

1 Thank you for giving us an opportunity to submit a revised manuscript to your Journal.  
2 We greatly appreciate both the time and effort dedicated by yourself and the reviewers  
3 in preparing feedback for our manuscript. Please see below for a point-to-point  
4 response to the reviewers' comments.

5

6 Reviewer comment 1

7

8 I was not familiar with the previous work from this team on 103Rh NMR and the  
9 polarisation transfer techniques used here, so I am looking at this "fresh". It seems to  
10 be a sound piece of work, if rather specialised, and it is always pleasing to see graphs  
11 that are properly drawn and labeled and numbers and units used with care.

12 One thing that particularly interested me, because it is an area I am currently looking at,  
13 was the use of composite 180° pulses. How was the "symmetrized BB1" chosen? I've  
14 just done a quick simulation and it appears that the symmetrized version yields a larger  
15 phase dispersion during refocusing than the original BB1 pulse! However, in contrast,  
16 an *antisymmetric* 180° pulse yields no phase dispersion whatsoever when used for  
17 refocusing (JMR **214**, 68-75 (2012)) and that is the type of pulse I would have tried first -  
18 for example, the F1 or G1 composite pulse (JMR **93**, 199-206 (1991)) or, if dual-  
19 compensation was required, perhaps one of the ASBO family of pulses (JMR **225**, 81-92  
20 (2012)). On the other hand, it is possible that in this particular application, the precise  
21 choice of sequence is not that important, with the matching of the 1H and 103Rh field  
22 strengths being the key issue?

23 **Author Response:** We thank the reviewer for their positive comments on our paper! In  
24 this particular paper - chiefly a relaxometry study in which the dual-channel PulsePol or  
25 DualPol sequence happened to be the cross-polarization sequence of choice - we have  
26 not investigated the aspect of composite pulses in great depth, and this is a theme for  
27 future research.

28 Nevertheless, sharing the reviewer's passion for composite pulses, and in the spirit of  
29 transparency and open discussion in this journal, I will offer a longer answer below, in  
30 candid detail, in a personal capacity.

31 In this work, composite 180 pulses are used in two places: both the cross-polarization  
32 (DualPol) sequences, as well as the simple spin-echo train used to measure the  $T_2$ .  
33 While both of these utilize a basic spin echo building block, the behavior of composite  
34 pulses is not necessarily identical.

35 As the reviewer has correctly pointed out, symmetric composite pulses within spin  
36 echo trains designed to refocus transverse magnetization are indeed associated with  
37 phase distortions, a problem that was first examined by Levitt and Freeman  
38 ([https://doi.org/10.1016/0022-2364\(81\)90082-2](https://doi.org/10.1016/0022-2364(81)90082-2)) during the development of solution-  
39 state decoupling sequences. As shown in their early work, the phase distortion cancels  
40 out when an even number of spin echoes is used! Care was indeed taken to ensure all  
41 experiments used an even number of spin echoes.

42 Cotermiously with the aforementioned paper, Levitt and Freeman also proposed the  
43 usage of supercycles (consisting of a pattern of  $\pi$  phase shifts) in spin echo trains,  
44 combined with (symmetric) composite 180 pulses, as an additional layer of error  
45 compensation ([https://doi.org/10.1016/0022-2364\(82\)90042-7](https://doi.org/10.1016/0022-2364(82)90042-7), see also Levitt's PhD  
46 thesis [https://ora.ox.ac.uk/objects/uuid:8365b030-de70-4b96-a9a0-  
47 e0fd32290551/files/m854633531469ac51aff713a29e76ab78](https://ora.ox.ac.uk/objects/uuid:8365b030-de70-4b96-a9a0-e0fd32290551/files/m854633531469ac51aff713a29e76ab78)). This is important;  
48 supercycles (MLEV-64) were used both in the  $T_2$  sequence in our paper, and arguably  
49 the DualPol sequence.

50 The reviewer also points out the usage of antisymmetric (which has become a synonym  
51 with phase-distortionless) composite pulses, that is, composite pulses whose phase  
52 shifts are antisymmetric in time. Composite pulses of the phase-distortionless variety  
53 were first examined by the Pines group ([https://doi.org/10.1016/0022-2364\(85\)90270-7](https://doi.org/10.1016/0022-2364(85)90270-7))  
54 with the theory explicitly laid out in the paper by Tycko, Pines, and Guckenheimer on  
55 iterative schemes (see Appendix B of <https://doi.org/10.1063/1.449228>). Wimperis  
56 significantly expanded previous work of the Pines group in the 1990s in a series of  
57 papers, the most relevant of which described a class of composite pulses which  
58 includes BB1 (<https://doi.org/10.1006/jmra.1994.1159>), as well as the closely related  
59 F1 composite pulse ([https://doi.org/10.1016/0022-2364\(91\)90043-S](https://doi.org/10.1016/0022-2364(91)90043-S)). As shown in the  
60 work by Sami Husain, Minaru Kawamura, and Jonathan Jones  
61 (<https://doi.org/10.1016/j.jmr.2013.02.007>), the BB1 and F1 composite pulses are  
62 closely related, and there are subtle advantages to the usage of the symmetrized BB1  
63 sequence (used in our paper) which include better off-resonance performance. More  
64 recent work by Wimperis that the reviewer points out includes the description of the  
65 ASBO-11 composite pulses (<https://doi.org/10.1016/j.jmr.2012.10.003>; see also the  
66 PhD thesis of Smita Odedra <https://theses.gla.ac.uk/5772/>).

67 As for “why this composite pulse” – at the risk of sounding anecdotal – I investigated a  
68 variety of composite pulses (including BB1, F1, ASBO-11, and many more) during my  
69 PhD, working at the time with spin echo-based sequences that were severely sensitive  
70 to pulse strength/rf homogeneity errors. In a nutshell, the symmetrized BB1 sequence  
71 struck a perfect balance between efficiency improvements, elegance, and simplicity.  
72 Note that the last two qualities are entirely subjective. We were also attracted by the  
73 fact that the BB1 composite pulse could be used to replace 90 degree pulses as well as  
74 54.74 degree pulses (used in e.g. the  $T_{00}$  filters of singlet NMR) - we could use a single  
75 family of composite pulses in any of our pulse sequences.

76 Directly after my PhD work on sequence development, we discovered that the PulsePol  
77 sequence - invented by Benedikt Tratzmiller of the Ulm group ([https://oparu.uni-  
78 ulm.de/items/d5648138-630c-44a8-95e7-6b9fddde4a4a](https://oparu.uni-ulm.de/items/d5648138-630c-44a8-95e7-6b9fddde4a4a)) for the purpose of optical  
79 DNP in NV centres – was a rather effective sequence for the apparently unrelated  
80 purpose of nuclear singlet excitation. It is worth noting that the Ulm group also  
81 investigated the effect of composite pulses in the PulsePol sequence  
82 (<https://www.science.org/doi/10.1126/sciadv.aat8978>). At this point, I decided to  
83 compare the performance of a few composite pulses incorporated within PulsePol by  
84 theory and experiment, including BB1, ASBO-11, and F1 (unpublished) whose  
85 robustness comparisons may be found in our paper

86 (<https://pubs.aip.org/aip/jcp/article/157/13/134302/2841905>). To my surprise, the use  
87 of the (antisymmetric) F1 pulse did not appear to have any great difference in  
88 performance to the (symmetrized) BB1 pulse in our particular implementations at the  
89 time. As for the reasons - I am not prepared to speculate further.

90 It is worth noting that the PulsePol sequence has what can be argued to be a "built-in"  
91 supercycle  $[0, \pi, 0, \pi]$  applied to the 180 pulses we have called "riffing"  
92 (<https://pubs.aip.org/aip/jcp/article/157/13/134302/2841905>). Other (unpublished)  
93 possibilities include  $[0, \pi, 0, \pi, \pi, 0, \pi, 0]$ . These phase modifications were shown to be  
94 compulsory for the final robustness of the sequence, regardless of whether symmetric  
95 or antisymmetric composite pulses were used.

96 This success with the PulsePol sequence for robust singlet excitation inspired us to  
97 adapt it as a heteronuclear cross-polarization sequence ("DualPol"), and I chose to use  
98 the symmetrized BB1 pulse in light of the above history.

99 As for the reviewer's last point – it is worth noting that the matching of the  $^1\text{H}/^{103}\text{Rh}$  (I/S)  
100 field strengths is **completely unnecessary** in a windowed cross-polarization sequence  
101 such as DualPol! Unlike the traditional Hartmann-Hahn experiment (in which there is an  
102 extraordinarily stringent condition on the matching of the strengths of the synchronous  
103 rf fields), the I-S mixing in the DualPol sequence occurs entirely during the pulse-  
104 interrupted free evolution. That is to say, the sequence would still work if the nutation  
105 frequency on the I spins was 20,000 kHz and the nutation frequency on the S-spin  
106 channel was 4 kHz, under the tacit assumption that both nutation frequencies greatly  
107 exceed the IS J-coupling. We intentionally chose to match the  $^1\text{H}/^{103}\text{Rh}$  field strengths  
108 largely for reasons of readability. The consequences of a matched vs. unmatched rf  
109 field on the final performance of the sequence are unknown, and will be a theme for  
110 future research.

111 **No changes to the manuscript necessary.**

112

113 Reviewer comment 2

114

115 This is a nice work describing field-dependent relaxation of Rh spins in the  $\text{Rh}(\text{acac})_3$   
116 complex. Rh signals were also detected indirectly using the DualPol sequence. The  
117 main result is that a CSA tensor value was extracted and compared to published values  
118 from computation, and spi-rotation was identified as a major relaxation mechanism as  
119 well.

120 I do not have any comments, except a very positive one: this is very nice and complete  
121 work and I fully support publication.

122

123 **Author Response:** We thank the reviewer for their very positive comments on our  
124 manuscript! Just to clarify one point, in our work we do not estimate the  $\text{Rh}(\text{acac})_3$   $^{103}\text{Rh}$   
125 CSA value directly; instead, we observe that the  $^{103}\text{Rh}$   $T_1$  relaxation behaviour as a

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- 126 function of field strength is in general agreement with a prior measurement of the  
127  $\text{Rh}(\text{acac})_3^{103}\text{Rh}$  CSA (doi:10.1039/D3SC06026H).  
128  
129 **No changes to the manuscript necessary.**