

1 Dipolar Order-Mediated $^1\text{H} \rightarrow ^{13}\text{C}$ Cross-Polarization for Dissolution- 2 Dynamic Nuclear Polarization

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13
14 **Abstract.** Magnetic resonance imaging and spectroscopy often suffer from a low intrinsic sensitivity, which can in some cases be
15 circumvented by the use of hyperpolarization techniques. Dissolution-dynamic nuclear polarization offers a way of hyperpolarizing
16 ^{13}C spins in small molecules, enhancing their sensitivity by up to four orders of magnitude. This is usually performed by direct ^{13}C
17 polarization, which is straightforward but often takes more than an hour. Alternatively, indirect ^1H polarization followed by $^1\text{H} \rightarrow ^{13}\text{C}$
18 polarization transfer can be implemented, which is more efficient and faster but is technically very challenging and hardly
19 implemented in practice. Here we propose to remove the main roadblocks of the $^1\text{H} \rightarrow ^{13}\text{C}$ polarization transfer process by using
20 alternative schemes with: (i) less *rf*-power; (ii) less overall *rf*-energy; (iii) simple *rf*-pulse shapes; and (iv) no synchronized ^1H and
21 ^{13}C *rf*-irradiation. An experimental demonstration of such a simple $^1\text{H} \rightarrow ^{13}\text{C}$ polarization transfer technique is presented for the case
22 of $[1-^{13}\text{C}]$ sodium acetate, and is compared with the most sophisticated cross-polarization schemes. A polarization transfer
23 efficiency of ~ 0.43 with respect to cross-polarization was realized, which resulted in a ^{13}C polarization of $\sim 8.7\%$ after ~ 10 minutes
24 of microwave irradiation and a single polarization transfer step.

25 26 1 Introduction

27
28 Traditional magnetic resonance imaging (MRI) and spectroscopy (MRS) experiments usually suffer from low sensitivity.
29 Hyperpolarization techniques including dissolution-dynamic nuclear polarization (*dDNP*) can be used to highly polarize a large
30 variety of chemical systems and therefore enhance nuclear magnetic resonance (NMR) signals by several orders of magnitude
31 (Ardenkjær-Larsen et al., 2003). Various applications of *dDNP* have been demonstrated including the study of enzyme kinetics,
32 cell extracts and heteronuclear metabolomics (Bornet et al., 2014; Dumez et al., 2015; Bornet et al., 2016). Most *dDNP* applications
33 involve the use of weakly magnetic isotopes such as ^{13}C , but excessively long DNP timescales $\tau_{\text{DNP}}(^{13}\text{C})$ hinder efficient
34 polarization build-up and lead to extended experimental times. Intrinsically sensitive proton nuclear spins do not suffer from such
35 issues and can be polarized quickly and to a greater extent at low temperatures (Hartmann et al., 1973).

36
37 The use and optimization of cross-polarization (CP) under *dDNP* conditions (typically at temperatures of about 1.2-1.6 K in
38 superfluid helium) provides a way to substantially boost ^{13}C polarizations and enhance build-up rates $1/\tau_{\text{DNP}}(^{13}\text{C})$ (by a factor of up
39 to 40) (Hartmann and Hahn, 1962; Pines et al., 1972; Perez Linde, 2009; Jannin et al., 2011; Bornet et al., 2012; Batel et al., 2012;
40 Bornet et al., 2013; Vuichoud et al., 2016; Cavaillès et al., 2018). The technique requires intense B_1 -matching (typically > 15 kHz)
41 of simultaneous ^1H and ^{13}C spin-locking radiofrequency (*rf*) fields throughout an optimized contact period (typically > 1 ms). This
42 CP-DNP approach recently turned out to be key for the preparation of transportable hyperpolarization (Ji et al., 2017) where
43 samples are polarized in a CP equipped polarizer and then transported over extended periods (typically hours or days) to the point
44 of use.

45
46 This CP approach has been demonstrated on typical *dDNP* samples back in 2012 (Bornet et al., 2012), however, the technique
remains challenging today because of its methodological and technical complexity. Indeed, CP under *dDNP* conditions employs

47 sophisticated pulse sequences, and involves high power and energy *rf*-pulses. Another drawback of CP-DNP is that it can hardly
 48 be scaled-up to volumes larger than 500 μL , otherwise engendering detrimental arcing in the superfluid helium bath (Vinther et al.,
 49 2019). Such scaling-up would be required for enabling parallel hyperpolarization of multiple transportable samples (Lipsø et al.,
 50 2017), and for volumes >1 mL currently used for hyperpolarized human imaging (Nelson et al., 2013).

51 For hyperpolarizing larger sample volumes, alternative *rf*-sequences with reduced power requirements are desired. Lower
 52 power alternatives to CP have previously been described in the literature (Jeener et al., 1965; Jeener and Broekaert, 1967; Redfield,
 53 1969; Kunitomo et al., 1974; Demco et al., 1975; Emid et al., 1980; Vieth and Yannoni, 1993; Zhang et al., 1993; [Kurur and](#)
 54 [Bodenhausen, 1995](#); Lee and Khitrin, 2008; Khitrin et al., 2011; Vinther et al., 2019), which rely on indirect polarization transfer
 55 via proton dipolar order rather than through a direct ^1H - ^{13}C Hartman-Hahn matching condition (Hartmann and Hahn, 1962).

56 The population of a Zeeman eigenstate for a spin-1/2 nucleus at thermal equilibrium ρ_{eq}^i is given as follows:

$$58 \quad \rho_{eq}^i = \frac{\exp\left(-\frac{\hbar\omega_i}{k_B T}\right)}{Z}, \quad (1)$$

59 where ω_i is the energy of the state for the spin of interest, T is the temperature and Z is a canonical partition function. In the high-
 60 temperature limit, the spin density operator $\hat{\rho}_{eq}$ (which describes the state of an entire ensemble of spin-1/2 nuclei at thermal
 61 equilibrium) is expressed by using a truncated Taylor series:

$$54 \quad \hat{\rho}_{eq} \simeq \hat{1} + \mathbb{B} \sum_i \hat{I}_{iz}, \quad (2)$$

62 where $\mathbb{B} = \hbar\omega_0/k_B T$, ω_0 is the nuclear Larmor frequency for the spins of interest and \hat{I}_{iz} is z -angular momentum operator for
 63 spin i . The second term in Equation 2 corresponds to longitudinal magnetization. However, outside of the high-temperature
 64 approximation higher order terms in the spin density operator expansion cannot be ignored:

$$70 \quad \hat{\rho}_{eq} \simeq \hat{1} + \mathbb{B} \sum_i \hat{I}_{iz} + \frac{\mathbb{B}^2}{2} \sum_i \sum_j \hat{I}_{iz} \cdot \hat{I}_{jz}. \quad (3)$$

71 The third term in Equation 3 reveals the presence of nuclear dipolar order (Fukushima and Roeder, 1981) which can in principle
 72 be prepared by generating strongly polarized spin systems, such as those established through conducting *d*DNP experiments
 73 (Sugishita et al., 2019). Such dipolar order can also be efficiently generated by suitable *rf*-pulse sequences, and ultimately used to
 74 transfer polarization (Jeener et al., 1965; Jeener and Broekaert, 1967; Redfield, 1969; Kunitomo et al., 1974; Demco et al., 1975;
 75 Emid et al., 1980; Vieth and Yannoni, 1993; Zhang et al., 1993; [Kurur and Bodenhausen, 1995](#); Lee and Khitrin, 2008; Khitrin et
 76 al., 2011; Vinther et al., 2019). For the sake of simplicity, we will refer here to such polarization transfer schemes as *d*CP for dipolar
 77 order-mediated cross-polarization.

78 In this Article, we revisit the concept of ^1H - ^{13}C *d*CP polarization transfer and assess its efficiency in the context of *d*DNP
 79 experiments at 1.2 K and 7.05 T. We show that for a sample of $[1\text{-}^{13}\text{C}]$ sodium acetate, a ^{13}C polarization of $\sim 8.7\%$ can be achieved
 80 after ~ 10 minutes of ^1H DNP and the use of a sole polarization transfer step. The overall *d*CP transfer efficiency is ~ 0.43 with
 81 respect to the most sophisticated and efficient high power CP sequences available today. The experimental data presented indicate
 82 that ^1H Zeeman order (\hat{I}_z) is first converted to ^1H - ^1H dipolar order ($\hat{I}_{1z} \cdot \hat{I}_{2z}$) and presumably subsequently converted to the desired
 83 ^{13}C Zeeman order (\hat{S}_z). We show how the use of microwave gating (Bornet et al., 2016) is key to *d*CP as it improves the overall
 84 efficiency by a factor more than ~ 2.3 .

85 **2 Methods**

88
 89 **2.1 Sample Preparation and Freezing**
 90

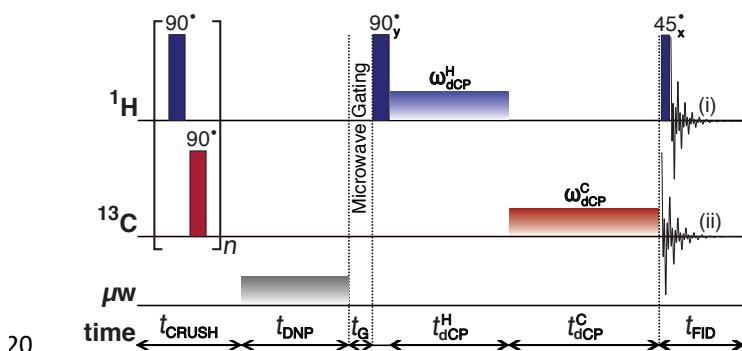
91 A solution of 3 M [$1-^{13}\text{C}$]sodium acetate in the glass-forming mixture $\text{H}_2\text{O:D}_2\text{O:glycerol-}d_8$ (10%:30%:60% v/v/w) was doped with
 92 50 mM TEMPOL radical (all compounds purchased from *Sigma Aldrich*) and sonicated for ~10 minutes. This sample is referred
 93 to as **I** from here onwards. **Paramagnetic TEMPOL radicals were chosen to most efficiently polarize ^1H spins under *dDNP***
 94 **conditions.** A 100 μL volume of **I** was pipetted into a Kel-F sample cup and inserted into a 7.05 T prototype *Bruker Biospin*
 95 polarizer equipped with a specialized *dDNP* probe and running *TopSpin 3.7* software. The sample temperature was reduced to 1.2
 96 K by submerging the sample in liquid helium and reducing the pressure of the variable temperature insert (VTI) towards ~0.7 mbar.
 97

98 **2.2 Dynamic Nuclear Polarization**
 99

00 The sample was polarized by applying microwave irradiation at 197.648 GHz (positive lobe of the EPR line) with triangular
 01 frequency modulation of amplitude $\Delta f_{\text{mw}} = 120$ MHz (Bornet et al., 2014) and rate $f_{\text{mod}} = 0.5$ kHz at a power of c.a. 100 mW, **which**
 02 **were optimized prior to commencing experiments to achieve the best possible level of ^1H polarization.** Microwave gating was
 03 employed shortly before and during *dDNP* transfer experiments to allow the electron spin ensemble to return to a highly polarized
 04 state, which happens on the timescale of the longitudinal electron relaxation time (typically $T_{1e} = 100$ ms with $P_e = 99.93\%$ under
 05 *dDNP* conditions) (Bornet et al., 2016). Consequently, the ^1H and ^{13}C relaxation times in the presence of a *rf*-field are extended by
 06 orders of magnitude, allowing spin-locking *rf*-pulses to be much longer which significantly increases the efficiency of nuclear
 07 polarization transfer.
 08

09 **2.3 Pulse Sequences**
 10

11 In 1967 Jeener and Broekaert established the original *rf*-pulse sequence for creating and observing dipolar order in the solid-state
 12 (Jeener and Broekaert, 1967). Since then, other *rf*-pulse sequences have been proposed in the literature, usually with improved
 13 efficiency (Jeener et al., 1965; Redfield, 1969; Kunitomo et al., 1974; Demco et al., 1975; Emid et al., 1980; Vieth and Yannoni,
 14 1993; Zhang et al., 1993; Kurur and Bodenhausen, 1995; Lee and Khitrin, 2008; Khitrin et al., 2011; Vinther et al., 2019). Herein,
 15 we are most interested in the *rf*-pulse sequence introduced by Vieth and Yannoni (Vieth and Yannoni, 1993) which is particularly
 16 simple, easily generates proton dipolar order and allows subsequent conversion to ^{13}C polarization. Figure 1 shows this sequence
 17 adapted for our *dDNP* experiments. An electron-nuclear variant of this *rf*-pulse sequence has also been developed (Macho et al.,
 18 1991; Bunkowsky et al., 1991).
 19



20
 21 **Figure 1: Schematic representation of the *dCP* *rf*-pulse sequence used for preparing and monitoring ^1H - ^1H dipolar order in **I**, and the conversion to ^{13}C**
 22 **transverse magnetization. The experiments used the following parameters, chosen to maximize magnetization-dipolar order interconversion: $n = 250$; t_{DNP}**

24 = 5 s; $t_G = 0.5$ s; $\omega_{\text{dCP}}^{\text{H}}/2\pi = 16.4$ kHz; $t_{\text{dCP}}^{\text{H}} = 25$ μ s; $\omega_{\text{dCP}}^{\text{C}}/2\pi = 13.2$ kHz; $t_{\text{dCP}}^{\text{C}} = 39$ ms. The ^1H and ^{13}C spin-locking *rf*-pulses have phase x . The $\pi/2$ crusher
25 *rf*-pulses use a thirteen-step phase cycle to remove residual magnetization at the beginning of each experiment: {0, $\pi/18$, $5\pi/18$, $\pi/2$, $4\pi/9$, $5\pi/18$, $8\pi/9$,
26 π , $10\pi/9$, $13\pi/9$, $\pi/18$, $5\pi/3$, $35\pi/18$ }. The resonance offset was placed at the centre of the ^1H and ^{13}C NMR peaks.

27 The *dCP* *rf*-pulse sequence operates as follows:

28 (i) A crusher sequence of 90° *rf*-pulses with alternating phases separated by a short delay (typically 11 ms) repeated n times
29 (typically $n = 250$) kills residual magnetization on both *rf*-channels;

30 (ii) The microwave source becomes active for a time t_{DNP} during which ^1H DNP builds-up;

31 (iii) The microwave source is deactivated and a delay of duration $t_G = 0.5$ s occurs before the next step, thus permitting the
32 electron spins to relax to their highly polarized thermal equilibrium state (Bornet et al., 2016);

33 (iv) A ^1H 90° *rf*-pulse followed by a $\pi/2$ phase-shifted spin-locking ^1H *rf*-pulse of amplitude $\omega_{\text{dCP}}^{\text{H}}$ and length $t_{\text{dCP}}^{\text{H}}$ converts ^1H
34 Zeeman polarization into ^1H - ^1H dipolar order;

35 (v) A ^{13}C square *rf*-pulse of amplitude $\omega_{\text{dCP}}^{\text{C}}$ and length $t_{\text{dCP}}^{\text{C}}$ presumably converts the ^1H - ^1H dipolar order into ^{13}C transverse
36 magnetization.

37 The NMR signal can be detected by using either: (i) a ^1H 45° *rf*-pulse followed by ^1H FID acquisition to monitor the remaining
38 proton dipolar order; or (ii) ^{13}C FID detection to observe the converted magnetization, see Figure 1.

39 The *dCP* *rf*-pulse sequence can be used in several variants:

40 *Variant #1*: Efficiency of ^1H - ^1H dipolar order preparation.

41 (a) ^1H observation by fixing $t_{\text{dCP}}^{\text{C}} = 0$ ms and varying $\omega_{\text{dCP}}^{\text{H}}$ and $t_{\text{dCP}}^{\text{H}}$ (Figure 2a);

42 (b): ^{13}C observation by fixing $t_{\text{dCP}}^{\text{C}}$ and $\omega_{\text{dCP}}^{\text{C}}$ (typically to an optimal value) and varying $\omega_{\text{dCP}}^{\text{H}}$ and $t_{\text{dCP}}^{\text{H}}$ (Figure 2c).

43 *Variant #2*: Efficiency of ^1H - ^1H dipolar order conversion to ^{13}C magnetization.

44 (a): ^{13}C observation by fixing $\omega_{\text{dCP}}^{\text{H}}$ and $t_{\text{dCP}}^{\text{H}}$ (typically to an optimal value) and varying $\omega_{\text{dCP}}^{\text{C}}$ and $t_{\text{dCP}}^{\text{C}}$ (Figure 3a);

45 (b): ^1H observation by fixing $\omega_{\text{dCP}}^{\text{H}}$ and $t_{\text{dCP}}^{\text{H}}$ (typically to an optimal value) and varying $\omega_{\text{dCP}}^{\text{C}}$ and $t_{\text{dCP}}^{\text{C}}$ (Figure 4a).

46 The amplitudes of the ^1H and ^{13}C *dCP* *rf*-pulses ($\omega_{\text{dCP}}^{\text{H}}$ and $\omega_{\text{dCP}}^{\text{C}}$, respectively) were optimized iteratively until the intensity of
47 the resulting NMR signals could not be improved further, see the Electronic Supplementary Material (ESM) for more details.

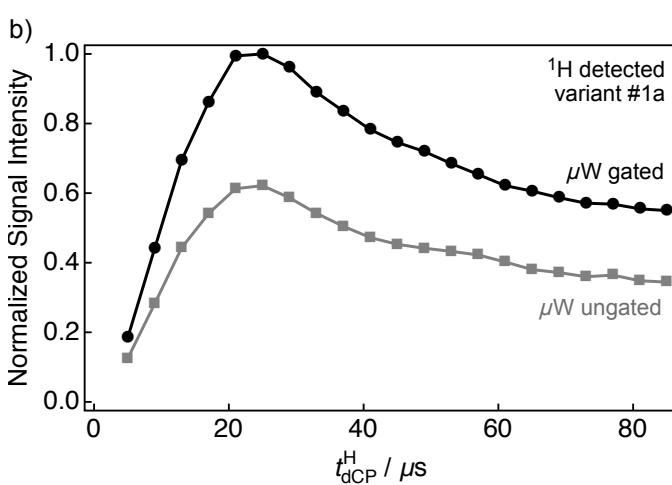
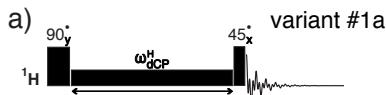
48 In the case of proton *rf*-channel acquisition, data points were acquired with a two-step phase cycle, in which the phase of the
49 90° *rf*-pulse and the digitizer were simultaneously changed by 180° in successive transients, to remove spurious signals generated
50 by longitudinal magnetization accrued during the *dCP* *rf*-pulses. A dispersive lineshape was observed as a result of the phase cycle,
51 which is characteristic of dipolar spin order. The resulting ^1H NMR spectrum was phase corrected to yield an absorptive lineshape.

52 3 Results

53 3.1 ^1H - ^1H Dipolar Order Preparation

54 ^1H monitored optimization for the generation of ^1H - ^1H dipolar order as a function of the *dCP* ^1H *rf*-pulse duration $t_{\text{dCP}}^{\text{H}}$ was
55 performed by using *variant #1a* of the *dCP* sequence shown in Figure 2a. Experimental results demonstrating the preparation of
56 ^1H - ^1H dipolar order under *variant #1a* of the *dCP* sequence are shown in Figure 2b. The integrals plotted were acquired directly
57 on the ^1H *rf*-channel using $\omega_{\text{dCP}}^{\text{H}}/2\pi = 16.4$ kHz either with or without microwave gating (black circles and grey squares,
58 respectively). In both cases, the NMR signal grows until a maximum signal intensity, which corresponds to the optimal preparation
59 of proton dipolar order, is reached at $t_{\text{dCP}}^{\text{H}} \approx 25$ μ s, after which the signal decays towards a stable plateau on a longer timescale.
60 However, in the case that microwave gating is removed, the signal intensity is reduced. This is due to depolarization (microwave
61 saturation) of the electron spins, resulting in a detrimental enhancement of the paramagnetic relaxation contribution to nuclear spin
62 relaxation.

66 relaxation. These results suggest that microwave gating improves the conversion of ^1H magnetization to ^1H - ^1H dipolar order by a
 67 factor of at least ~ 1.6 .

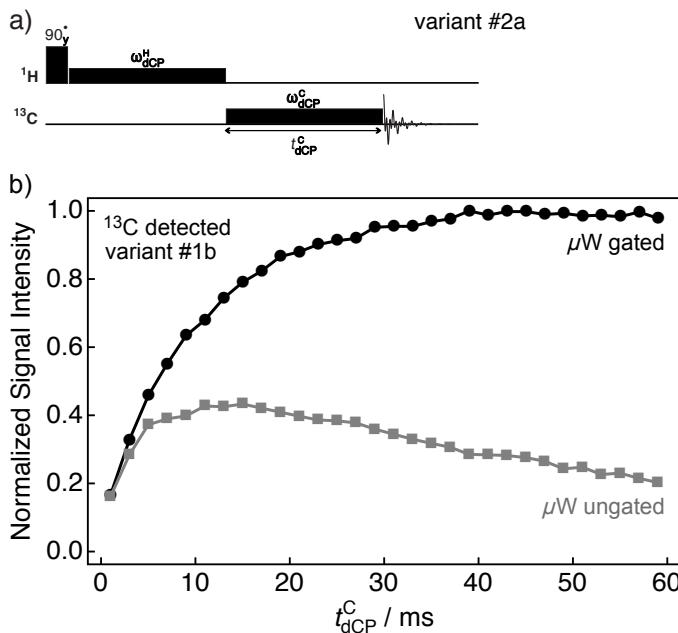


86 **3.2 ^1H - ^{13}C Polarization Transfer**

87

88 Figure 3b shows how ^{13}C magnetization is built-up by employing *variant #2a* the $d\text{CP}$ *rf*-pulse sequence, see Figure 3a. The
 89 experimental integrals of the ^{13}C signal are plotted against the ^{13}C $d\text{CP}$ *rf*-pulse duration $t_{\text{dCP}}^{\text{C}}$ with (black circles) and without (grey
 90 squares) microwave gating.

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95 **Figure 3: (a) Simplified schematic representation of *variant #2a* of the $d\text{CP}$ *rf*-pulse sequence. (b) Experimental ^{13}C NMR signal intensity of I as a function**
 96 **of the $d\text{CP}$ *rf*-pulse duration $t_{\text{dCP}}^{\text{C}}$ acquired at 7.05 T (^1H nuclear Larmor frequency = 300.13 MHz, ^{13}C nuclear Larmor frequency = 75.47 MHz) and 1.2**
 97 **K with a single transient per data point.**

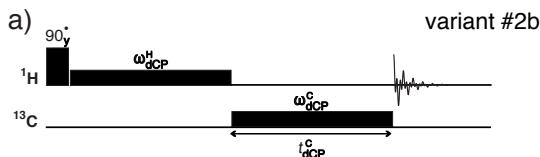
98

99 The black trace corresponds to the growth of the ^{13}C NMR signal. A maximum is reached at $t_{\text{dCP}}^{\text{C}} \approx 39$ ms, with $\omega_{\text{dCP}}^{\text{C}} = 13.2$
 100 kHz. The polarization transfer efficiency is relatively robust with respect to the amplitude of the ^{13}C $d\text{CP}$ *rf*-pulse $\omega_{\text{dCP}}^{\text{C}}$, see the
 101 ESM for more details. A wildly different behaviour is observed in the case where the microwave source is not gated. In this
 102 instance, a maximum signal intensity occurs at $t_{\text{dCP}}^{\text{C}} \approx 15$ ms, with the detectable ^{13}C signal decreasing past this point. The ratio
 103 between the maximum data points is ~ 2.3 , and indicates a large ^{13}C enhancement afforded by microwave gating.

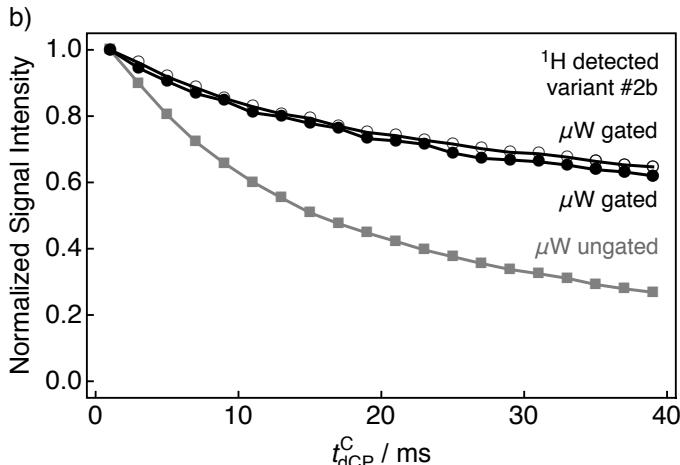
104 It is worth noting that the duration of the ^{13}C $d\text{CP}$ *rf*-pulse is considerably longer, more than three orders of magnitude, than the
 105 ^1H $d\text{CP}$ *rf*-pulse lengths. Reasons for this are examined in the discussion section below.

106 Figure 4b details how in *variant #2b* of the $d\text{CP}$ *rf*-pulse sequence (Figure 4a) the ^1H NMR signal vanishes as the ^{13}C $d\text{CP}$ *rf*-
 107 pulse generates ^{13}C transverse magnetization. The experimental integrals of the ^1H detected NMR signals are plotted against the
 108 ^{13}C $d\text{CP}$ *rf*-pulse duration $t_{\text{dCP}}^{\text{C}}$ with $\omega_{\text{dCP}}^{\text{C}} = 0$ kHz (black open circles) and $\omega_{\text{dCP}}^{\text{C}} = 13.2$ kHz (black circles) both with microwave
 109 gating, and with $\omega_{\text{dCP}}^{\text{C}} = 13.2$ kHz (grey squares) without microwave gating.

110



111



12
13
14 **Figure 4: (a) Simplified schematic representation of variant #2b of the dCP rf-pulse sequence. (b) Experimental ^1H NMR signal intensity of I as a function**

15 of the ^{13}C dCP rf-pulse duration $t_{\text{dCP}}^{\text{C}}$ acquired at 7.05 T (^1H nuclear Larmor frequency = 300.13 MHz, ^{13}C nuclear Larmor frequency = 75.47 MHz) and

16 1.2 K with two transients per data point. The experimental traces were recorded by using the following amplitudes for the ^{13}C dCP rf-pulse $\omega_{\text{dCP}}^{\text{C}}$: Black

17 open circles: $\omega_{\text{dCP}}^{\text{C}} = 0$ kHz; Black filled circles: $\omega_{\text{dCP}}^{\text{C}} = 13.2$ kHz; Grey squares: $\omega_{\text{dCP}}^{\text{C}} = 13.2$ kHz. All signal amplitudes were normalized to the first data

18 point.

19
20 The curves show how ^1H - ^1H dipolar order decays towards thermal equilibrium mainly through relaxation and is not significantly
21 affected by the presence of the ^{13}C dCP rf-pulse generating ^{13}C magnetization. The difference between the two black traces might
22 however indicate the quantity of ^1H - ^1H dipolar order converted into ^{13}C magnetization. The small difference is just a few percent,
23 indicating that only a very small portion of the ^1H - ^1H dipolar order might be used (and be useful) to produce hyperpolarized ^{13}C
24 magnetization. This could be explained by the large excess of ^1H spins compared with ^{13}C spins in our sample (a factor of ~6.2).
25 A lack of microwave gating (grey squares) significantly compromises the generation of ^{13}C polarization, as seen in Figure 3b.

26
27 **3.3 Comparison to Cross-Polarization**

28
29 The performance efficiency of the dCP rf-pulse sequence was compared to a traditional CP experiment (Hartmann and Hahn, 1962;
30 Pines et al., 1972; Perez Linde, 2009; Jannin et al., 2011; Bornet et al., 2012; Batel et al., 2012; Bornet et al., 2013; Vuichoud et
31 al., 2016; Cavaillès et al., 2018), which is described in the ESM along with a rf-pulse sequence diagram and all optimized
32 parameters. Experiments employed 640 s of direct ^1H DNP at 1.2 K prior to polarization transfer to the ^{13}C heteronucleus.

33
34 The power requirements for polarization transfer are dependent upon the rf-pulse sequence used and the capabilities of the
35 dDNP probe. In general, the peak power for the ^{13}C dCP rf-pulse is ~5.4 times lower than required for CP. However, the ^{13}C dCP
36 rf-pulse is active for a duration ~5.6 times longer than that of CP, and hence the overall deposited rf-pulse energy is approximately
37 the same for both rf-pulse sequences. Notwithstanding, the moderately lower ^{13}C dCP rf-pulse power is highly advantageous, e.g.
38 decreased likelihood of probe arcing events within the superfluid helium bath. The benefit of employing the dCP rf-pulse sequence
39 becomes even more apparent when examining the proton rf-pulse durations needed for ^1H - ^{13}C polarization transfer. Although the
40 peak powers of both rf-pulse sequences are similar, the duration of the ^1H dCP rf-pulse is a factor of 280 times shorter than that
41 recommended for adequate CP. This is advantageous in the case that the B_1 -field produced by the dDNP probe is weak (e.g. due to
42 large sample constraints) or is unstable at higher ^1H rf-pulse powers for sufficiently long durations.

43
44 The CP rf-pulse sequence achieved a ^{13}C polarization level of $P(^{13}\text{C}) \simeq 20.4\%$ after a single CP contact. ^{13}C polarization levels
45 in excess of 60% are anticipated by using a multiple CP contact approach (Perez Linde, 2009; Jannin et al., 2011; Bornet et al.,
2012; Batel et al., 2012; Bornet et al., 2013; Vuichoud et al., 2016; Cavaillès et al., 2018). In comparison, the integral of the dCP-
46 filtered NMR signal maximum is scaled by a factor of ~0.43, indicating a ^{13}C polarization of $P(^{13}\text{C}) \simeq 8.7\%$. This is consistent

46 with previous results reported in the literature (Perez Linde, 2009; Vinther et al., 2019). Strategies to further improve the *dCP*
47 efficiency are presented in the discussion section.

48

49 **4 Discussion**

50

51 The results presented in Figure 2b and Figure 2d show how the achieved ^{13}C polarization is directly proportional to the quantity of
52 ^1H - ^1H dipolar order initially prepared by the ^1H *dCP rf*-pulse. However, even if the ^{13}C polarization closely follows the shape of
53 the proton dipolar order creation profile, this does not constitute irrefutable proof that the ^{13}C polarization originates from the
54 proton dipolar order reservoir itself. Other, more-complex forms of nuclear spin order might be involved. Moreover, it is feasible
55 that an intermediate reservoir exists, such as non-Zeeman spin order of the ^{13}C heteronucleus.

56 As seen in Figure 3b, it is interesting to note that the duration of the ^{13}C *dCP rf*-pulse is considerably longer, more than three
57 orders of magnitude, than the ^1H *dCP rf*-pulse duration. The reason is the relative sizes of the dipolar couplings which control the
58 preparation and transfer processes of ^1H - ^1H dipolar order. The generation of dipolar order involves only proton spins, which possess
59 a magnetogyric ratio ~ 4 times greater than for ^{13}C spins and consequently larger dipolar couplings, which scale as the product of
60 the magnetogyric ratios for the two spins involved. This results in a short time to convert ^1H magnetization to ^1H - ^1H dipolar order.
61 Conversely, the *supposed* transfer of ^1H - ^1H dipolar order to ^{13}C nuclei would certainly demand ^1H - ^{13}C dipolar couplings.

62 The duration of the ^{13}C *dCP rf*-pulse is a factor of ~ 5.6 longer than required for optimized conventional CP (see the ESM for
63 more details). The extended duration of the ^{13}C *dCP rf*-pulse could be conceivably explained by assuming that the ^1H spins closest
64 to the ^{13}C spin do not participate in the polarization transfer process since the ^1H - ^1H dipolar order preparation is perturbed by the
65 presence of the ^{13}C spin during the ^1H *dCP rf*-pulse. It is also possible that two dipolar coupled protons are separated by a difference
66 in chemical shift which matches the frequency of a ^{13}C spin the rotating frame allowing an exchange of energy. Such events are
67 similar to the cross-effect in DNP (Kessenikh et al., 1963) but are likely to be of lower probability, leading to an increased ^{13}C *dCP*
68 *rf*-pulse duration.

69 Not only is the polarization transfer process long, but it is also weaker than what is usually realized with optimized CP, since
70 we obtain $P(^{13}\text{C}) \approx 8.7\%$ rather than $P(^{13}\text{C}) \approx 20.4\%$ in a single CP step on the same sample. Although the amplitude $\omega_{\text{dCP}}^{\text{H}}$ and
71 duration $t_{\text{dCP}}^{\text{H}}$ of the proton dipolar order creation *rf*-pulse were carefully optimized before experimental implementation, we
72 nevertheless believe there is still room for improvement in preparing high quantities of proton dipolar order. The performance of
73 the *dCP rf*-pulse sequence could be enhanced by adopting the following strategies: (i) employing shaped *rf*-pulses; (ii)
74 implementing a multiple *dCP* transfer approach; (iii) optimizing the protonation level of the DNP glassing solution; (iv) exploiting
75 deuterated molecular derivatives; (v) avoiding large quantities of methyl groups which may act as dipolar order relaxation sinks
76 due to their inherent rotation (which remains present at liquid helium temperature); and (vi) changing the molecule [1 - ^{13}C]sodium
77 acetate for another spin system with different ^1H - ^{13}C coupling strengths (e.g. simply using [2 - ^{13}C]sodium acetate).

78 Today's performances on our current 'standard' DNP sample are rather poor compared to CP, however, there are reasons to
79 think that further improvements through advanced *rf*-pulse schemes and revised sample formulations will be possible in the future,
80 and that *dCP* may become a viable alternative to CP. This will be particularly relevant to the cases of: (i) issues related to probe
81 arcing in the superfluid helium bath which precludes the use of conventional CP experiments; (ii) increased sample volumes, e.g.
82 in human applications; and (iii) hyperpolarization of insensitive nuclear spins, e.g. ^{89}Y nuclei cannot be polarized easily via
83 traditional CP experiments due to unfeasible CP matching conditions on the heteronuclear *rf*-channel. Other alternatives to the CP
84 approach also exist but are theoretically less efficient, such as low magnetic field nuclear thermal mixing (Gadian et al., 2012)
85 which relies on energy conserving mutual spin-flips in overlapping NMR lineshapes to polarize heteronuclei in solid samples (Peat
86 et al., 2016).

88 **5 Conclusions**

89
90 $^1\text{H} \rightarrow ^{13}\text{C}$ polarization transfer occurs by employing *rf*-pulse methods which operate under *dDNP* conditions. This supposedly
91 involves an intermediate reservoir of dipolar order, which governs the polarization transfer process. The spin dynamics of dipolar
92 order mediated cross-polarization (*dCP*) were found to significantly depend on the presence of microwave gating. A maximum ^{13}C
93 polarization of ~8.7% was observed after ~10 minutes of microwave irradiation and a lone polarization step, which corresponds to
94 a *dCP* polarization transfer efficiency of ~0.43 with respect to optimized conventional CP. These results are promising for future
95 applications of polarization conversion methods in the context of low power $^1\text{H} \rightarrow \text{X}$ polarization transfer to insensitive nuclei (in
96 particular for very low magnetogyric ratios), with minimized probe arcing and potentially large sample volumes, paving the way
97 to the use of $^1\text{H} \rightarrow \text{X}$ polarization transfer in clinical (human-dose) contexts.

98
99 **Acknowledgements**

00
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02 Eshchenko, Roberto Melzi, Marc Rossire, Marco Sacher and James Kempf for scientific and technical support. The authors
03 additionally acknowledge Gerd Buntkowsky (Technische Universität Darmstadt) who kindly communicated data associated with
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06 parts of the experimental apparatus.

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13
14 **Author Contributions**

15
16 SJE performed experiments and co-wrote the manuscript, SFC/QC/OC/AB performed experiments, MC built parts of the
17 experimental apparatus, and SJ conceived the idea and co-wrote the manuscript.

18
19 **Competing Interests**

20
21 The authors declare no competing interests.

22
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71

72 **Response to Referee 1 Comment**

73

74 The manuscript entitled "Dipolar Order Mediated $^1\text{H} \rightarrow ^{13}\text{C}$ Cross-Polarization for Dissolution-Dynamic Nuclear Polarization" by Stuart J. Elliott et al. entails a discussion of an alternative way, apart from the Hartmann-Hahn cross-polarization method, to harness the high nuclear polarization of hyperpolarized ^1H spins and transfer it to ^{13}C spins via simpler, low-power and non-synchronized ^1H and ^{13}C *rf*-pulses.

75

76

77

78

79 In my opinion, the experimental demonstration of ^1H to ^{13}C polarization transfer mediated by dipolar order is certainly a welcome addition to the technical developments in (dissolution-dynamic nuclear polarization *dDNP*), in pursuit of simpler alternative to DNP cross polarization in terms of *rf*-hardware and *rf*-pulses. One of the main advantages of this reported technique is the use of non-simultaneous ^1H and ^{13}C *rf*-pulses in the DNP polarization transfer. This reported technique also opens up an

83 avenue for polarizing larger DNP sample volumes with minimal probe arcing. For these and other reasons, I believe that this
84 manuscript is significant in terms of scientific content and it brings some new technical insights to the magnetic resonance
85 community, in particular to the rapidly growing *d*DNP field. Therefore, I would like to recommend publication of this manuscript
86 with minor revision addressing the following suggestions and comments:

87

88 The author response is given in italics.

89

90 (Q1) Page 1: In the title, should it be "Dipolar Order-Mediated..." with the dash? (Q2) Page 1: lines 37 and 43—please spell out
91 "typ." to typically. (Q3) Page 4: line 26—same comment as #2. (Q4) page 4: line 29—should be "the microwave is deactivated" (Q5)
92 Page 7: Figure 4 caption, line 17—"nuclear Larmor frequency" was used twice; I suggest to use symbol omega or make it concise.

93

94 (A1) *The authors have changed the title. (A2,A3) These changes have been made throughout the manuscript. (A4) The spelling*
95 *has been corrected. (A5) The authors will stick to the current notation in order to be consistent throughout the manuscript.*

96

97 (Q6) The authors mentioned that this dipolar order-mediated CP technique (~8.7%) is only about a half as efficient compared
98 to the conventional CP-DNP technique (~20.4%) in terms of the final ¹³C DNP-enhanced polarization obtained. Do the authors
99 have a ¹³C polarization value for direct ¹³C polarization (without CP or dipolar order CP) of this sample?

100

101 (A6) *(A6) The ¹³C nuclear polarization level for direct DNP was unfortunately not recorded for this sample because it is inefficient*
102 *and displays a very long build-up time.*

103

104 (Q7) I assume these numbers (~8.7% for dipolar-order CP, ~20.4% for conventional CP) are solid-state ¹³C polarizations. Do
105 the authors have liquid-state ¹³C polarization numbers (post dissolution)? These are not a requirement for this paper, but I think it
106 would be good to report them if the data are available.

107

108 (A7) *(A7) The ¹³C nuclear polarization values presented were measured in the solid-state. Liquid state ¹³C polarization levels (post*
109 *dissolution) could be measured in the future and be presented as part of a separate publication.*

110

111 (Q8) Obviously there's a lot of optimization to be done here in this preliminary technical report especially with DNP sample
112 optimization. Can the authors expand on the possible effects of the efficiency of dipolar order-mediated CP if the ¹H spin density
113 is increased or decreased in the glassing matrix?

114

115 (A8) *(A8) Upon increasing the ¹H spin density within the glassing matrix, an improvement is observed in the performance of the*
116 *dCP rf-pulse sequence with respect to that of a sophisticated and high rf-power CP experiment.*

117

118 **Response to Referee 2 Comment**

119

20 Following the introduction of dissolution-DNP (*d*DNP) by Golman and Ardenkjær-Larsen, there have been discussions of
21 approaches to shorten the hours long times required for the e⁻→¹³C polarization transfer process. This step is limited by the slow
22 ¹³C-¹³C spin diffusion process. Improvements are impeded by the fact that *GE/Oxford/etc.* does not permit investigators to modify
23 their *d*DNP equipment -- for example, by adding a ¹H tuning circuit to the single resonance ¹³C circuit present in their probes.

24

25 In addition, it has been known since the 1970's that ^1H 's polarize much more rapidly than low- γ species such as ^{13}C or ^{15}N . For
26 example, Hartmann, et al. (*Nuclear Instruments and Methods*, **106**, 9-12 (1973)) showed that ^1H 's in alcohol samples at 1 K and 5
27 T could be polarized in <2 minutes to levels of 35-70%.

28
29 This paper by Elliott, et al is a description of some of the approaches to implement the $^1\text{H} \rightarrow ^{13}\text{C}$ transfers that utilize low powers
30 to avoid arcing in the helium atmosphere. The schemes are based on: (i) less (or low) *rf*-power; (ii) less overall *rf*-energy; (iii)
31 simple *rf*-pulse shapes; and (iv) no synchronized of the ^1H and ^{13}C *rf*-irradiation. The transfer schemes are designed to take
32 advantage of the terms in the expansion of the density matrix that go as $I_{iz}xI_{jz}$; a dipolar order term that becomes important at low
33 temperatures. The approach uses a gated microwave field and then different approaches to transfer polarization from ^1H to ^{13}C in
34 Na-acetate. The paper is largely okay as written. However, I would suggest that the authors consider the following to improve the
35 scholarship of the paper.

36
37 The author response is given in italics.

38
39 (Q1) I would include the reference to Hartmann (1973) above that, as far as I am aware, was the first to report the short
40 polarization times of ^1H at 1-2 K. The *dDNP* community pretty much ignores the extensive DNP physics literature from the 1960-
41 2000 era and starts by quoting Golman and Ardenkjær-Larsen in 2003. In fact, I would suggest that they do a literature search to
42 see if others have also reported these short polarization times.

43
44 (A1) *A reference to Hartmann's 1973 paper has now been included.*

45
46 (Q2) They also mention that the microwaves are gated and swept with a triangular frequency modulation. It would be good to
47 discuss this in more detail. Why was the width of 120 MHz and a rate of 500 Hz chosen? There are AWG's available these days
48 that can easily produce more interesting waveforms. Have any of these been introduced into the experiment? For example, the
49 waveform could be adiabatic which might be more efficient than a simple triangular waveform.

50
51 (A2) *The width and rate of the microwave field was optimized in order to give the best ^1H polarization during active ^1H DNP.*
52 *A sentence regarding this information has been added to the manuscript: "The sample was polarized by applying microwave*
53 *irradiation at 197.648 GHz (positive lobe of the EPR line) with triangular frequency modulation of amplitude $\Delta f_{mw} = 120$ MHz*
54 *(Bornet et al., 2014) and rate $f_{mod} = 0.5$ kHz at a power of c.a. 100 mW, which were optimized prior to commencing experiments*
55 *to achieve the best possible level of ^1H polarization." Detailed information concerning microwave gating is given on page 3/line*
56 *100 of the manuscript. More sophisticated AWG's have not been introduced into the experiment at present.*

57
58 (Q3) Why was the TEMPO concentration set at 50 mM? This is about 3 times that used in MAS experiments and x3 the 15
59 mM concentration of trityl often employed by Ardenkjær-Larsen and coworkers in their experiments. Does the higher concentration
60 lead to the shorter polarization periods? A fair comparison of polarization levels and build-up times and would compare 15mM
61 trityl to 15 mM TEMPO.

62
63 (A3) *At present, a concentration of 50 mM of TEMPO radical is used as a "standard sample" within our laboratory, and it is*
64 *true that the high radical concentration would lead to shorter polarization build-up times. For future experiments, in which the*
65 *authors plan to dissolve and transfer the sample to a separate superconducting magnet for detection, we will likely use a lower*
66 *radical concentration c.a. 25 mM TEMPO radical.*

57
58 (Q4) Is the transfer mechanism established to be thermal mixing or the cross effect? Although this is not the focus of the paper,
59 it should be mentioned and discussed at least briefly. If the cross effect is involved then why doesn't the *dDNP* community use
60 nitroxide biradicals as polarizing agents. Again this could be briefly discussed.

71
72 (A4) *For ^1H nuclei at 1.2 K and 7.05 T the electron-proton transfer will presumably occur through thermal mixing and/or*
73 *cross-effect. So far, bi-radicals have not shown better performances than TEMPO(L) in our experimental conditions. We prefer to*
74 *keep this very complicated discussion out of the paper.*

75
76 **Response to Short Comment**

77
78 This manuscript is interesting as it aims at the development of an alternative pathway (transfer via ^1H) to enhance ^{13}C
79 polarization under *dDNP* conditions. The proposed ^1H - ^{13}C transfer mechanism is different from that in the conventional Hartmann-
80 Hahn CP, which is based on the idea of spin-locking on both the channels. The new RF scheme requires non-simultaneous RF
81 irradiation on the two channels.

82
83 Although the optimum RF power is not lower (compared to that in conventional CP), the duration of RF on ^1H is significantly
84 reduced. However that on ^{13}C channel becomes significantly longer and the transfer efficiency also decreases by a factor of 2.
85 Overall, the new approach might still be better than Hartmann-Hahn CP for technical reasons as the authors claim.

86
87 I have a few questions regarding the ^1H - ^{13}C transfer mechanism (*the authors responses are given in italics*):

88
89 1. On page 2 line 31, the authors talk about conversion of ^1H Zeeman polarization to $I_{1z}I_{2z}$ "dipolar order" using RF. How can
90 the proposed RF on ^1H convert I_z to $I_{1z}I_{2z}$ term, can authors provide some more insights?

91
92 *In the spin-lock frame, the magnetization shrinks to a value which is small relative to that produced by the static magnetic field*
93 *(for the same sample) during the demagnetization process. This effect has been extensively covered in a number of other papers:*

94
95 J. Jeener and P. Broekaert, *Phys. Rev.*, **1967**, 157, 232-240.

96 H.-M. Vieth and C. S. Yannoni, *Chem. Phys. Lett.*, **1993**, 205, 153-156.

97 J. Jeener, R. Du Bois and P. Broekaert, *Phys. Rev.*, **1965**, 139, A1959-A1961.

98 A. G. Redfield, *Science*, **1969**, 164, 1015-1023.

99 J.-S. Lee and A. K. Khitrit, *J. Chem. Phys.*, **2008**, 128, 114504.

00
01 However, this is not the main focus of our current paper. Clearly, our spin system of choice is much more complicated than
02 those in the above references (due to the presence of paramagnetic radicals etc.). Multiple dipolar orders or higher spin orders
03 could also exist, as eluded to in our current paper. We aim to analyse these processes in greater detail in our future works.

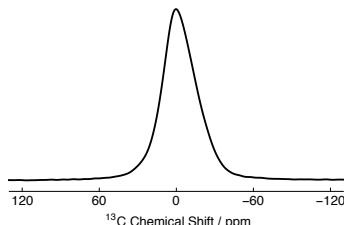
04
05 2. For transfer of polarization from I to S, there has to be an effective ZQ or DQ IS dipolar Hamiltonian. Since there are RF
06 pulses on both the channels, such Hamiltonian terms can be generated. But they seem to be of higher order perturbation term in the
07 Hamiltonian. Maybe that's the reason why transfer rate is very slow. Can authors shed some light on this?

09 We surmise that since the dCP transfer is slower than conventional cross-polarization it involves a different transfer
10 mechanism. However, we do not have sufficient insights into the true polarization transfer mechanism for this sample under dDNP
11 conditions at present.

12

13 3. For the given RF scheme, generating a purely ZQ or a purely DQ (IS) dipolar Hamiltonian might be challenging. This in turn
14 may lead to phase distortion of the ^{13}C signal if there are multiple ^{13}C resonances. Can authors provide some ^{13}C spectra?

15



16

17

18 The recorded ^{13}C NMR spectra do not show significant phase distortion and are detected with a good level of signal-to-noise.
19 Please see the attached ^{13}C NMR spectrum. Additional ^{13}C NMR spectra will be provided in a following publication on a similar
20 topic.

21

22 4. Since the method is based on ^1H "dipolar order", what kind of spin-system is required for it to be efficient. Can the transfer
23 mechanism be elucidated using a simple three-spin ^1H - ^1H - ^{13}C model? How would ^1H concentration in glassy matrix influence this
24 transfer?

25

26 We have started simulations on a simple 3-spin-1/2 ^1H - ^1H - ^{13}C model system. However, agreement between simulated and
27 experimental data has not yet been reached. It is this fact which provides a hint to the authors that a similar reservoir of non-
28 Zeeman spin order may be used instead. There are also preliminary data to support this conclusion. Increasing the proton
29 concentration of the glassy matrix dramatically decreases the polarization transfer time and increases its efficiency.