows the intensities of the starting and transferred signals between different
 205 operators: $I_{z2} \rightarrow I_{z2}$ (the dotted lines); $I_{z2} \rightarrow I_{z3}$ (the dashed lines); $I_{z2} \rightarrow I_{z1}$ (the solid lines); $I_{z3} \rightarrow I_{z1}$ (the dashed-dotted lines).
 206 (a) The black lines represent the signals, simulating with the full dipolar Hamiltonian (Eq. 2.1). The red lines represent the
 207 signals, simulating with the secular model Hamiltonian (Eq. 2.2a). (b) The black lines represent the signals, simulating with the
 208 full dipolar Hamiltonian (Eq. 2.1). The green lines represent the signals, simulating with the scalar product model Hamiltonian
 209 (Eq. 2.2b). The magenta lines represent the signals, simulating with the scalar product model Hamiltonian (Eq. 2.2c). The values
 210 of the dipolar interactions and MAS rate were taken from Ref. [(Bayro et al. 2009)]. XY8 phase cycling was used.

211 Considering these three cases, we can conclude that for fp-RFDR, when the difference of the
 212 offset values between spins are significantly smaller with respect to the used MAS rate, the simplified
 213 secular Hamiltonian (Eq. 2.1a) can play a significant role in the transfer. Such a simplified model



214 Hamiltonian correctly describes the evolution of the spin systems at specific time points. In the case when
215 offset values are comparable with the MAS rate, the flip-flop Hamiltonian (Eq. 2.1c) can play a role of
216 the simplified model Hamiltonian. The second conclusion coincides with the theoretical analysis
217 previously obtained with AHT for that sequence (A. E. Bennett et al. 1992; Andrew E. Bennett et al.
218 1998; Nielsen et al. 1994; Ok et al. 1992; Bayro et al. 2009; Sodickson et al. 1993; Straasø et al. 2016),
219 whereas the first conclusion diverges – dependence on the zero-quantum dipolar operator (Ishii 2001) for
220 AHT. The second conclusion allows the transfer of the magnetization between homonuclear spins only,
221 whereas the first conclusion supposes that a heteronuclear fp-RFDR transfer is also possible.

222 For the heteronuclear spin system, the full high field dipolar Hamiltonian is secular. The main
223 difference to the heteronuclear full dipolar Hamiltonian with a homonuclear model Hamiltonian (Eq.
224 2.1a) is a factor of 1.5. On the basis of the first conclusion, for fully heteronuclear spin systems all dipolar
225 interactions should be 1.5 times larger with respect to the homonuclear dipolar values to obtain the same
226 signals as for a fully homonuclear spin system. For a more comprehensive investigation of the behaviors
227 of the homonuclear and heteronuclear spin systems under fpRFDR, we consider below I_2 and IS spin
228 systems.

229 The simulations allow us to consider the evolutions within a Cartesian operator basis set of the
230 two spin system (Ernst, Bodenhausen, and Wokaun 1987). For the two spin system, the basis set consists
231 of 16 operators. The evolution of each of them is described by microscopic amplitude:

$$232 \quad a_k(t_{mix}) = Tr\{\widehat{K}\rho(t_{mix})\}, \quad \text{Eq. (2.3)}$$

233 where \widehat{K} is an operator of the spin system. The macroscopic amplitude is represented as follow:

$$234 \quad A_k = \int d\Omega a_k(t_{mix}), \quad \text{Eq. (2.4)}$$

235 where the integration is performed over all Euler angles. Summing all amplitudes in squares, the next
236 condition should be performed:



237
$$\sum |a_k|^2 (t_{mix}) = 1 \quad \text{Eq. (2.5)}$$

238 Fig. 5 shows the macroscopic amplitudes (Eq. 2.4) of 14 operators under different offset values
239 for IS (a, c, e, g) and I_2 (b, d, f, h) spin systems. In all Figs. the initial operator is I_z for the heteronuclear
240 case and I_{z1} for the homonuclear spin systems and the MAS rate is 10 kHz. The pink dashed lines
241 represent the sum of the square amplitudes (Eq. (2.5)).

242 For the on-resonance condition (Fig. 5a) the evolution of the IS spin system is described with four
243 operators only: I_z (black line), S_z (green line), $2I_xS_y$ (blue line) and $2I_yS_x$ (red line). The pink dashed line
244 shows the sum of the squares of amplitudes of these four operators. The other 11 operators are not excited
245 and have zero amplitudes. For an I_2 spin system (Fig. 5b) the evolution is identical as for an IS spin
246 system, when the measurements are taken every two rotor periods.

247 With a 3 kHz offset difference between the spins (Fig. 5c), we find the excitation of all 14
248 operators. However, only six of them have significant amplitudes. Additionally to the previously
249 mentioned four operators, we see significant amplitudes for $2I_xS_x$ (cyan line) and $2I_yS_y$ (purple line)
250 operators. Compared to the on-resonance case, the velocity of the transfer of the signal from I_z to S_z
251 operators (green line) decreased for the IS spin system (Fig. 5c). For the I_2 spin system (Fig. 5d) the
252 velocity of the transfer of the signal from I_{z1} to I_{z2} operators (green line) as well as the velocities of the
253 evolutions of other operators significantly increased.

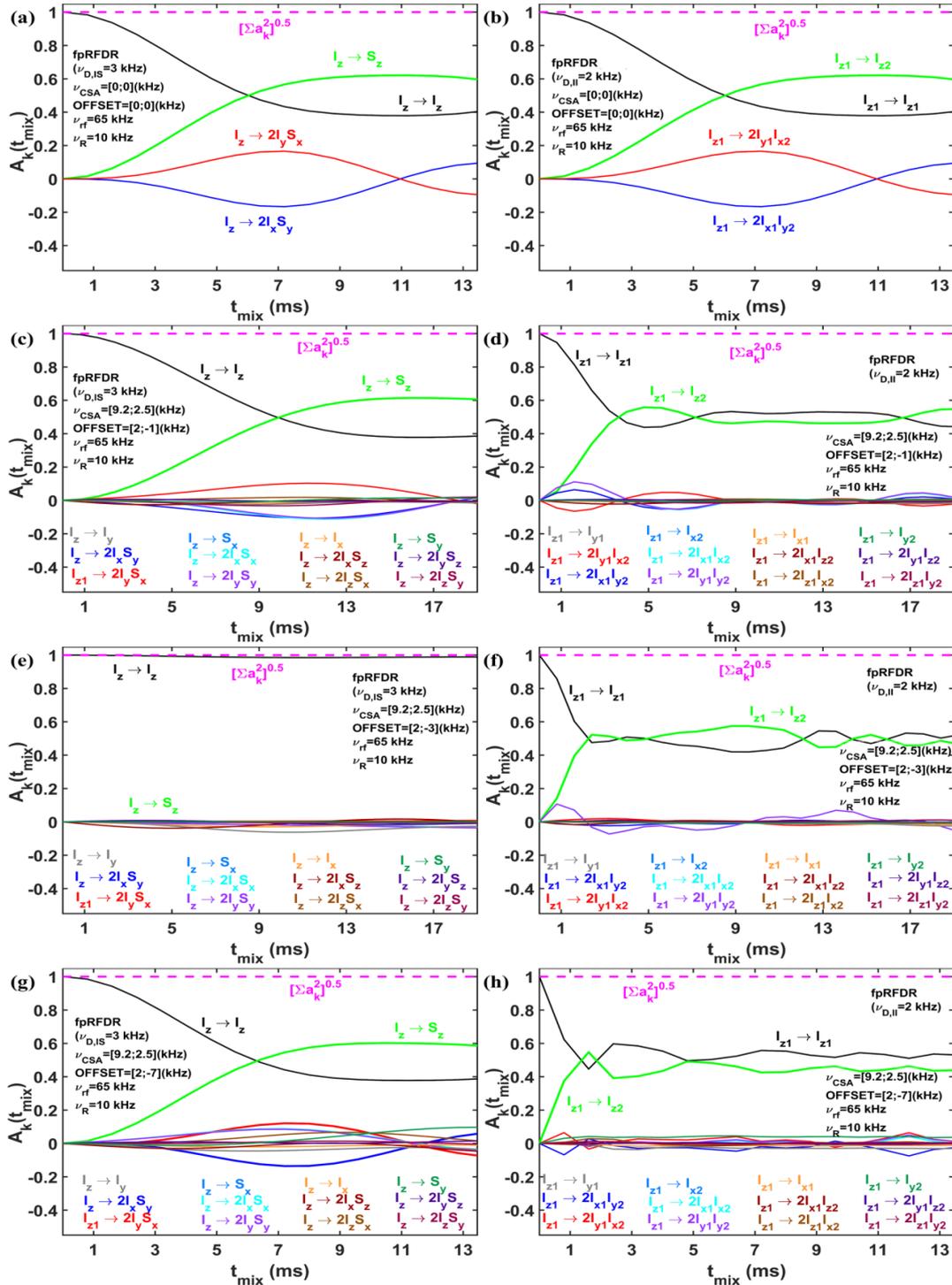
254 For a 5 kHz offset difference and heteronuclear IS spins (Fig. 5e), we do not see any transfer of
255 the signal from I_z operator to S_z operator, whereas for the I_2 spin system (Fig. 5f), the velocities of the
256 excitation of all operators increased more as compared to the previous cases. Also for this case only the 6
257 previously mentioned operators have significant macroscopic amplitudes.

258 Under a 9 kHz offset difference and heteronuclear IS spins (Fig. 5g), we see again the transfer of
259 the signal from I_z operator to S_z operator (Fig. 5g, green line). Also more operators have significant
260 macroscopic amplitudes. For the I_2 spin system (Fig. 5h), the transfer of signal from I_{z1} to I_{z2} operators



261 (green line) has the largest velocity with respect to previous cases. Also here we see more transfer of the
262 signal from I_{z1} to other operators, however with smaller amplitudes in comparison with the IS case.

263 For negligible offset differences with respect to the MAS rate, the evolution of the operators of IS
264 and I_2 spin systems are the same at specific time points. However, when offsets are comparable with the
265 MAS rate, we obtain completely different evolution for these systems. With increase of offset difference
266 the IS spin system passes through specific rotor resonance condition (the difference between offsets equal
267 to half of the MAS rate), under which the transfer does not occur. For the I_2 spin system the velocity of
268 the transfer increases with increased offset difference.





270 **Fig. 5** The simulated amplitudes of the operators for IS ((a), (c), (e), (g) – $v_{D,IS} = 3$ kHz, the initial operator is I_z) and I_2 ((b), (d),
 271 (f), (h) – $v_{D,I2} = 2$ kHz, the initial operator is I_{z1}) spin systems under 10 kHz of MAS rate and 65 kHz of rf-field. The pink dashed
 272 line represent the sum of the squared amplitudes (Eq. (2.5)), which are shown in the Figs. Black lines – I_z and I_{z1} ; Green lines – S_z
 273 and I_{z2} ; Blue lines – $2I_xS_y$ and $2I_{x1}I_{y2}$; Red lines – $2I_yS_x$ and $2I_{y1}I_{x2}$; Cyan lines – $2I_xS_x$ and $2I_{x1}I_{x2}$; Purple lines – $2I_yS_y$ and $2I_{y1}I_{y2}$;
 274 Azure lines – S_x and I_{x2} ; Dark green lines – S_y and I_{y1} ; Orange lines – I_x and I_{x1} ; Grey lines – I_y and I_{y1} ; Crimson red lines – $2I_xS_z$
 275 and $2I_{x1}I_{z2}$; Brown lines – $2I_zS_x$ and $2I_{z1}I_{x2}$; Jazzberry Jam lines – $2I_zS_y$ and $2I_{z1}I_{y2}$; Indigo lines – $2I_yS_z$ and $2I_{y1}I_{z2}$. (a) and (b) –
 276 Offset values in kHz: 0, 0; CSA values in kHz: 0, 0. (c) and (d) – Offset values in kHz: 2, -1; CSA values in kHz: 9.2, 2.5. (e) and
 277 (f) – Offset values in kHz: 2, -3; CSA values in kHz: 9.2, 2.5. (g) and (h) – Offset values in kHz: 2, -7; CSA values in kHz: 9.2,
 278 2.5.

279 Figs. 5a and b showed the identical evolutions of the same operators for IS and I_2 spin system at
 280 specific time points (every two rotor periods). A more interesting case is a comparison of the evolution of
 281 these operators between specific time points, between 0 and $2T_R$. Fig. 6 shows the microscopic amplitudes
 282 (Eq. 2.4) of the operators during first two rotor periods. The time scale of that two rotor periods can be
 283 divided into four parts: $t(\pi_x) \rightarrow del_1 \rightarrow t(\pi_y) \rightarrow del_2$. For increasing the effect of the transfer we
 284 simulated with 15 kHz and 10 kHz for the dipolar interactions for IS and I_2 spin systems, respectively.

285 Regardless the offset values, the evolutions of the operators between specific time points are
 286 completely different for IS (Fig. 6a and c) and I_2 spin systems (Fig. 6b and d). For the on-resonance
 287 condition, by the end of the first π_x -pulse only one operator is created for the IS spin system: $2I_xS_y$ (Fig.
 288 6a, blue line). During the first delay, del_1 , there is no evolution of the spin system since $[I_z, I_zS_z] =$
 289 $[I_xS_y, I_zS_z] = 0$. At the end of the second π_y -pulse two additional operators have nonzero amplitude:
 290 $2I_yS_x$ (Fig. 6a, red line) and S_z (Fig. 6a, green line). During the second delay, del_2 , the amplitudes of these
 291 operators are not changed.

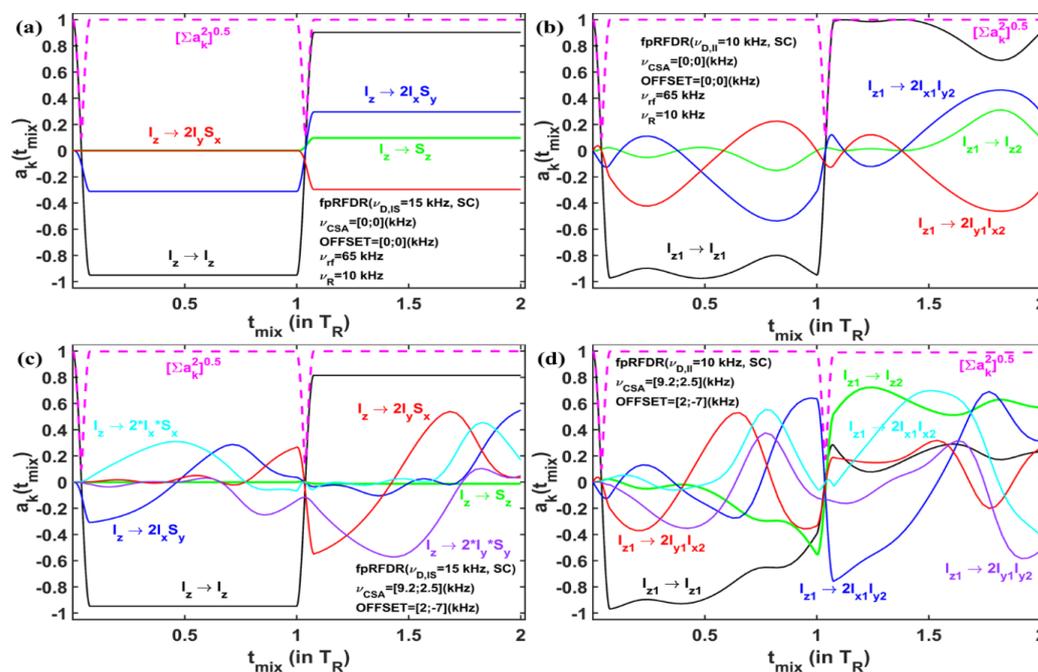
292 Under on-resonance conditions for the I_2 spin system (Fig. 6b) all these four operators have
 293 nonzero amplitudes in the end of the first π_x -pulse. The evolution of the I_2 spin system during this two
 294 rotor periods is much more complicated as compared to the IS spin system: the amplitudes of these four
 295 operators are changed during the delay times as well. However, at the end of two rotor periods the



296 amplitudes of similar operators of IS and I_2 spin systems – I_z and I_{z1} ; S_z and I_{z2} ; $2I_xS_y$ and $2I_{x1}I_{y2}$; $2I_yS_x$ and
 297 $2I_{y1}I_{x2}$ – have the same values.

298 For a 9 kHz offset difference, in the end of the first π_x -pulse also only one operator is created for
 299 an IS spin system: $2I_xS_y$ (Fig. 6c, blue line). However, during the first delay, del_1 , three operators are
 300 created: $2I_yS_x$ (Fig. 6c, red line), $2I_xS_x$ (Fig. 6c, cyan line) and $2I_yS_y$ (Fig. 6c, purple line). In the end of the
 301 second π_y -pulse, the operator S_z (Fig. 6c, green line) has nonzero value. However it has a very small
 302 value in comparison with the on resonance case (Fig. 6a).

303 For a 9 kHz offset difference, the evolution of the I_2 spin system is also described with six
 304 operators (Fig. 6d). However, in that case the I_{z2} operator has much larger amplitude in the end of two
 305 rotor periods as compared with the on resonance condition (Fig. 6b).

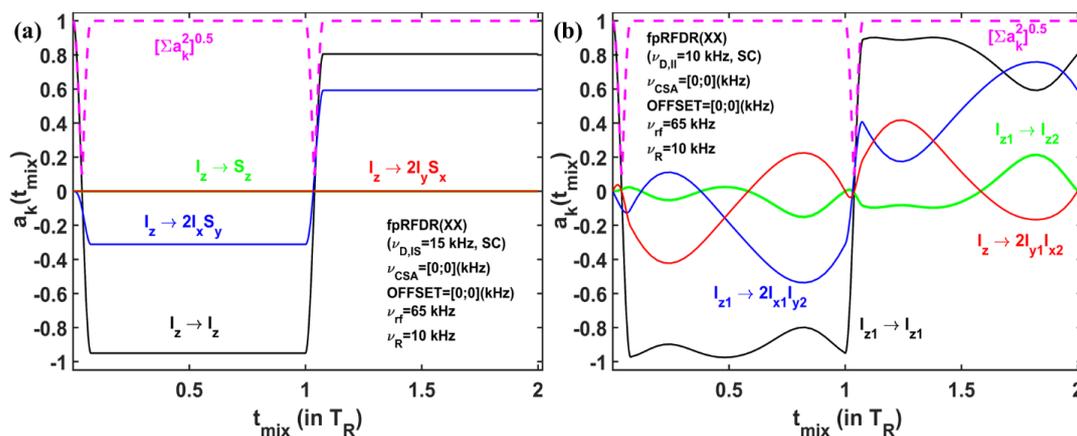


306
 307 **Fig. 6** The simulated amplitudes of the operators of a single crystal (Euler angles: 184° ; 141° ; 349°) during first rotor periods for
 308 IS ((a), (c) – $v_{D,IS} = 15$ kHz, the initial operator is I_z) and I_2 ((b), (d) – $v_{D,II} = 10$ kHz, the initial operator is I_{z1}) spin systems
 309 under 10 kHz of MAS and 65 kHz of rf-field. The pink dashed line represents the sum of the squared amplitudes (Eq. (2.5)),



310 which are shown in Figs. Black lines – I_z and I_{z1} ; Green lines – S_z and I_{z2} ; Blue lines – $2I_xS_y$ and $2I_{x1}I_{y2}$; Red lines – $2I_yS_x$ and
 311 $2I_{y1}I_{x2}$; Cyan lines – $2I_xS_x$ and $2I_{x1}I_{x2}$; Purple lines – $2I_yS_y$ and $2I_{y1}I_{y2}$. (a) and (b) – Offset values in kHz: 0, 0; CSA values in kHz:
 312 0, 0. (c) and (d) – Offset values in kHz: 2, -7; CSA values in kHz: 9.2, 2.5. The XY phase cycling was used.

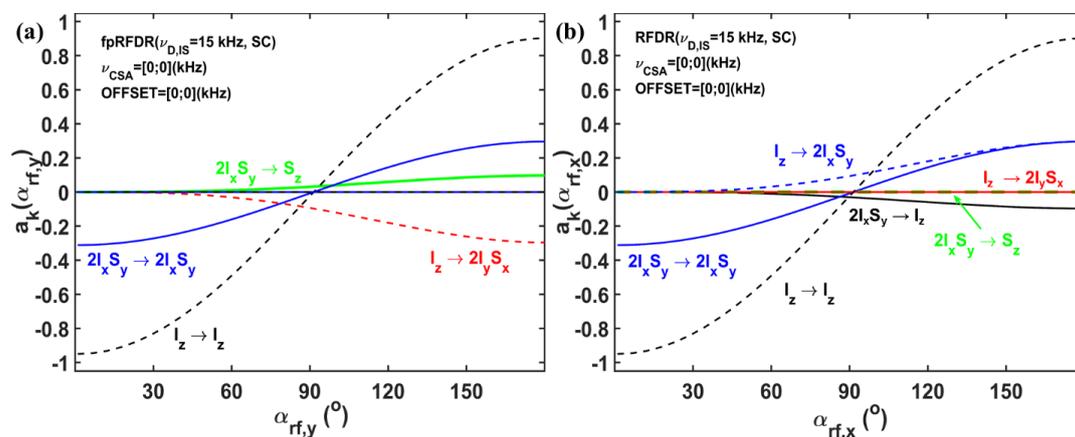
313 Figs. 6a and b (heteronuclear and homonuclear, respectively) show completely different behavior
 314 for the amplitudes of four operators – I_z , S_z , $2I_xS_y$, $2I_yS_x$ for IS and I_{z1} , I_{z2} , $2I_{x1}I_{y2}$, $2I_{y1}I_{x2}$ for I_2 spin systems
 315 – during two rotor periods. However, by the end of two rotor periods, the values are the same again. For
 316 an I_2 spin system the signal is transferred to the I_{z2} operator gradually during two rotor periods (Fig. 6b
 317 green line). For IS spin system the signal from I_z to S_z is transferred during the second π_y -pulse only.
 318 Therefore, the phase of the second π -pulse is also the object for investigation. We considered the behavior
 319 of the amplitudes of the operators during two rotor periods when both these pulses had the same phase –
 320 $t(\pi_x) \rightarrow del_1 \rightarrow t(\pi_x) \rightarrow del_2$. Fig. 7 shows the amplitudes of the operators for IS (Fig. 7a) and I_2 (Fig.
 321 7b) spin systems. For an IS spin system (Fig. 7a) only two operators have nonzero amplitudes during the
 322 investigated time: I_z (black line) and $2I_xS_y$ (blue line), whereas S_z and $2I_yS_x$ are not created. For the I_2 spin
 323 system (Fig. 7b) we still detect the evaluations of all four operators. However, in the end of two rotor
 324 periods only two operators have nonzero amplitudes, as for the IS spin system. For both cases, there is no
 325 transfer of signal from I_z to S_z (IS spin system) and from I_{z1} to I_{z2} (I_2 spin system), when XX phase cycling
 326 is used. Definitely, the phase cycling of fp-RFDR sequence plays a crucial role in the transfer of the
 327 signal between different spins.





329 **Fig. 7** The simulated amplitudes of the operators of a single crystal (the used Euler angles: 184° ; 141° ; 349°) during
 330 first rotor periods for IS ((a) – $\nu_{D,IS} = 15$ kHz, the initial operator is I_z) and I_2 ((b) – $\nu_{D,I1} = 10$ kHz, the initial operator is I_{z1})
 331 spin systems under 10 kHz of MAS and 65 kHz of rf-field. The XX phase cycling was used. The pink dashed line represents the
 332 sum of the squared amplitudes (Eq. (2.5)), which are shown in Figs. Black lines – I_z and I_{z1} ; Green lines – S_z and I_{z2} ; Blue lines –
 333 $2I_xS_y$ and $2I_{x1}I_{y2}$; Red lines – $2I_yS_x$ and $2I_{y1}I_{x2}$; Cyan lines – $2I_xS_x$ and $2I_{x1}I_{x2}$; Purple lines – $2I_yS_y$ and $2I_{y1}I_{y2}$. Offset values in
 334 kHz: 0, 0; CSA values in kHz: 0, 0.

335 To understand the evolution of the IS operators under different phase cyclings, we can consider
 336 their evolutions during the second π -pulse only (Fig. 8). Fig. 8a shows the amplitudes during a π -pulse
 337 with y phase. During this pulse two additional operators are created. The signal is transferred from
 338 operator $2I_xS_y$ to S_z (Fig. 8a, green line) and from I_z to I_yS_x (Fig. 8b, red dashed line). During the first
 339 pulse with phase x, $2I_xS_y$ is created, whereas during the second pulse with 90° phase shifting the signal is
 340 transferred from that operator to S_z . It means that if we consider the evolution of the operators during a
 341 third π -pulse with the phase x, the transfer of the signal from I_z to operator S_z will be via the operator
 342 $2I_yS_x$. When the second π -pulse has the same phase as a first (XX), operators $2I_xS_y$ and S_z are not created
 343 and the transfer of the signal from I_z to S_z does not occur. In Appendix B we show the formal proof of
 344 zero transfer signal from I_{z1} to I_{z2} at specific time points (every one rotor period) when XX phase cycling
 345 is used.



346



347 **Fig. 8** Simulated amplitudes of the operators of an IS spin system ($\nu_{D,IS} = 15$ kHz) for a single crystal (Euler angles: 184° ; 141° ;
 348 349°) during the second π -pulse with phase y (a) and x (b) under 10 kHz of MAS and with a 65 kHz rf-field. The signal is shown
 349 as a function on the pulse flip angle α . The transfer of the signal between: $2I_xS_y \rightarrow S_z$ – green solid lines; $2I_xS_y \rightarrow I_z$ – black
 350 solid lines; $I_z \rightarrow I_z$ – black dashed lines; $2I_xS_y \rightarrow 2I_xS_y$ – blue solid lines; $I_z \rightarrow 2I_xS_y$ – blue dashed lines; $I_z \rightarrow 2I_yS_x$ – red
 351 dashed lines. Offset values in kHz: 0, 0; CSA values in kHz: 0, 0.

352 On the basis of Fig. 6b and d, we conclude that transfer of the signal from I_{z1} to I_{z2} is more
 353 complicated than from I_z to S_z , although the same results are obtained in the end of two rotor periods. To
 354 define via which operators the homonuclear signal is transferred from one spin to another, we consider
 355 the amplitude of some operator that is generated as a result of another operator and evolution through
 356 pulses or dealys, $t(\pi_x)$, del_1 , $t(\pi_y)$, and del_2 . For simplicity, we first consider the IS spin system. Table
 357 1 consists of four subsections, divided with different colors. The first (black color), second (green color),
 358 third (blue color) and fourth (red color) subsections represent the amplitudes of four operators, I_z , S_z ,
 359 $2I_xS_y$, $2I_yS_x$, measured at four points when the initial operators are I_z , S_z , $2I_xS_y$, $2I_yS_x$, respectively.

360 **Table 1** The microscopic amplitudes (Euler angles: 184° ; 141° ; 349°) of the operators (marked with bold font, the first column) in
 361 the end of four time points: π_x – in the end of first pulse; del_1 – in the end of first delay; π_y – in the end of second pulse; del_2 –
 362 in the end of second delay. The black, green, blue and red subsections represent the amplitudes with the initial operators I_z , S_z ,
 363 $2I_xS_y$, $2I_yS_x$, respectively. The used simulated parameters were as in Fig. 7a.

Op	I_z				S_z				$2I_xS_y$				$2I_yS_x$			
	π_x	del_1	π_y	del_2	π_x	del_1	π_y	del_2	π_x	del_1	π_y	del_2	π_x	del_1	π_y	del_2
I_z	- 0.95	1	- 0.95	1	0	0	0	0	0.31	0	0	0	0	0	0	0
S_z	0	0	0	0	- 0.95	1	- 0.95	1	0	0	- 0.31	0	0.31	0	0	0
$2I_xS_y$	- 0.31	0	0	0	0.31	0	0.31	0	- 0.95	1	- 0.95	1	0	0	0	0
$2I_yS_x$	0	0	0.31	0	0	0	0	0	0	0	0	0	- 0.95	1	- 0.95	1

364

365 For example, the path $I_z \xrightarrow{\pi_x} I_z \xrightarrow{del_1} I_z \xrightarrow{\pi_y} I_z \xrightarrow{del_2} I_z$ gives the amplitude of $-0.95 \cdot 1 \cdot (-0.95) \cdot 1 =$
 366 0.9 (the bold font in the Table 1), which equals to the amplitude of the I_z operator at the end of $2T_R$ in Fig.
 367 6a (black line). The path $I_z \xrightarrow{\pi_x} I_z \xrightarrow{del_1} I_z \xrightarrow{\pi_y} I_z \xrightarrow{del_2} S_z$ gives the amplitude of $-0.95 \cdot 1 \cdot (-0.95) \cdot 0 = 0$.



368 If we analyze all possible 64 paths, we will find only one path, connecting I_z and S_z operators: I_z

369 $\xrightarrow{\pi_x} 2I_xS_y \xrightarrow{del_1} 2I_xS_y \xrightarrow{\pi_y} S_z \xrightarrow{del_2} S_z$ with nonzero amplitude of $-0.31 \cdot 1 \cdot (-0.31) \cdot 1 = 0.097$.

370 In the same way we create the table for the I_2 spin system (Table 2).

371 **Table 2** The microscopic amplitudes (Euler angles: 184° ; 141° ; 349°) of the operators (marked with bold font, the first column)
 372 in the end of four time points: π_x – in the end of first pulse; del_1 – in the end of first delay; π_y – in the end of second pulse; del_2
 373 – in the end of second delay. The black, green, blue and red subsections represent the amplitudes with the initial operators I_{z1} , I_{z2} ,
 374 $2I_{x1}I_{y2}$, $2I_{y1}I_{x2}$, respectively. The simulated parameters were as in Fig. 7a.

Op	I_{z1}				I_{z2}				$2I_{x1}I_{y2}$				$2I_{y1}I_{x2}$			
	π_x	del_1	π_y	del_2	π_x	del_1	π_y	del_2	π_x	del_1	π_y	del_2	π_x	del_1	π_y	del_2
I_{z1}	-	0.96	-	0.96	0.02	0.04	0.02	0.04	0.1	-0.2	-	-0.2	0.21	0.2	-0.1	0.2
	0.97		0.97						0.21		0.21					
I_{z2}	0.02	0.04	0.02	0.04	-	0.96	-	0.96	0.21	0.2	-0.1	0.2	0.1	-0.2	-	-0.2
					0.97		0.97						0.21		0.21	
$2I_{x1}I_{y2}$	-0.1	0.21	0.21	0.2	-	-0.2	0.1	-0.2	-	0.96	-	0.96	0.02	0.04	0.02	0.04
					0.21				0.97		0.97					
$2I_{y1}I_{x2}$	-	-0.2	0.1	-0.2	-0.1	0.2	0.21	0.2	0.02	0.04	0.02	0.04	-	0.96	-	0.96
	0.21												0.97		0.97	

375

376 Unlike IS spin system, there are 64 paths with nonzero amplitudes via which the signal is
 377 transferred from operator I_{z1} to operator I_{z2} during the first two rotor periods. 64 paths can be divided into
 378 four groups.

379 The first group contains eight paths with combinations of I_{z1} , I_{z2} operators only. For example, the

380 path $I_{z1} \xrightarrow{\pi_x} I_{z1} \xrightarrow{del_1} I_{z1} \xrightarrow{\pi_y} I_{z1} \xrightarrow{del_2} I_{z2}$ has 0.0393 amplitude, whereas the path I_{z1}

381 $\xrightarrow{\pi_x} I_{z2} \xrightarrow{del_1} I_{z2} \xrightarrow{\pi_y} I_{z2} \xrightarrow{del_2} I_{z2}$ has -0.0195 amplitude. The total amplitude of this group is 0.03920388.

382 The second group contains 24 paths where each of the paths contains one of the operators $2I_{x1}I_{y2}$

383 or $2I_{y1}I_{x2}$. For example, the path $I_{z1} \xrightarrow{\pi_x} I_{z1} \xrightarrow{del_1} I_{z1} \xrightarrow{\pi_y} 2I_{x1}I_{y2} \xrightarrow{del_2} I_{z2}$ has -0.0393 amplitude, whereas the

384 path $I_{z1} \xrightarrow{\pi_x} I_{z1} \xrightarrow{del_1} 2I_{x1}I_{y2} \xrightarrow{\pi_y} I_{z2} \xrightarrow{del_2} I_{z2}$ has 0.0195 amplitude. The total amplitude of this group is -

385 0.0574702.



386 The third group contains 24 paths where each of the paths contains two of the operators $2I_{x1}I_{y2}$
 387 or $2I_{y1}I_{x2}$. For example, the path $I_{z1} \xrightarrow{\pi_x} 2I_{y1}I_{x2} \xrightarrow{del_1} 2I_{y1}I_{x2} \xrightarrow{\pi_y} I_{z2} \xrightarrow{del_2} I_{z2}$ has 0.0393 amplitude, whereas
 388 the path $I_{z1} \xrightarrow{\pi_x} 2I_{y1}I_{x2} \xrightarrow{del_1} I_{z2} \xrightarrow{\pi_y} 2I_{y1}I_{x2} \xrightarrow{del_2} I_{z2}$ has -0.000179 amplitude. The total amplitude of this
 389 group is 0.13445302.

390 The fourth group contains eight paths where each of the paths contains three instances of the
 391 operators $2I_{x1}I_{y2}$, $2I_{y1}I_{x2}$. For example, the path $I_{z1} \xrightarrow{\pi_x} 2I_{y1}I_{x2} \xrightarrow{del_1} 2I_{y1}I_{x2} \xrightarrow{\pi_y} 2I_{y1}I_{x2} \xrightarrow{del_2} I_{z2}$ has -
 392 0.0393 amplitude, whereas the path $I_{z1} \xrightarrow{\pi_x} 2I_{x1}I_{y2} \xrightarrow{del_1} 2I_{x1}I_{y2} \xrightarrow{\pi_y} 2I_{x1}I_{y2} \xrightarrow{del_2} I_{z2}$ has 0.0197 amplitude.
 393 The total amplitude of this group is -0.0191567.

394 The total amplitude of all four groups at the time point $2T_R$ is 0.097, which is the same as for *IS*
 395 spin system.

396 Considering the paths of the I_2 spin system during $2T_R$ of time, we found a number of paths where
 397 the signal was transferred directly from I_{z1} to I_{z2} operators and not via $I_{x1}I_{y2}$ and $I_{y1}I_{x2}$ operators. However,
 398 it showed the microscopic amplitude at one time point only. We can calculate the powder amplitude of
 399 these paths, A_{ZZ} , as a function of the mixing time and compare with the total transferred signal from I_{z1} to
 400 I_{z2} . For simplicity of the calculations, we take into account the paths where the jump from the operator I_{z1}
 401 to I_{z2} occurs only once:

$$402 \quad I_{z1} \xrightarrow{\pi_x} \dots I_{z1} \xrightarrow{t_k} I_{z2} \xrightarrow{t_{k+1}} \dots \xrightarrow{t_N} I_{z2},$$

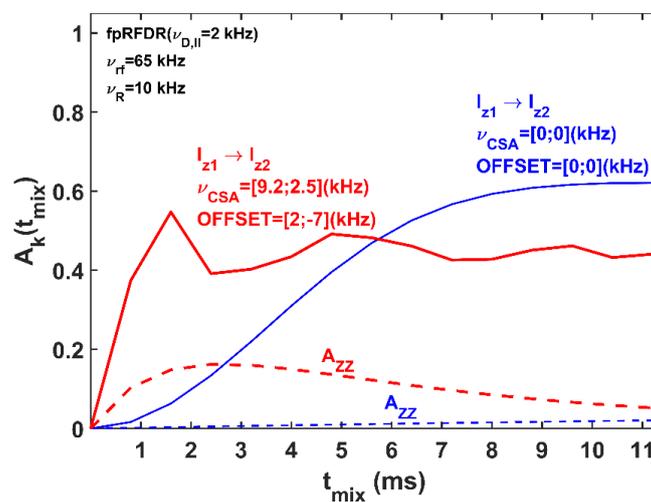
403 or the paths which contain three jumps between these two operators:

$$404 \quad I_{z1} \xrightarrow{\pi_x} \dots I_{z1} \xrightarrow{t_k} I_{z2} \xrightarrow{t_{k+1}} \dots I_{z2} \xrightarrow{t_{k+l}} I_{z1} \xrightarrow{t_{k+l+1}} \dots \xrightarrow{t_{k+m}} I_{z2} \xrightarrow{t_{k+m+1}} \dots \xrightarrow{t_N} I_{z2}.$$

405 In Fig. 9 we compare the total transferred signal (solid lines) with the direct transferred signal (dashed
 406 lines).



407 Under on resonance condition (Fig. 9, blue lines), the contribution of the direct transferred signal
408 to the total is very small (A_{zz} , blue dashed line) and reaches $\sim 2\%$ of the starting signal. Addition of offset
409 values (red lines) increases the contribution of this transfer (red dashed line) to the total signal (red solid
410 line), where it reaches $\sim 16\%$ of the starting signal. However, as can be seen the major transfer of the
411 signal from I_{z1} to I_{z2} occurs via $I_{x1}I_{y2}$ and $I_{y1}I_{x2}$ operators for both cases.

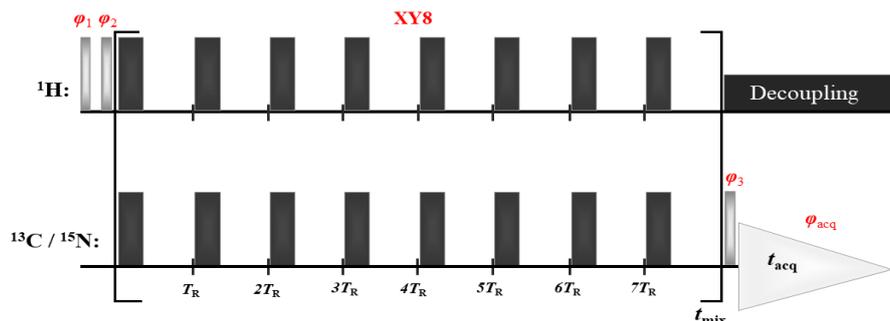


412

413 **Fig. 9** The simulated total (solid lines) and the direct (dashed lines) transferred signals from operator I_{z1} to I_{z2} as a function of the
414 mixing time. $\nu_{D,IS} = 15$ kHz, 10 kHz of MAS and 65 kHz of rf-field. Blue lines: Offset values in kHz: 0, 0; CSA values in kHz:
415 0, 0. Red lines: Offset values in kHz: 2, -7; CSA values in kHz: 9.2, 2.5. The XY8 phase cycling was used.

416 Experiments

417 Fig. 10 shows a 1D heteronuclear fp-RFDR sequence. The sequence consists of two $\pi/2$ -pulses on the ^1H
418 channel, fp-RFDR block, $\pi/2$ -pulse on the $^{13}\text{C}/^{15}\text{N}$ channel and detection with proton decoupling.

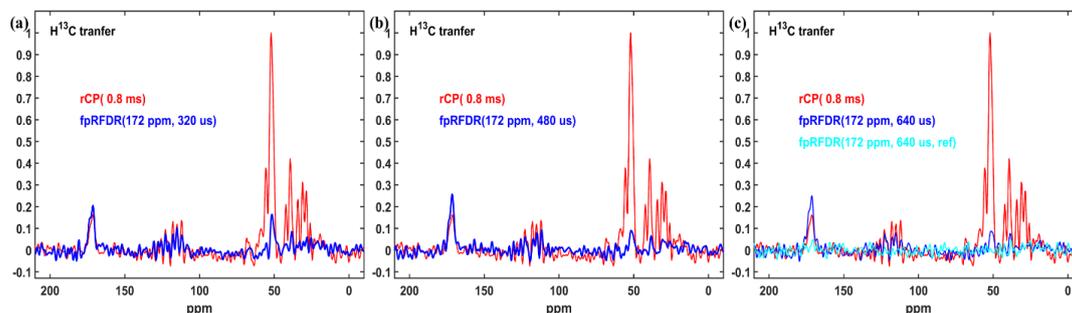


419

420 **Fig. 10** 1D fp-RFDR pulse sequence. The sequence consists of two $\pi/2$ -pulses on the ^1H channel, fp-RFDR block (a train of π -
 421 pulses every one rotor period on both channels), $\pi/2$ -pulse on the $^{13}\text{C}/^{15}\text{N}$ channel and detection with proton decoupling. The
 422 phases of the $\pi/2$ -pulses are $\varphi_1 = x$; $\varphi_2 = -x, x$; $\varphi_3 = x, x, -x, -x$. $\varphi_{acq} = x, -x, -x, x$. π -pulses on the both channels
 423 follow the XY8 scheme (Terry Gullion, Baker, and Conradi 1990). During acquisition, SW_r-TPPM decoupling is applied on the
 424 proton channel to narrow the detected resonances (Thakur, Kurur, and Madhu 2006).

425 Figs. 11, 12, 13 show 1D $^1\text{H}\{-^{13}\text{C}\}$ fpRFDR spectra recorded with different values of the mixing
 426 time (thick blue lines), when the carbon reference frequency was set to 172 ppm, 120 ppm and 40 ppm,
 427 respectively. Red lines represent $^1\text{H}\{-^{13}\text{C}\}$ cross polarization (CP) spectrum at 0.8 ms of mixing time.

428 When the carbon reference frequency is set to 172 ppm (Fig. 11), the proton magnetization is
 429 mostly transferred to the carbonyl/carboxyl and alkene/aromatic groups. Under such conditions, the
 430 carbonyl/carboxyl signal is increased with increasing mixing time, whereas the fp-RFDR signals of the
 431 other groups are decreased. The cyan spectrum in Fig. 12c represents the control experiment – π -pulses
 432 were not applied on the ^1H channel during fp-RFDR and therefore zero transferred signal was measured.

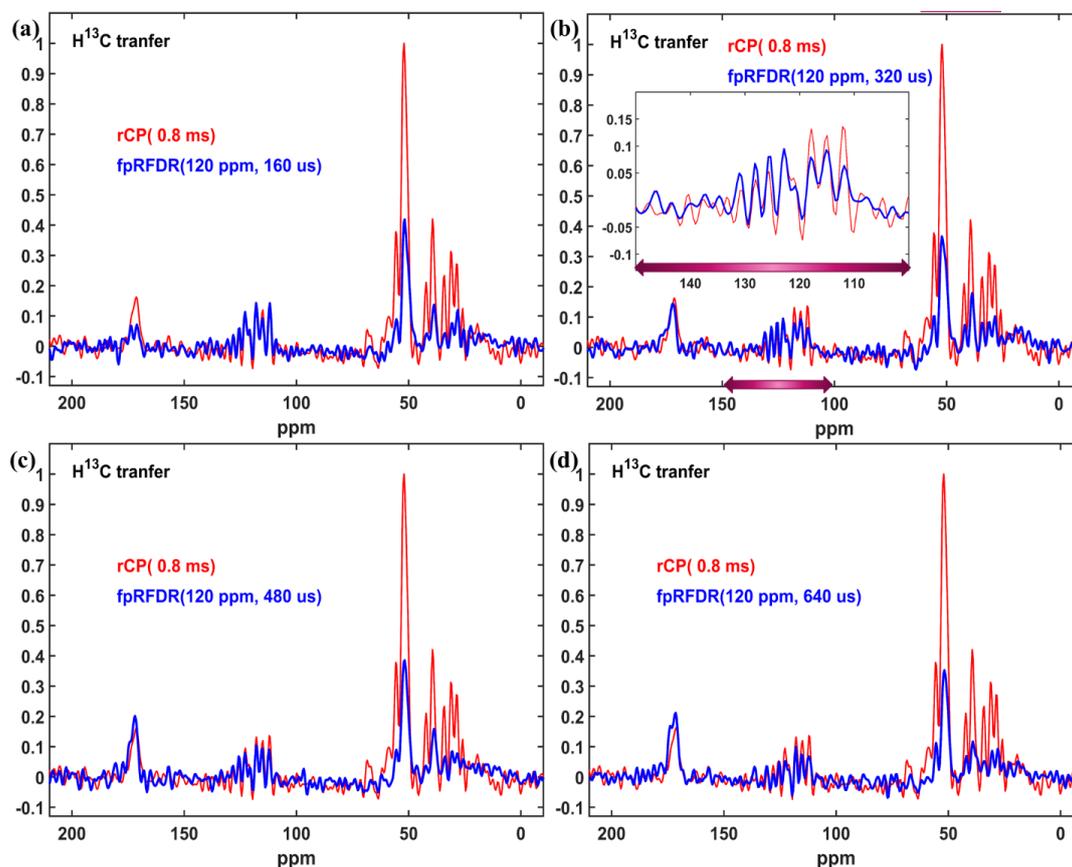


433



434 **Fig. 11** 1D 1D $^1\text{H}\{-^{13}\text{C}\}$ ramped CP (rCP) spectrum (red line, 0.8 ms of the mixing time) and fp-RFDR spectra under different
435 values of the mixing time: 320 us (a), 480 us (b) and 640 us (c). The cyan spectrum in (c) represents fp-RFDR experiment, when
436 π -pulses were not applied on the ^1H channel. The Carbon reference frequency was set up on 172 ppm. 100 kHz MAS was used.
437 The experimental parameters are shown in Table 3.

438 When the carbon reference frequency is set to 120 ppm (Fig. 12), the proton magnetization is
439 also mostly transferred to the carbonyl/carboxyl and alkene/aromatic groups. At 320 us of transfer time,
440 we observe an asymmetry in the excitation of the alkene/aromatic carbons – the fpRFDR peaks between
441 120 and 110 ppm have smaller intensities compared to CP excitation, whereas the fp-RFDR peaks
442 between between 135 and 125 ppm have larger intensities (Fig. 12b, inset). In general, the transfer is
443 competitive with CP for the aromatic region.

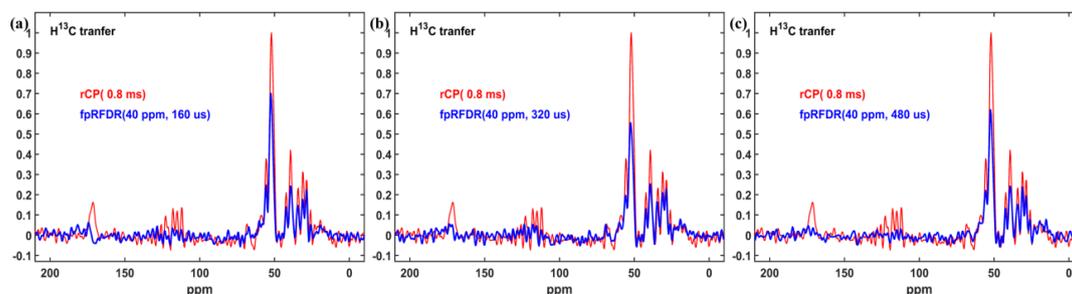


444



445 **Fig. 12** ^{13}C fpRFDR spectra recorded at different mixing times of 160 μs (a), 320 μs (b), 480 μs (c) and 640 μs (d) compared with
446 0.8 ms CP. The carbon reference frequency was set to 120 ppm. The expansion in (b) shows aromatic signals between 150 and
447 100 ppm. 100 kHz of MAS was used. The experimental parameters are shown in Table 3.

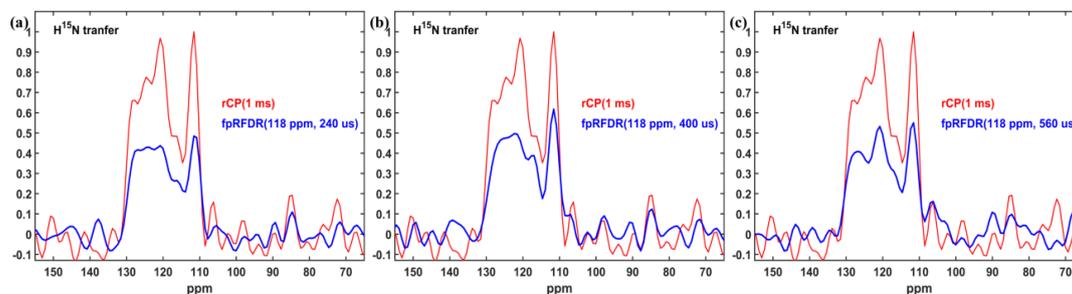
448 When the carbon reference frequency is set up on the 40 ppm (Fig. 13), the proton magnetization
449 is mostly transferred to the aliphatic groups. Short mixing times result in optimal transfer.



450

451 **Fig. 13** ^{13}C fpRFDR spectra recorded at different mixing times: 160 μs (a), 320 μs (b) and 480 μs (c) compared with 0.8 ms CP.
452 The carbon reference frequency was set to 40 ppm. 100 kHz of MAS was used. The experimental parameters are shown in
453 Table 3.

454 Fig. 14 shows 1D $^1\text{H}\{-^{15}\text{N}\}$ fp-RFDR spectra at different mixing times (thick blue lines), when
455 the nitrogen reference frequency was set to 118 ppm. Red lines show a 1 ms $^1\text{H}\{-^{15}\text{N}\}$ CP spectrum.
456 Optimal transfer occurs at around 400 microseconds.



457

458 **Fig. 14** ^{15}N fp-RFDR spectra at different mixing times: 240 μs (a), 400 μs (b) and 560 μs (c) compared with 1 ms CP. The
459 nitrogen reference frequency was set to 118 ppm. 100 kHz of MAS was used. The experimental parameters are shown in Table 4.

460 **Conclusion**



461 The first RFDR experiment via a longitudinal exchange was demonstrated in 1992 by Bennet et
462 all(A. E. Bennett et al. 1992). It has since become one of the routine MAS solid-state NMR mixing
463 sequences. Using average Hamiltonian theory, the theoretical and the simulated descriptions of this
464 sequence were demonstrated in many articles(A. E. Bennett et al. 1992; Ishii 2001; Nishiyama, Zhang,
465 and Ramamoorthy 2014; R. Zhang et al. 2015; Brinkmann, Schmedt auf der Günne, and Levitt 2002; Ji et
466 al. 2020). In those theoretical descriptions the width of the duty factor was considered as a main source of
467 the fp-RFDR transferred signal, whereas a role of the phase cycling was discussed in the context of a
468 reduction in deleterious effects of resonance offsets and pulse errors(A. E. Bennett et al. 1992; Ishii
469 2001). Through AHT, the evolution of the spin system under RFDR has been previously calculated at
470 specific time points.

471 In this article we showed a numerical investigation of the fpRFDR sequence. Using a three spin
472 system, we showed that depending on the conditions the total dipolar Hamiltonian could be replaced by
473 two different simplified model Hamiltonians, which described the same evolution of the spin system at
474 specific time points as a total dipolar Hamiltonian. For the first case, small differences between offset
475 values compared with the MAS rate, a good model Hamiltonian was the secular part only, $I_{zz}I_{zs}$ (Eq. 2.2a).
476 For the second case of larger offsets, the flip-flop Hamiltonian (Eq. 2.2c) could be considered as a model
477 Hamiltonian. The conclusion for the first case indicated the possibility for a heteronuclear fp-RFDR
478 transfer. Heteronuclear fp-RFDR was demonstrated experimentally for both proton-carbon and proton-
479 nitrogen transfer. While the transfer efficiency was not as high as for ramped CP, a comparable transfer
480 efficiency was observed for aromatic signals. Since heteronuclear RFDR simultaneously recouples
481 homonuclear dipolar interactions, it may still be useful where longer relayed transfers are desired.

482 Using two model spin systems we investigated the macroscopic amplitudes of the heteronuclear
483 and homonuclear operators and showed that for small offset differences the evolution of the homonuclear
484 and heteronuclear spin systems could be described with the same set of the operators with the same
485 amplitudes, if one looks only at the end of two rotor periods. However, the evolutions of the homonuclear



486 and heteronuclear operators were completely different, when their amplitudes were simulated within the 2
487 rotor period block.

488 We demonstrated with simulations and provided the theoretical proof that XY phase cycling of π -
489 pulses has a crucial role in the transfer of the homonuclear and heteronuclear fp-RFDR signals. With
490 phase cycling of XX or $X\bar{X}$ the fpRFDR transfer does not occur, except for cases when the offset
491 differences are comparable with the MAS rate.

492 We considered the paths and the operators, which were involved in transfer of the signal during
493 the first two rotor periods. For the heteronuclear spin system we found only one path with nonzero
494 amplitude, whereas for the homonuclear spin system the signal was transferred via 64 paths with nonzero
495 amplitudes. However, by the end of two rotor periods the amplitudes of the homonuclear operators
496 coincided with the amplitudes of the heteronuclear operators.

497 **Experimental methods**

498 *Sample preparation:* 100% back bone protonated Transamination (α -PET SH3) was prepared by Movellan
499 with the protocol described in Ref. [(Movellan et al. 2019)].

500 *Simulations:* RFDR simulations were performed with in-house MATLAB scripts using numerical solution
501 of the experiment. The description of the simulations can be found in the ‘Theory’ section of this article.

502 *Solid state NMR spectroscopy:* ramped CP and fp-RFDR $H\{^{13}C\} / H\{^{15}N\}$ experiments were performed at
503 a 22.3 T (950 MHz) Bruker Avance III spectrometer using a Bruker 0.7 mm 1H - ^{13}C - 2D - ^{15}N probe. In all
504 experiments 100 kHz of MAS was used and the temperature was set to 260 K. 18.5 kHz SW_{F1} -TPPM (Thakur,
505 Kurur, and Madhu 2006) with 25 μs pulses was used during the acquisition. Tables 3 and 4 summarize the
506 applied experimental parameters.

507 **Table 3 Summary** of the experimental parameters used in the rCP (the start and the end values are shown) and fpRFDR $H\{^{13}C\}$
508 experiments.



	CP	fpRFDR
¹ H (kHz)	120-141	50.2
¹³ C (kHz)	28.4	47
transfer time	0.8 ms	160, 320, 480 μs
NS	1200	1200
D1 (s)	2	2
AQ (s)	0.02048	0.02048
SW (Hz)	100000	100000

509 NS – number of scans; D1 – a recycle delay; AQ – the acquisition time; SW – the spectral width.

510 **Table 4 Summary** of the experimental parameters used in the rCP (the start and the end values are shown) and fpRFDR H{¹⁵N}
511 experiments.

	rCP	fpRFDR
¹ H (kHz)	118-139	50.2
¹⁵ N (kHz)	30.2	49.31
transfer time	1 ms	240, 400, 560 μs
NS	2000	2000
D1 (s)	10	10
AQ (s)	0.0135168	0.0135168
SW (Hz)	75757.58	75757.58

512 NS – Number Scans; D1 – a recycle delay; AQ – the acquisition time; SW – the spectral width.

513 **Author Contributions**

514 EN designed the project, performed the simulations, the experiments and wrote the article. KX took a part
515 in the experiments and in the edition of the article. KTM prepared α-PET SH3 sample and packed it. LA
516 contributed to the simulated and the experimental parts and edited the article.

517 **Competing Interests**

518 The authors declare that they have no conflict of interest.

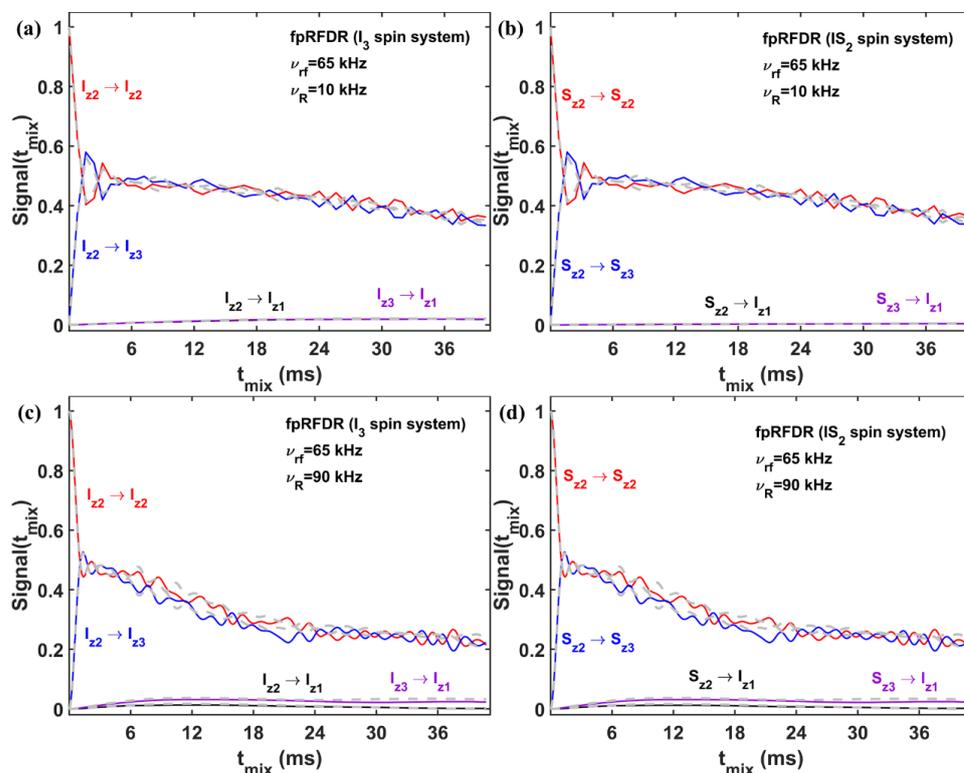
519 **Acknowledgments**

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521 Forschungsgemeinschaft (Emmy Noether program Grant AN1316/1- 1)

522 **Appendix A**



523 Fig. A1 shows the fpRFDR signals of the I_3 (Fig. A1a and c) and IS_2 (Fig. A1b and d) spin systems
 524 obtaining with MATLAB simulations (solid lines) and SIMPSON simulations (grey dashed lines).
 525 MATLAB and SIMPSON simulated curves provide the same behavior of the starting and transferred
 526 signals under different experimental conditions: 10 kHz (Fig. A1a and b) and 90 kHz (Fig. A1c and d) of
 527 MAS rates. IS_2 spin system contains the heteronuclear and homonuclear dipolar interactions, whereas I_3
 528 spin system contains homonuclear dipolar interactions only. Under slow MAS rate of 10 kHz we detect
 529 low transferred signals between weakly bounded spins – I_{z2} and I_{z1} (black line) and I_{z3} and I_{z1} (purple line)
 530 for I_3 spin system (Fig. A1a) and much weaker signals for IS_2 spin system - S_{z2} and I_{z1} (black line) and S_{z3}
 531 and I_{z1} (purple line), Fig. A1b. However, under 90 kHz of MAS rate, the simulations provides the same
 532 results for I_3 (Fig. A1c) and IS_2 (Fig. A1d) spin systems.



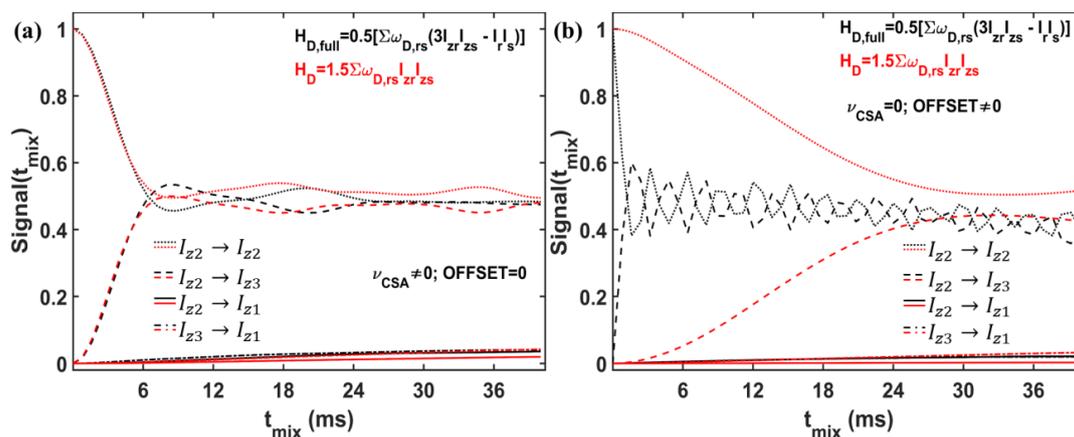
533

534 **Fig. A1** Simulated I_3 (a, c) and IS_2 (b, d) spin systems under 10 kHz (a, b) and 90 kHz (c, d) of MAS with 65 kHz of rf-field,
 535 dipolar values of $\nu_{12} = 66$ Hz, $\nu_{13} = 150$ Hz, $\nu_{23} = 2.15$ kHz, the offset values of $\Omega_1 = -8$ kHz, $\Omega_2 = 9$ kHz, $\Omega_3 = -7$ kHz



536 and CSA values of $\nu_{CSA,1} = 9.2$ Hz, $f \nu_{CSA,2} = 2.5$ Hz, $f \nu_{CSA,3} = 8$ kHz. The solid lines represent fp-RFDR starting and
 537 transferred signals obtaining with MATLAB simulations, whereas the dashed signals were obtained with SIMPSON simulations.
 538 (a), (c): $I_{z2} \rightarrow I_{z2}$ (red lines); $I_{z2} \rightarrow I_{z3}$ (blue lines); $I_{z2} \rightarrow I_{z1}$ (black lines); $I_{z3} \rightarrow I_{z1}$ (purple lines). (b), (d): $S_{z2} \rightarrow S_{z2}$ (red
 539 lines); $S_{z2} \rightarrow S_{z3}$ (blue lines); $S_{z2} \rightarrow I_{z1}$ (black lines); $S_{z3} \rightarrow I_{z1}$ (purple lines). The values of the dipolar interactions and 10 kHz
 540 of MAS was taken from Ref. [(Bayro et al. 2009)]. XY8 phase cycling was used.

541 Fig A2 compares the starting and transferred signals obtained with the full dipolar Hamiltonian (Eq. 2.1)
 542 or simulating with the secular dipolar Hamiltonian (Eq. 2.2a), when CSA values (Fig. A2a) or offset
 543 values (Fig. A2b) are added to the simulations. The CSA values themselves (Fig. A2a) have very small
 544 influence on the evolution of the spin system and therefore the secular dipolar Hamiltonian (red lines)
 545 provides the same evolution of the spin system as the full dipolar Hamiltonian (black lines). The main
 546 influence comes from offset values as shown in Fig. A2b. Under these conditions, the red and black lines
 547 do not coincide.



548
 549 **Fig. A2** Simulated I_3 spin system under 10 kHz of MAS and 65 kHz of rf-field, dipolar coupling values of $\nu_{12} = 66$ Hz, $\nu_{13} =$
 550 150 Hz, $\nu_{23} = 2.15$ kHz. Axis Y shows the intensities of the starting and transferred signals between different operators: $I_{z2} \rightarrow$
 551 I_{z2} (the dotted lines); $I_{z2} \rightarrow I_{z3}$ (the dashed lines); $I_{z2} \rightarrow I_{z1}$ (the solid lines); $I_{z3} \rightarrow I_{z1}$ (the dashed-dotted lines). The black lines
 552 represent the signals, simulating with the full dipolar Hamiltonian (Eq. 2.1) with zero values of offset and CSA. The red lines
 553 represent the signals, simulating with the secular model Hamiltonian (Eq. 2.2a). (a) Offset values: 0; CSA values: $\nu_{CSA,1} =$
 554 9.2 Hz, $f \nu_{CSA,2} = 2.5$ Hz, $f \nu_{CSA,3} = 8$ kHz. (b) $\Omega_1 = -8$ kHz, $\Omega_2 = 9$ kHz, $\Omega_3 = -7$ kHz; CSA values: 0.



555 **Appendix B**

556 For the theoretical proof of zero fpRFDR signal at specific time points when XX phase cycling is used,
 557 we can consider the transfer of the signal from spin I_1 to spin I_2 at the end of one rotor period. The
 558 measured operator at this time is described with the Eqn.:

$$\langle I_{z2} \rangle(T_R) = Tr\{I_{z2}U(T_R)I_{z1}U^{-1}(T_R)\}. \quad (B1)$$

559 For simplicity, we take into account the dipolar interaction + rf-field during π -pulse and the dipolar
 560 interaction only during the delay. In that case the unitary operator, $U(T_R)$ is written as follow:

$$U(T_R) = U_2U_1: \quad \begin{aligned} U_2 &= \hat{T} \exp\left\{\int_{t_p}^{T_R} dt \omega_{D,12}(t)(3I_{z1}I_{z2} - \bar{I}_1\bar{I}_2)\right\} \\ U_1 &= \hat{T} \exp\left\{\int_0^{t_p} dt [\omega_{D,12}(t)(3I_{z1}I_{z2} - \bar{I}_1\bar{I}_2) + \omega_{rf}(I_{x1} + I_{x2})]\right\} \end{aligned} \quad (B2)$$

561 where \hat{T} is a Dyson operator and $\omega_{D,12}(t)$ is a periodic dipolar time dependent function(Olejniczak,
 562 Vega, and Griffin 1984) between spins I_1 and I_2 . Firstly, we can simplify Eq. B2 omitting the scalar
 563 product, $\bar{I}_1\bar{I}_2$, since it communicates with other parts of the Hamiltonian:

$$[\bar{I}_1\bar{I}_2, I_{z1}I_{z2}] = [\bar{I}_1\bar{I}_2, I_{x1} + I_{x2}] = 0, \quad (B3)$$

564 and the dipolar function is periodic – $\int_0^{T_R} dt \omega_{D,12}(t)\bar{I}_1\bar{I}_2 = 0$. Eq. B2 can be written as follow:

$$U(T_R) = U_2U_1: \quad \begin{aligned} U_2 &= \hat{T} \exp\left\{\int_{t_p}^{T_R} dt \omega_{D,12}(t)3I_{z1}I_{z2}\right\} \\ U_1 &= \hat{T} \exp\left\{\int_0^{t_p} dt [\omega_{D,12}(t)3I_{z1}I_{z2} + \omega_{rf}(I_{x1} + I_{x2})]\right\} \end{aligned} \quad (B4)$$

565 The next step is the rotation of the all operators by 90° around axis -y:

$$I_{z1}, I_{z2}, I_{z1}I_{z2}, (I_{x1} + I_{x2}) \xrightarrow{90-y} -I_{x1}, -I_{x2}, I_{x1}I_{x2}, (I_{z1} + I_{z2}). \quad (B5)$$

566 Substituting Eq. B5 into Eqs. B1 and B4, the modified Eq. B1 is:

$$\langle I_{z2} \rangle(T_R) = Tr\{I_{x2}U(T_R)I_{x1}U^{-1}(T_R)\}, \quad (B6)$$

567 whereas the modified Eq. B4 is:



$$U(T_R) = U_2 U_1: \quad \begin{aligned} U_2 &= \hat{T} \exp \left\{ \int_{t_p}^{T_R} dt \omega_{D,12}(t) 3I_{x1} I_{x2} \right\} \\ U_1 &= \hat{T} \exp \left\{ \int_0^{t_p} dt \left[\omega_{D,12}(t) 3I_{x1} I_{x2} + \omega_{rf}(I_{z1} + I_{z2}) \right] \right\} \end{aligned} \quad (B7)$$

568 The operators in Eqs. B6 and B7 can be rewritten with fictitious spin 1/2 operator formalism (Vega 1978):

$$\begin{aligned} 2I_{x1} I_{x2} &= I_x^{(1,4)} + I_x^{(2,3)}, \\ (I_{z1} + I_{z2}) &= 2I_z^{(1,4)}. \end{aligned} \quad (B8)$$

569 Therefore, Eqs. B6 and B7 can be written as follow:

$$\langle I_{z2} \rangle(T_R) = \text{Tr} \{ I_{x2} U(T_R) I_{x1} U^{-1}(T_R) \}, \quad (B9)$$

$$U(T_R) = U_2 U_1: \quad \begin{aligned} U_2 &= \hat{T} \exp \left\{ \int_{t_p}^{T_R} dt \omega_{D,12}(t) 3 \left(I_x^{(1,4)} + I_x^{(2,3)} \right) \right\} \\ U_1 &= \hat{T} \exp \left\{ \int_0^{t_p} dt \left[\omega_{D,12}(t) 3 \left(I_x^{(1,4)} + I_x^{(2,3)} \right) + \omega_{rf} 2I_z^{(1,4)} \right] \right\} \end{aligned} \quad (B10)$$

570 Since the operator $I_x^{(2,3)}$ commutes with other operators and the dipolar function is periodic –

571 $\int_0^{T_R} dt \omega_{D,12}(t) I_x^{(2,3)} = 0$ – the Eqs. B9 and B10 can be rewritten as:

$$\langle I_{z2} \rangle(T_R) = \text{Tr} \left\{ I_{x2} U^{(1,4)}(T_R) I_{x1} \left(U^{(1,4)} \right)^{-1}(T_R) \right\}, \quad (B9)$$

$$U^{(1,4)}(T_R) = U_2^{(1,4)} U_1^{(1,4)}: \quad \begin{aligned} U_2^{(1,4)} &= \hat{T} \exp \left\{ \int_{t_p}^{T_R} dt \omega_{D,12}(t) 3I_x^{(1,4)} \right\} \\ U_1^{(1,4)} &= \hat{T} \exp \left\{ \int_0^{t_p} dt \left[\omega_{D,12}(t) 3I_x^{(1,4)} + \omega_{rf} 2I_z^{(1,4)} \right] \right\} \end{aligned} \quad (B10)$$

572 On the basis of the fictitious spin 1/2 operator formalism (Vega 1978), the next properties are always

573 performed:

$$\begin{aligned} 2I_{xj} I_x^{(1,4)} 2I_{xj} &= I_x^{(2,3)}, \\ 2I_{xj} I_z^{(1,4)} 2I_{xj} &= -I_z^{(2,3)}, \quad j = 1, 2. \end{aligned} \quad (B11)$$

574 On the basis of these properties Eqs. B9 and B10 are:

$$\langle I_{z2} \rangle(T_R) = \text{Tr} \left\{ I_{x2} I_{x1} \check{U}^{(2,3)}(T_R) \left(U^{(1,4)} \right)^{-1}(T_R) \right\}, \quad (B12)$$

$$\check{U}^{(2,3)}(T_R) = \check{U}_2^{(2,3)} \check{U}_1^{(2,3)}: \quad \begin{aligned} \check{U}_2^{(2,3)} &= \hat{T} \exp \left\{ \int_{t_p}^{T_R} dt \omega_{D,12}(t) 3I_x^{(2,3)} \right\} \\ \check{U}_1^{(2,3)} &= \hat{T} \exp \left\{ \int_0^{t_p} dt \left[\omega_{D,12}(t) 3I_x^{(2,3)} - \omega_{rf} 2I_z^{(2,3)} \right] \right\} \end{aligned} \quad (B13)$$

575 On the basis of Eq. B8 the product of $I_{x2} I_{x1}$ can be rewritten and therefore Eq. B12 is:



$$\begin{aligned}\langle I_{zz} \rangle (T_R) &= 0.5Tr \left\{ \left(I_x^{(1,4)} + I_x^{(2,3)} \right) \check{U}^{(2,3)}(T_R) (U^{(1,4)})^{-1}(T_R) \right\} = \\ &= 0.5Tr \left\{ I_x^{(2,3)} \check{U}^{(2,3)}(T_R) \right\} + 0.5Tr \left\{ I_x^{(1,4)} (U^{(1,4)})^{-1}(T_R) \right\}.\end{aligned}\quad (B14)$$

576 The next step will be usage of the mentioned properties of fictitious spin 1/2 operator formalism (Eq. B11):

$$\langle I_{zz} \rangle (T_R) = 0.5Tr \left\{ I_x^{(2,3)} \check{U}^{(2,3)}(T_R) \right\} + 0.5Tr \left\{ I_x^{(2,3)} (\check{U}^{(2,3)})^{-1}(T_R) \right\}.\quad (B15)$$

577 The last step will be the usage the next property:

$$\begin{aligned}-2I_y^{(2,3)} I_x^{(2,3)} 2I_y^{(2,3)} &= I_x^{(2,3)}, \\ -2I_y^{(2,3)} I_z^{(2,3)} 2I_y^{(2,3)} &= I_z^{(2,3)}.\end{aligned}\quad (B16)$$

578 Substituting Eq. B11 into Eq. B13, then the modified Eq. B13 into Eq. B15 and taking into account that

579 $2I_y^{(2,3)} 2I_y^{(2,3)} = 1^{(2,3)}$, the transferred signal is:

$$\langle I_{zz} \rangle (T_R) = -0.5Tr \left\{ I_x^{(2,3)} (\check{U}^{(2,3)})^{-1}(T_R) \right\} + 0.5Tr \left\{ I_x^{(2,3)} (\check{U}^{(2,3)})^{-1}(T_R) \right\} = 0.\quad (B17)$$

580 Since the transferred signal is zero at mixing the time of one rotor period, it is always zero at integer

581 multiples of rotor periods.

582

583

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