



Revisiting paramagnetic relaxation enhancements in slowly rotating systems: how long is the long range?

Giovanni Bellomo^{1,2,§}, Enrico Ravera^{1,2}, Vito Calderone^{1,2}, Mauro Botta³, Marco Fragai^{1,2}, Giacomo Parigi^{1,2}, Claudio Luchinat^{1,2}

5 ¹Magnetic Resonance Center (CERM) and Department of Chemistry, University of Florence, via Sacconi 6, Sesto Fiorentino, Italy

²Consorzio Interuniversitario Risonanze Magnetiche di Metalloproteine (CIRMMP), Sesto Fiorentino, Italy

³Dipartimento di Scienze e Innovazione Tecnologica, Università del Piemonte Orientale “Amedeo Avogadro”, Viale T. Michel 11, 15121, Alessandria, Italy

10 [§]Present address: Laboratory of Clinical Neurochemistry, Neurology Clinic, University of Perugia, Piazzale Lucio Severi 1/8, 06132 Perugia (PG), Italy

Correspondence to: Claudio Luchinat (luchinat@cerm.unifi.it)

Abstract. Cross relaxation terms in paramagnetic systems that reorient rigidly with slow tumbling times can increase the effective longitudinal relaxation rates of protons of more than one order of magnitude. This is evaluated by simulating the time evolution of the nuclear magnetization using a complete relaxation matrix approach. The calculations show that the Solomon dependence of the relaxation rates on the metal-proton distance (as r^{-6}) can be incorrect for protons farther than 15 Å from the metal, and thus can originate sizable errors in R_1 -derived distance restraints used, for instance, for protein structure determination. Furthermore, the chemical exchange of these protons with bulk water protons can enhance the relaxation rate of the solvent protons by far more than expected from the Solomon equation. Therefore, it may contribute significantly to the water proton relaxation rates measured at MRI magnetic fields in the presence of slow-rotating nanoparticles containing paramagnetic ions and a large number of exchangeable surface protons.

1 Introduction

Paramagnetic relaxation rates are largely applied for macromolecular structure determination, because they provide information on the distance of the macromolecule nuclei from the paramagnetic metal ion, as well as in the field of magnetic resonance imaging (MRI) (Bertini et al., 2017). Image contrast in MRI is in fact largely determined by the different nuclear relaxation rates of the water protons present in the different tissues of the human body (Koenig and Brown III, 1990). However, in many cases the intrinsically low difference among relaxation rates of water protons in different tissues requires the use of contrast agents to highlight the presence of pathological conditions (Aime et al., 2006, 2019; Wahsner et al., 2019). In this study, we explore the possibility to increase the efficacy of a paramagnetic molecule as MRI contrast agent by exploiting cross relaxation effects.



The relaxation rate is defined assuming a monoexponential time-dependence of the magnetization during the recovery of its equilibrium conditions after a perturbation. However, the presence of dipole-dipole coupled nuclear spins can result in magnetization time-dependences which are not monoexponential (Banci and Luchinat, 1998). Furthermore, in the presence of multiple nuclei, the dipole-dipole coupling between the spins can cause exchange of magnetization from one to another, and this effect can propagate diffusively throughout the macromolecule (spin diffusion). This is a well-known, although often overlooked, feature, which can be correctly taken into account by complete relaxation matrix analysis through programs like CORMA (Borgias et al., 1989).

In the presence of unpaired electron(s) (e.g.: radicals or paramagnetic metal complexes), the dominant dipole-dipole interaction for nuclear spins is often that with the spin of the unpaired electron(s), even if the latter is much farther than other neighboring nuclei. In this case, the corresponding paramagnetic relaxation rate constant is described by the Solomon equation (Solomon, 1955), which dictates a dependence of the paramagnetic relaxation rate on the inverse sixth power of the distance of the nuclear spin from the paramagnetic center (r^{-6}). However, the presence of multiple dipole-dipole interactions between nuclei close to one another is expected to considerably increase the nuclear relaxation rate.

We have here modified the program CORMA to calculate i) the longitudinal relaxation rates of protons in molecules with known structure, in the presence of paramagnetic ions, taking into account all cross-relaxation effects, and ii) the longitudinal relaxation rates of the bulk water protons, in the presence of some protons of the molecule in exchange with the bulk (Libralesso et al., 2005; Ravera et al., 2013). This model allowed us to calculate the deviations of the relaxation enhancements with respect to the values predicted by the Solomon equation on the basis of the metal-proton distances, and thus the gain in relaxation rate values due to the network of the dipole-dipole interactions.

2 Complete relaxation matrix analysis

If a macromolecule is dissolved in solution, the longitudinal relaxation rate of the solvent nuclei increases with respect to the value of the pure solvent molecules due to the presence, at the surface of the macromolecule, of solvent molecules in chemical exchange with bulk solvent molecules. The correlation time for the dipole-dipole interactions involving these solvent molecule nuclei is the shortest between the reorientation time of the macromolecule (τ_R) and their lifetime ($\tau_{M,i}$).

Using the CORMA approach (see supplement), the relaxation rates of the solvent molecule nuclei interacting with the macromolecule and of the bulk solvent molecule nuclei can be calculated by including in the relaxation matrix as many extra rows and columns as the number of nuclei belonging to the interacting solvent molecules, and an additional row and column relative to bulk solvent nuclei. Assuming M solvent nuclei interacting with the macromolecule (composed of N nuclei), and

using a “normalized” magnetization for the bulk nuclei, $\mathbf{M}' = \begin{pmatrix} M_z^I \\ \vdots \\ fM_z^B \end{pmatrix} = \begin{pmatrix} M_z^I \\ \vdots \\ \tilde{M}_z^B \end{pmatrix}$, the relaxation matrix becomes (see supplement)



$$\mathbf{R}' = \begin{pmatrix} \rho_1 + k_1 + R_{1M,1} & \sigma_{12} & \dots & \sigma_{1N} & \sigma_{1(N+1)} & \dots & \sigma_{1(N+M)} & -k_1 \\ \sigma_{12} & \rho_2 + k_2 + R_{1M,2} & \dots & \sigma_{2N} & \sigma_{2(N+1)} & \dots & \sigma_{2(N+M)} & -k_2 \\ \vdots & \vdots & \ddots & \vdots & \vdots & \ddots & \vdots & \vdots \\ \sigma_{1N} & \sigma_{2N} & \dots & \rho_N + k_N + R_{1M,N} & \sigma_{N(N+1)} & \dots & \sigma_{N(N+M)} & -k_N \\ \sigma_{1(N+1)} & \sigma_{2(N+1)} & \dots & \sigma_{N(N+1)} & \rho_{N+1} + k_{N+1} + R_{1M,N+1} & \dots & \sigma_{(N+1)(N+M)} & -k_{N+1} \\ \vdots & \vdots & \ddots & \vdots & \vdots & \ddots & \vdots & \vdots \\ \sigma_{1(N+M)} & \sigma_{2(N+M)} & \dots & \sigma_{N(N+M)} & \sigma_{(N+1)(N+M)} & \dots & \rho_{N+M} + k_{N+M} + R_{1M,N+M} & -k_{N+M} \\ -fk_1 & -fk_2 & \dots & -fk_N & -fk_{N+1} & \dots & -fk_{N+M} & \rho_B + f \sum_i k_i \end{pmatrix} \quad (1)$$

where $k_i = (\tau_{M,i})^{-1}$ are the exchange rate constants, f is the ratio between the macromolecular concentration and the solvent molecule nuclei concentration, and ρ_B is the relaxation rate of bulk solvent nuclei in the absence of the macromolecule. In order to consider the contribution to relaxation caused by a paramagnetic metal ion present in the macromolecule, the terms $R_{1M,i}$ appear in the diagonal elements of the relaxation matrix. They correspond to the Solomon relaxation rates

$$R_{1M,i} = \frac{2}{15} \left(\frac{\mu_0}{4\pi} \right)^2 \frac{\gamma_I^2 g_e^2 \mu_B^2 S(S+1)}{r_{iM}^6} \left[\frac{7\tau_{ci}}{1+\omega_S^2 \tau_{ci}^2} + \frac{3\tau_{ci}}{1+4\omega_I^2 \tau_{ci}^2} \right] \quad (2)$$

where S is the electron spin quantum number, $\omega_S^2 = g_e^2 \mu_B^2 B_0^2$ and $\omega_I^2 = \gamma_I^2 B_0^2$ and the correlation time is given by $\tau_{ci}^{-1} = \tau_R^{-1} + \tau_e^{-1} + \tau_{M_i}^{-1}$. The relaxation matrix in Eq. 1 is not symmetric. However, we can define a symmetric matrix $\mathbf{R}_s = \mathbf{F}^{-1} \cdot \mathbf{R}' \cdot \mathbf{F}$, where

$$\mathbf{F} = \begin{pmatrix} 1 & 0 & \dots & 0 \\ 0 & 1 & \dots & 0 \\ \vdots & \vdots & \ddots & \vdots \\ 0 & 0 & \dots & \sqrt{f} \end{pmatrix} \quad (3)$$

If λ_s is the diagonal matrix of the eigenvalues and χ_s is the unitary eigenvector matrix of \mathbf{R}_s , the time evolution of the longitudinal magnetization is

$$\mathbf{M}'(t) - \mathbf{M}'_{\text{eq}} = \mathbf{F} \cdot \chi_s \cdot \exp(-\lambda_s t) \cdot \chi_s^{-1} \cdot \mathbf{F}^{-1} \cdot (\mathbf{M}'(0) - \mathbf{M}'_{\text{eq}}) \quad (4)$$

3 Results and discussion

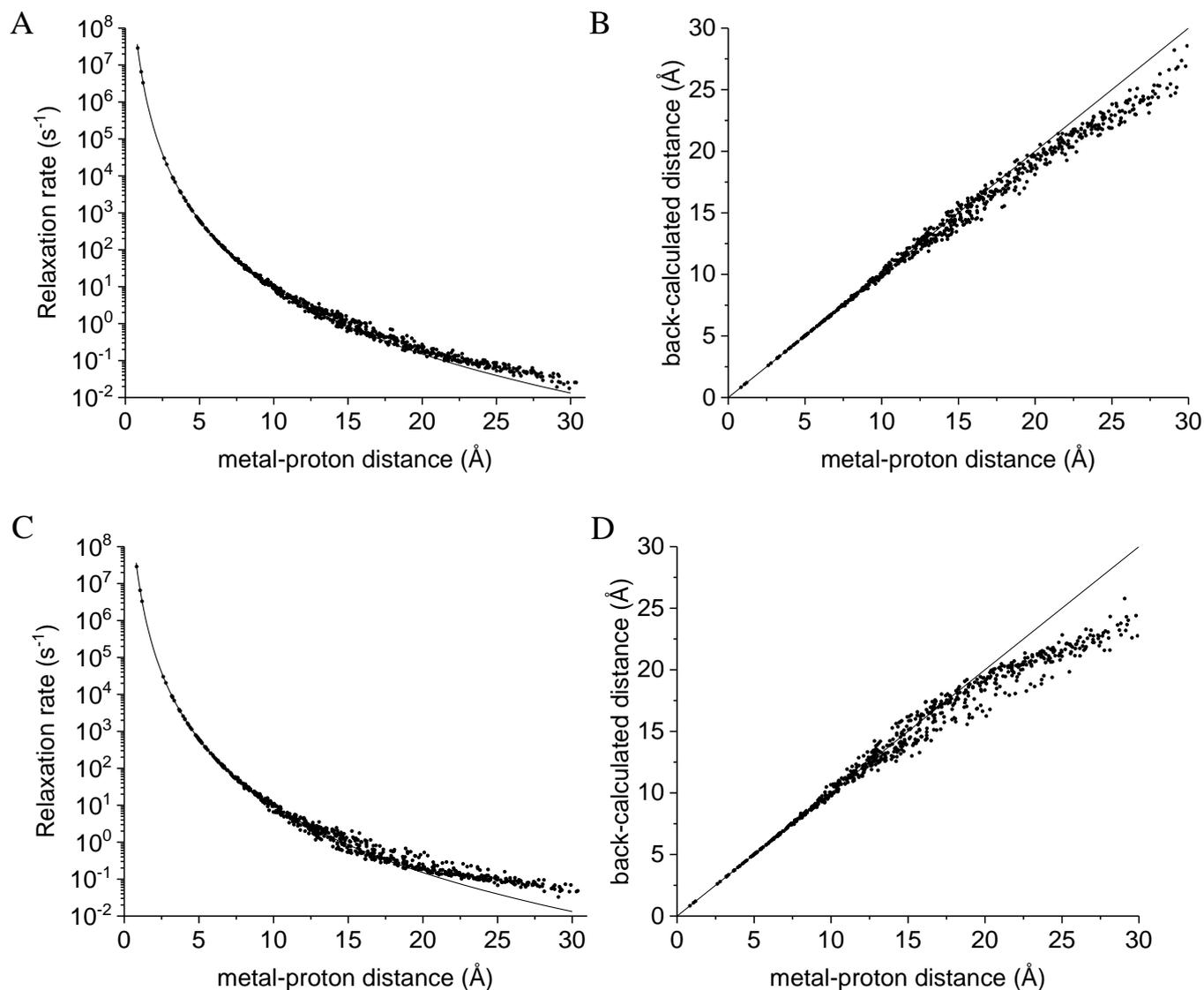
The relaxation rates of all protons belonging to a macromolecule containing a paramagnetic metal ion can be calculated using a modified version of the program CORMA (Borgias et al., 1989). In summary, after diagonalization of the relaxation matrix in Eq. 1, the time dependence of the longitudinal magnetization of all macromolecule protons as well as of bulk water protons can be calculated from Eq. 4 (with all elements of the vector \mathbf{M}'_{eq} equal to 1), with all elements of the vector $\mathbf{M}'(0)$, describing the initial longitudinal magnetizations, equal to the same value (-1 or 0 to simulate an inversion recovery or a 90° pulse, respectively), assuming that a non-selective radiofrequency pulse is applied.



85 3.1 Paramagnetic relaxation rates in high field NMR spectroscopy

We first checked whether cross relaxation effects can cause sizable deviations of the nuclear relaxation rates from the expected r^{-6} dependence predicted by the Solomon equation in paramagnetic proteins at high magnetic field. Since the experimental rates are used to back calculate, through the Solomon equation, the nucleus-metal distances to be employed as restraints for molecular structure determination, this would result in incorrect structural restraints.

- 90 A deviation between the correct metal-proton distances and those determined from the longitudinal relaxation rates was first experimentally observed by Led and coworkers (Ma et al., 2000) at 500 MHz for the protein plastocyanin, a copper(II) protein with a reorientation time of 6.2 ns and an electron relaxation time of 0.17 ns. Figure 1A shows the paramagnetic relaxation enhancement of all plastocyanin protons in these conditions, calculated as the difference between the rates obtained with including the paramagnetic metal and without it. The deviations from the Solomon behavior for many protons
- 95 at distances larger than 15 Å result in metal-proton distances (Fig. 1B) somewhat smaller than the correct ones, in accordance with the experimental data. Analogous behaviors are calculated for the catalytic domain of the protein matrix metalloproteinase 12 (Balayssac et al., 2008; Benda et al., 2016), by replacing the catalytic zinc ion with high spin cobalt(II), copper(II) or gadolinium(III) (Fig. S1), although the electron relaxation rates of the different metals differ of orders of magnitude.
- 100 This analysis represents a warning to the use of distance restraints for the structural refinement of macromolecules, derived from experimental R_1 using the Solomon equation, for protons at distances farther than 15 Å from the paramagnetic metal. On the other hand, these calculations are performed in the assumption of completely rigid molecules (except methyl jumps), which is clearly an unrealistic assumption for biomolecules. Internal mobility may actually reduce the deviations with respect to the Solomon predictions. Fast local mobility is in fact of paramount importance in determining the relaxation rates.
- 105 If methyl protons were fixed, instead of jumping fast between different positions, the deviations from the Solomon behavior for protons at distances larger than 20 Å were in fact significantly larger (see Fig. 1C,D).



110 **Figure 1.** (A) Paramagnetic relaxation rates calculated at 500 MHz for Cu²⁺-plastocyanin protons. The line indicates the rates predicted
with the Solomon equation. (B) Agreement between metal-proton distances as measured in the PDB 2GIM structure and back-calculated
115 from the predicted R_1 . (C-D) The same calculations are performed assuming fixed positions for methyl protons.

3.2 Solvent water proton relaxation enhancement

The enhancement in nuclear relaxation calculated for protons at large distances from the paramagnetic metal can have
115 important consequences also for the relaxation rate of solvent water protons in solutions containing paramagnetic
macromolecules. As a test system, a synthetic model was used mimicking a sphere of hydrogen-bonded water molecules



(arranged as in crystalline ice), with a gadolinium(III) ion in the center. In this model, each proton has another proton at about 1.5 Å, and 8 protons between 2.5 and 3.1 Å, for a total of 844 protons. The electron relaxation of gadolinium is calculated assuming typical values for the electron relaxation parameters, $\Delta_t = 0.030 \text{ cm}^{-1}$ and $\tau_e = 20 \text{ ps}$ (Caravan et al., 1999; Li et al., 2002; Mastarone et al., 2011), which provide electron relaxation times of 4.2 ns at 1 T and 36 ns at 3 T. Figure S2 shows the magnetization recovery curves for protons at different distances from the gadolinium(III) ion after a 90° pulse; the figure shows that for some nuclei there can be a deviation from a monoexponential function of time. The relaxation rates can however be calculated as rate constants of the monoexponential time-dependence of the magnetization. These rates were first evaluated at 1 and 3 T, for reorientation times of 50, 500 and 5000 ns, for all protons within the sphere, in the absence of chemical exchange with bulk water molecules (Fig. 2). Fig. 2 also shows how the relaxation rates of protons relatively far from the metal increase with respect to the rates calculated from the Solomon equation (Eq. 2). This effect is of increasing importance with increasing the reorientation time of the molecule, the magnetic field (from 1 to 3 T), and the electron relaxation time (Fig. S3). In the absence of chemical exchange, the relaxation rate of bulk water protons does not change with respect to the intrinsic water molecule relaxation value, ρ_B , fixed to 0.3 s^{-1} .

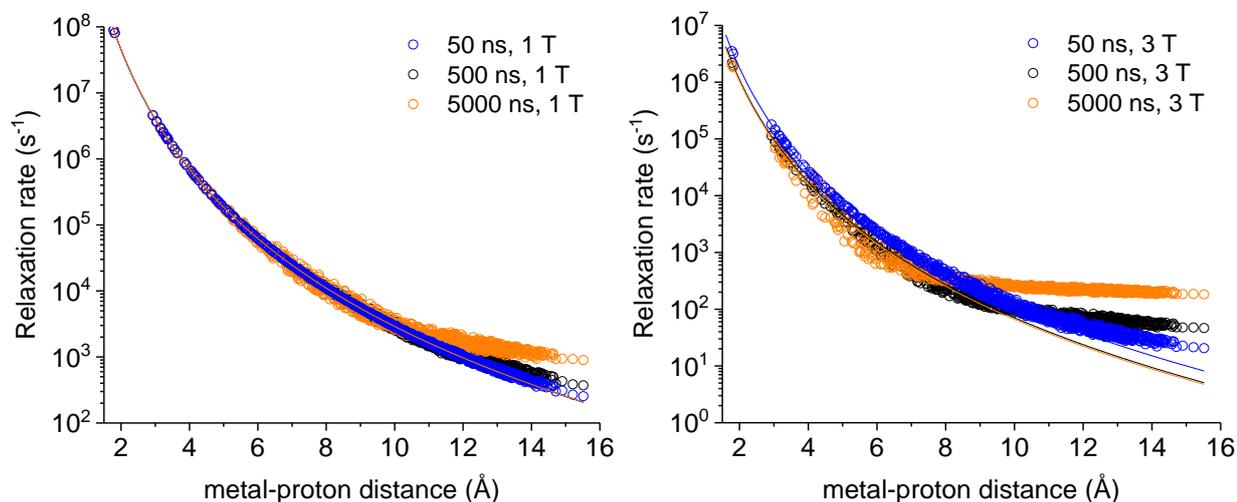


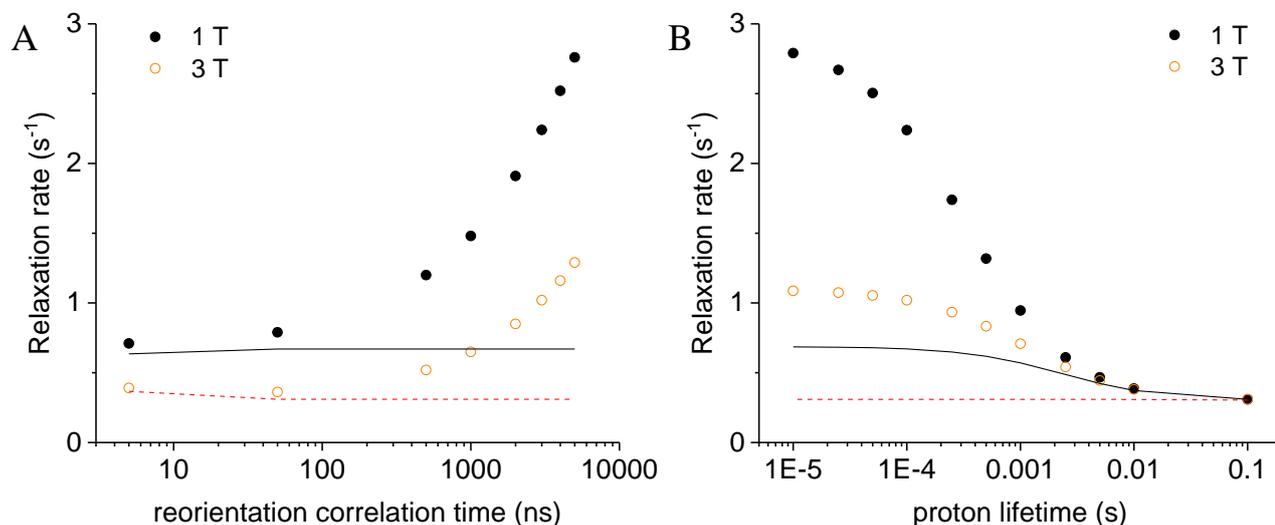
Figure 2. Relaxation rates calculated at 1 T (left panel) and 3 T (right panel) for protons at different distance from a Gd^{3+} ion in the macromolecular model with reorientation time of 50, 500 or 5000 ns. The lines indicate the Solomon relaxation rates calculated for the same reorientation times (colored accordingly).

The effect of this relaxation enhancement on the solvent water proton R_1 was then evaluated in the presence of 100 superficial protons with an exchange rate of 0.1 ms. The molar ratio f between the macromolecular concentration and the solvent water proton concentration is assumed equal to 9×10^{-6} , corresponding to a macromolecular concentration of $0.001 \text{ mol dm}^{-3}$. The presence of these exchangeable protons causes a relaxation enhancement of bulk water protons, shown in Fig.



3A. This enhancement increases with increasing the reorientation time of the macromolecule, and for reorientation times of
140 microseconds or larger it largely exceeds the paramagnetic enhancement calculated with the Solomon equation and 100
protons at the same distance from the gadolinium ion and with the same exchange rate. Of note, for so large reorientation
times (and lack of any internal mobility), the paramagnetic enhancement can almost reach the values achieved at the same
fields by small complexes with a water molecule coordinated to the gadolinium ion and used in MRI (as Gd-DOTA or Gd-
DTPA) (Anelli et al., 2000; Caravan et al., 1999; Fragai et al., 2019).

145 Fig. 3B shows the dependence of the bulk water proton relaxation rate on the exchange rate of the 100 exchangeable surface
protons. Sizable paramagnetic enhancements can be achieved for exchange times shorter than milliseconds; the enhancement
increases with decreasing the exchange time until a value of the order of the macromolecular reorientation time is reached.
The same model was used to evaluate the bulk water proton relaxation enhancement obtained in the presence of
paramagnetic metal ions other than gadolinium. Interestingly, the effect is similar even for $S = 1/2$ ions with, e.g., an electron
150 relaxation time of 4 ns, i.e. of the order of magnitude typical of type 2 copper(II). Indeed, the paramagnetic relaxation
enhancements are about halved at 1 T, but very similar to those calculated for Gd^{3+} at 3 T (see Fig. S4).



155 **Figure 3.** (A) Bulk water proton relaxation rates calculated at 1 and 3 T as a function of the reorientation time of the Gd^{3+} -containing
macromolecular model (at $0.001 \text{ mol dm}^{-3}$ concentration), with 100 surface protons with exchange rate of 0.1 ms. (B) Bulk water proton
relaxation rates calculated at 1 and 3 T as a function of the exchange rate of 100 surface protons in the macromolecular model with
reorientation time of 3000 ns. The bulk water proton relaxation rates calculated with the Solomon equation at 1 and 3 T are shown as solid
and dashed lines, respectively. In all calculations, an intrinsic diamagnetic rate of 0.3 s^{-1} is assumed.



160 In a second synthetic model, a gadolinium(III) ion is placed in the center of a sphere with 6 protons in octahedral geometry
at a distance of 2.5 Å from the metal, each proton having further other 6 protons in octahedral geometry at the same distance,
and so on. The farther protons are at a distance of 20 Å from the metal. Hundred protons on the surface of the sphere are
assumed exchangeable with an exchange rate of 0.1 ms. The relaxation enhancement of bulk water protons again increases
significantly for reorientation times longer than microseconds, exceeding of about a factor 10 the paramagnetic enhancement
165 calculated with the Solomon equation due to the same 100 protons, at the same distance from the gadolinium ion and with
the same exchange rate (Fig. S5).

4 Conclusions

The calculations performed indicate that the magnetization transfer from protons in a polymer matrix to water protons may
provide valuable contributions to the water proton relaxation rates in the presence of a paramagnetic metal ion entrapped
170 within the polymer (Rammohan et al., 2016; Ravera et al., 2020; Rotz et al., 2015). This occurs when a paramagnetic metal
ion is bound to a rigid macromolecule, composed of a network of hydrogen nuclei few Å away from one another, with
microsecond tumbling time, and with hundreds of nuclei in the external layer in relatively fast exchange (tens to hundreds of
microseconds) with bulk water protons. These conditions seem hard to meet experimentally, so that this effect cannot be
easily exploited for increasing the effectiveness and the safety of a MRI contrast agents. Nevertheless, it might prove useful
175 when the paramagnetic ions are entrapped in slow-rotating proton-rich nanoparticles with sponge-like structures, allowing a
large number of exchangeable surface protons, like Gd-based mesoporous silica nanoparticles (Carniato et al., 2018).
Importantly, these calculations also show that assuming a metal-proton distance dependence as r^{-6} for the longitudinal
relaxation rates of protons at more than 15 Å from the metal in a macromolecule can originate sizable errors. This should be
taken into account when R_1 -derived distance restraints are used in structural determination procedures.

180 **Author contribution:** CL conceived the project and CL, GP, ER, MF and MB discussed all theoretical aspects and
simulations. GB and GP developed the model code and GP, GB, ER and VC performed the simulations. GP prepared the
manuscript with contributions from all co-authors.

Competing interests: The authors declare that they have no conflict of interest.

185

Acknowledgments

CL warmly acknowledges the many friendly discussions over the years with the late Jens J. Led. The authors acknowledge
for the financial support the MIUR PRIN 2017A2KEPL and the Fondazione Cassa di Risparmio di Firenze. The work was
carried out within the framework of the COST CA15209 Action.



190 **References**

- Aime, S., Crich, S. G., Gianolio, E., Giovenzana, G. B., Tei, L. and Terreno, E.: High sensitivity lanthanide(III) based probes for MR-medical imaging, *Coordination Chemistry Reviews*, 250(11), 1562–1579, doi:10.1016/j.ccr.2006.03.015, 2006.
- Aime, S., Botta, M., Esteban-Gómez, D. and Platas-Iglesias, C.: Characterisation of magnetic resonance imaging (MRI) contrast agents using NMR relaxometry, *Molecular Physics*, 117(7–8), 898–909, doi:10.1080/00268976.2018.1516898, 195 2019.
- Anelli, P. L., Bertini, I., Fragai, M., Lattuada, L., Luchinat, C. and Parigi, G.: Sulfonamide-Functionalized Gadolinium DTPA Complexes as Possible Contrast Agents for MRI: A Relaxometric Investigation, *European Journal of Inorganic Chemistry*, 2000(4), 625–630, doi:10.1002/(SICI)1099-0682(200004)2000:4<625::AID-EJIC625>3.0.CO;2-2, 2000.
- Balaysac, S., Bertini, I., Bhaumik, A., Lelli, M. and Luchinat, C.: Paramagnetic shifts in solid-state NMR of proteins to elicit structural information., *Proc.Natl.Acad.Sci.USA*, 105, 17284–17289, 2008.
- 200 Banci, L. and Luchinat, C.: Selective versus non-selective T1 experiments to determine metal-nucleus distances in paramagnetic proteins, *Inorganica Chimica Acta*, (275–276), 373–379, 1998.
- Benda, L., Mareš, J., Ravera, E., Parigi, G., Luchinat, C., Kaupp, M. and Vaara, J.: Pseudo-Contact NMR Shifts over the Paramagnetic Metalloprotein CoMMP-12 from First Principles, *Angew. Chem. Int. Ed. Engl.*, 55(47), 14713–14717, 205 doi:10.1002/anie.201608829, 2016.
- Bertini, I., Luchinat, C., Parigi, G. and Ravera, E.: NMR of paramagnetic molecules: applications to metalloproteins and models., 2017.
- Borgias, B., Thomas, P. D. and James, T. L.: *Complete Relaxation Matrix Analysis (CORMA)*., University of California, San Francisco, CA., 1989.
- 210 Caravan, P., Ellison, J. J., McMurry, T. J. and Lauffer, R. B.: Gadolinium(III) chelates as MRI contrast agents: structure, dynamics, and applications, *Chem.Rev.*, 99, 2293–2351, 1999.
- Carniato, F., Tei, L. and Botta, M.: Gd-Based Mesoporous Silica Nanoparticles as MRI Probes, *European Journal of Inorganic Chemistry*, 2018(46), 4936–4954, doi:10.1002/ejic.201801039, 2018.
- Fragai, M., Ravera, E., Tedoldi, F., Luchinat, C. and Parigi, G.: Relaxivity of Gd-Based MRI Contrast Agents in Crosslinked Hyaluronic Acid as a Model for Tissues, *ChemPhysChem*, 20(17), 2204–2209, doi:10.1002/cphc.201900587, 2019.
- 215 Koenig, S. H. and Brown III, R. D.: Field-Cycling Relaxometry of Protein Solutions and Tissue: Implications for MRI, *Progress in Nuclear Magnetic Resonance Spectroscopy*, 22, 487–567, 1990.
- Li, C., Parigi, G., Fragai, M., Luchinat, C. and Meade, T. J.: Mechanistic studies of a calcium-dependent MRI contrast agent, *Inorganic Chemistry*, 41, 4018–4024, 2002.
- 220 Libralesso, E., Nerinovski, K., Parigi, G. and Turano, P.: ¹H nuclear magnetic relaxation dispersion of Cu,Zn superoxide dismutase in the native and guanidinium-induced unfolded forms, *Biochem.Biophys.Res.Commun.*, 328, 633–639, 2005.



- Ma, L., Jorgensen, A. M. M., Sorensen, G. O., Ulstrup, J. and Led, J. J.: Elucidation of the Paramagnetic R1 Relaxation of Heteronuclei and Protons in Cu(II) Plastocyanin from *Anabaena variabilis*, *Journal of the American Chemical Society*, 122, 9473–9485, 2000.
- 225 Mastarone, D. J., Harrison, V. S. R., Eckermann, A. L., Parigi, G., Luchinat, C. and Meade, T. J.: A Modular System for the Synthesis of Multiplexed Magnetic Resonance Probes, *Journal of the American Chemical Society*, 133(14), 5329–5337, doi:10.1021/ja1099616, 2011.
- Rammohan, N., MacRenaris, K. W., Moore, L. K., Parigi, G., Mastarone, D. J., Manus, L. M., Lilley, L. M., Preslar, A. T., Waters, E. A., Filicko, A., Luchinat, C., Ho, D. and Meade, T. J.: Nanodiamond–Gadolinium(III) Aggregates for Tracking
- 230 Cancer Growth In Vivo at High Field, *Nano Letters*, 16(12), 7551–7564, doi:10.1021/acs.nanolett.6b03378, 2016.
- Ravera, E., Parigi, G., Mainz, A., Religa, T. L., Reif, B. and Luchinat, C.: Experimental Determination of Microsecond Reorientation Correlation Times in Protein Solutions, *J. Phys. Chem. B*, 117(13), 3548–3553, doi:10.1021/jp312561f, 2013.
- Ravera, E., Fragai, M., Parigi, G. and Luchinat, C.: Different flavors of diffusion in paramagnetic systems: Unexpected NMR signal intensity and relaxation enhancements, *Journal of Magnetic Resonance Open*, 2–3, 100003, doi:10.1016/j.jmro.2020.100003, 2020.
- 235 Rotz, M. W., Culver, K. S. B., Parigi, G., MacRenaris, K. W., Luchinat, C., Odom, T. W. and Meade, T. J.: High Relaxivity Gd(III)–DNA Gold Nanostars: Investigation of Shape Effects on Proton Relaxation, *ACS Nano*, 9(3), 3385–3396, doi:10.1021/nn5070953, 2015.
- Solomon, I.: Relaxation Processes in a System of Two Spins, *Phys. Rev.*, 99(2), 559–565, doi:10.1103/PhysRev.99.559, 240 1955.
- Wahsner, J., Gale, E. M., Rodríguez-Rodríguez, A. and Caravan, P.: Chemistry of MRI Contrast Agents: Current Challenges and New Frontiers, *Chemical Reviews*, 119(2), 957–1057, doi:10.1021/acs.chemrev.8b00363, 2019.