+ These authors have contributed equally

Design and performance of an oversized-sample 35 GHz EPR resonator with an elevated Q value

Jörg W.A. Fischer[+1], Julian Stropp[+1], René Tschaggelar[+1], Oliver Oberhänsli[1], Nicholas Alaniva[1], Mariko Inoue[2], Kazushi Mashima[2], Alexander Benjamin Barnes[1], Gunnar Jeschke[1], and Daniel Klose*[1]

[1]Institute for Molecular Physical Science, ETH Zurich, Vladimir-Prelog-Weg 2, CH-8093 Zurich, Switzerland.
[2]Department of Chemistry Graduate School of Engineering Science, Osaka University, 1–3 Machikaneyama-cho, Toyonaka, Osaka 560-8531, Japan.

Correspondence: *Daniel Klose (daniel.klose@phys.chem.ethz.ch)

Abstract.

Continuous wave EPR spectroscopy at 35 GHz is an essential cornerstone in multi-frequency EPR studies and crucial for differentiating multiple species in complex systems due to the improved g tensor resolution compared to lower microwave frequencies. Especially for unstable and highly sensitive paramagnetic centers the reliability of the measurements can be improved by the use of a single sample for EPR experiments at all frequencies. Besides the advantages, the lack of common availability of oversized-sample resonators at 35 GHz often limits scientists to lower frequencies or smaller sample geometries, the latter may be non-trivial for sensitive materials. In this work, we present the design and performance of an oversized-sample 35 GHz EPR resonator with a high loaded Q_L value up to 2550 well suited for continuous wave EPR and single microwave frequency pulsed experiments. The design is driven by electromagnetic field simulations and the microwave characteristics of manufactured prototypes were found in agreement with the predictions. The resonator is based on a cylindrical cavity with a TE_{011} mode allowing for 3 mm sample access. Design targets met comprise high sensitivity, robustness, ease of manufacturing and maintenance. The resonator is compatible with commercial EPR spectrometers and helium flow as well as cryogen-free cryostats, allowing for measurements at temperatures down to 1.8 K. To highlight the general applicability, the resonator was tested on metal centers as well as on organic radicals featuring extremely narrow lines.

1 Introduction

Electron paramagnetic resonance (EPR) spectroscopy is a versatile and sensitive technique ideally suited to probe paramagnetic centers, even in complex environments such as heterogeneous catalysts. (Bonke et al., 2021) Chemical and structural information on the paramagnetic center is encoded in parameters of the effective spin Hamiltonian, describing the unpaired electron spin(s) as well as coupled magnetic nuclei. (Roessler and Salvadori, 2018; Schweiger and Jeschke, 2001) For systems with a single electron spin ($S = 1/2$) the solid-state continuous wave (CW) EPR spectra measured at the common frequency of 9.5 GHz (aka X band) are dominated by the anisotropic Zeemann interaction and the anisotropic hyperfine interaction described by the g tensor and A tensor, respectively. For the case of significant g and A anisotropy, as found in transition metal complexes,

spectra can be several GHz broad. Accordingly, for many applications a high sensitivity is essential. Key determining factors
25 for the sensitivity of an EPR spectrometer are the resonator properties, including the sample volume it allows.

In addition to sufficient sensitivity, resolution and spectral overlap are of concern for the analysis of complex samples, such as heterogeneous catalysts, where several paramagnetic species may be present. Already for a single anisotropic paramagnetic species, the number of parameters in the spin Hamiltonian is regularly beyond what can be resolved in a single CW EPR spectrum. (NejatyJahromy et al., 2021) The presence of several paramagnetic species often leads to severe spectral overlap,
30 which occludes access to the full information on each individual species inherent in the CW EPR line shape. To alleviate this challenge, multi-frequency EPR is employed as an essential tool to deconvolute overlapping spectral components and to constrain the full set of the anisotropic interactions in the spin Hamiltonian. (Misra, 2011) Multi-frequency EPR typically makes use of a combination of frequencies and corresponding magnetic field ranges with the most accessible frequencies being ~4 GHz (S band), ~9.5 GHz (X band), ~35 GHz (Q band), and ~95 GHz (W band). This serves, first, to disentangle the
35 field-dependent Zeeman interaction and the field-independent hyperfine interaction, and second, to increase spectral resolution for the g tensor at higher fields. This approach is known to aid the differentiation of multiple spectral species. (Misra, 2011) For samples with (residual) motion of the paramagnetic centers, the different frequencies are sensitive to different motional averaging time windows. Hence, multi-frequency EPR can also enhance studies of the inherent dynamics. (Zhang et al., 2010)

An important concern for global analysis of multi-frequency EPR data are line shapes of the spectra, when obtained with
40 either CW or pulsed EPR excitation. Pulse EPR acquires spectra via detection of an electron spin echo or a free induction decay (FID), and can be sensitive towards broad signals with small slopes in the absorption spectrum. Yet typically, pulse EPR has a reduced line shape fidelity or sensitivity compared to CW EPR experiments for two main reasons. First, using high microwave power for pulse excitation leads to instrumental dead time due to the need for transient receiver protection. This dead time can, however, make up a significant fraction of the transverse relaxation time, leading to signal loss, which is especially troublesome
45 in case the relaxation is anisotropic across the spectrum. Second, electron spin echo envelope modulation (ESEEM) due to nuclear hyperfine interaction exhibits a magnetic-field-dependent initial phase and may thus lead to distortions of the absorption spectrum unless long inter pulse delays are used. Due to these considerations, the observed relative intensities of different species and also within a single spectral species may differ between CW and pulse EPR spectra, yet only the CW EPR line shape in the absence of microwave power saturation is insensitive to relaxation time differences.

50 For samples of limited stability, such as catalysts that are highly sensitive to oxygen or moisture, or samples that are challenging to reproduce quantitatively, such as *ex situ* freeze-trapped reaction intermediates, it is highly advantageous to record multi-frequency EPR data on the very same sample. This requires resonators that allow for the same sample tube diameter at different microwave frequencies (Tschaggelar et al., 2009), and is particularly important for a quantitative global analysis by spectral simulations (Stoll and Schweiger, 2006), where variations in relative contributions of different species between the
55 spectra taken at different frequencies cannot be tolerated. With sample dimensions in EPR spectroscopy being comparable to the wavelength at least at the higher frequencies, the requirement to measure the same sample at different frequencies poses a technical challenge. Sensitivity optimization requires larger sample volumes at lower frequencies (Misra, 2011), with typical sample tube outer diameters (OD) of 5 mm in S band and of 4 mm in X band. However, even an OD of 3 mm already exceeds

a quarter of the wavelength in Q band and corresponds to approximately the wavelength in W band. When we consider a 3 mm OD sample tube as a reasonable compromise, the sample is thus *oversized* in Q and W bands. Therefore, the properties of the resonant cavity are strongly influenced by the dielectric properties of the sample tube and sample. This poses a challenge for the design of a robust cavity resonator, particularly for CW EPR, where adequate sensitivity requires a high quality (Q) factor.

For frequencies of about 33-36 GHz in Q band, different types of resonators have been designed and evaluated. Loop-gap resonators, originally introduced by Froncisz and Hyde (1982), are well suited to concentrate the microwave B_1-field to a limited sample volume. Several designs of Q-band loop-gap resonators were published (Mett et al., 2009; Forrer et al., 2008; Denysenkov et al., 2017) and B_1-fields corresponding to a Rabi frequency of 40 MHz over bandwidths > 1 GHz were achieved (Tschaggelar et al., 2017). However, scaling to larger sample diameters strongly deteriorates the performance of loop-gap resonators. Also for high B_1 and large bandwidth pulse EPR applications, a cylindrical resonator operating with the TE_{011} mode was computed for an oversized sample with 3 mm OD, whereas the actual resonator used a central dielectric ring for enhancing the B_1 field for a smaller sample OD of 1.8 mm. (Raitsimring et al., 2012) For the 3 mm OD sample access that we are aiming for here, cubic box resonators in TE_{102} mode (Tschaggelar et al., 2009; Polyhach et al., 2012) and cylindrical cavity resonators in TE_{011} mode (Reijerse et al., 2012; Judd et al., 2022; Savitsky et al., 2013; Gromov et al., 2006; Sienkiewicz et al., 1996) have been developed for different applications. Among these, the cylindrical cavities feature a higher Q factor as well as a better conversion factor, and the larger sample volumes overcompensate their poorer filling factors compared to commercial dielectric resonators. (Reijerse and Savitsky, 2017)

Here, based on the design target of a high-Q Q-band resonator for oversized samples suitable for CW EPR with high sensitivity, we report on the design and performance of a robust, simple cylindrical TE_{011} mode cavity resonator for 3 mm OD sample tubes. While suitable primarily for sensitive CW EPR experiments, the resonator can be also used for pulsed single microwave frequency experiments, particularly if a long receiver protection, and hence spectrometer dead time, can be tolerated. The resonator design is based on electromagnetic field modeling by finite element calculations in order to minimize the effect of electric fields in the sample and optimize the Q factor. The experimentally determined characteristics are in good agreement with the calculated properties, highlighting the advantage of a design approach based on electromagnetic field simulations. The resonator performance was tested on a scope of samples including a homogeneous, multi-component Ti(III)-catalyst in toluene under cryogenic conditions and at room temperature to demonstrate the general applicability. The linewidth resolution was demonstrated with an N@C$_{60}$ sample to be better than 10^{-2} mT.

2   Materials and methods

2.1   Finite element simulations of electromagnetic structures

Electric and magnetic field calculations were carried out by finite element simulations with the software CST Microwave Studio (CST GmbH, Darmstadt, Germany), which uses a volume grid discretization. The geometric structure was modeled *in silico* with all parts of the resonator in contact with the microwave fields. Out-of-resonance losses were fitted by assigning a surface conductivity of $3 \cdot 10^4$ S/m to the waveguide and other (non-ideal) surfaces. All metal structures were calculated using a surface

impedance model to incorporate resistive losses. The geometry of the resonator has been parameterized and optimized in terms of center frequency, bandwidth, B_1 field strength, sample volume (filling height of a sample tube with 3.0 mm OD, 2.2 mm inner diameter (ID)) and coupler position for different sample materials (with relative dielectric constants ranging from 1 for

95   empty tubes up to 3 for frozen aqueous samples (Matzler and Wegmuller, 1987)). The frequency shift of the resonator upon introduction of the sample tube could be reproduced using a relative permittivity of 3.4 for the quartz sample tube in Q band.

Simulations of the input reflection coefficient S_{11} were used to describe the measured microwave reflection curves. For comparison with the experimental results obtained by a DPPH point sample, microwave field and frequency were simulated at specific locations within the resonator excluding losses and surface imperfections.

100   ## 2.2   Microwave reflection curves and resonator characterization

The experimental microwave reflection curves were measured as the scattering parameter S_{11} with a calibrated network analyzer (HP 8722ES) and a source power of -10 dBm at room temperature. The simulated microwave reflection curves with the input reflection coefficient S_{11} were obtained from finite element simulations as described above. Details on the calculation of the β parameter and the half-power points ($\nu_{\mathrm{hp,i}}$) for the Q value calculation and the filling factor η are given in the supporting

105   information (Sections 1 & 2) and in Fig. S1.

2.3   Prototype fabrication

The resonator cavity, including iris, was fabricated from a solid block of copper metal (purity 99.95%, ThyssenKrupp, Essen, Germany) by wire erosion to yield suitably smooth surfaces. The iris groove was cut from the outside by CNC milling, with the coupling rod (1 mm, copper) positioned between iris and WR28 waveguide (copper, Penn Engineering Components, Valencia,

110   USA). The modulation coils consist of 30 turns of lacquer-isolated copper wire with a diameter of 0.35 mm. The coils are wound in a rectangular arrangement with a height of 20 mm, a width of 15 mm, and 25 mm apart. With an induction of 350 μH, an RMS current of 250 mA is required for a modulation amplitude of 0.1 mT.

2.4   Sample preparation

Diphenyl-1-picrylhydrazyl (DPPH, Sigma, Buchs, Switzerland) radical powder, N@C_{60} (powder, 6.15 mg, 10 ppm spin-

115   diluted with C_{60}, Designer Carbon Materials Ltd., Oxford, UK) (Franco et al., 2006; Eckardt et al., 2015; Jakes et al., 2003), or 20 μl, 100 μM (4-Hydroxy-2,2,6,6-tetramethylpiperidin-1-oxyl) (TEMPOL) radical solution in toluene were filled into 3.0 mm OD (ca. 2.4 mm ID) samples tubes made from Heraeus HSQ300 electrically fused quartz (Aachener Quartzglas, Aachen, Germany). The Herasil sample was a cylinder with a height of 6 mm and a diameter of 2.4 mm that was γ-irradiated with a dose of 2 kGy. The titanium catalyst in toluene solution was prepared in a glovebox under Ar atmosphere by using a Ti(IV)

120   organometallic precursor reduced to Ti(III) by trimethylaluminum, details will be described elsewhere. The filling height for the samples was ca. 8 mm, except for Herasil, TEMPOL, and DPPH, the latter was prepared using a small visible amount to approximate a point sample.

2.5 EPR measurements

Room temperature CW EPR experiments as well as the nutation measurements by pulse EPR were performed on a home-built pulse/CW Q band EPR spectrometer equipped with a helium flow cryostat (CF935, Oxford Instruments, Oxfordshire, UK) and a traveling wave tube amplifier (nominal power 150 W) described by (Gromov et al., 2001). For room temperature measurements the temperature of the resonator was maintained by a gentle flow of dry nitrogen gas through the cryostat. For DPPH a microwave power of 0.32 μW, a lock-in time constant of 20.48 ms and a conversion time of 81.92 ms was used, the modulation frequency was set to 100 kHz, and the modulation amplitude was set to 0.02 mT. The Rabi nutation experiment was performed using a $t_p - T - \pi/2 - \tau - \pi - \tau - echo$ pulse sequence and the input power into the resonator during the pulses was subsequently measured at the microwave bridge output with a 437B RF Power Meter (Keysight). The CW EPR spectra of the titanium catalyst and for N@C$_{60}$ were measured on a commercial EPR spectrometer (Elexsys E580, Bruker Biospin, Rheinstetten, Germany) equipped with a cryogen-free variable temperature EPR cryostat (Cryogenic Ltd., London, UK). The Ti(III) spectra were recorded without overmodulation with 100 kHz modulation frequency. At room temperature 0.1 mT modulation amplitude, 161.84 ms conversion time and 0.57 μW microwave power were used, while at 30 K the settings were 0.1 mT, 81.92 ms, and 0.23 μW, respectively. The N@C$_{60}$ was measured at room temperature with a modulation frequency of 100 kHz and a modulation amplitude of 0.002 mT. A microwave power of 0.23 μW, and a conversion time of 160 ms were used. CW EPR parameters were chosen for optimal signal-to-noise ratios while avoiding power saturation of the samples as well as saturation of the receiver chain of the spectrometer. An overview of all measurement parameters can be found in Tab. S1.

3 Results and discussion

3.1 Resonator design

The Q-band resonator is designed for sample tubes up to 3 mm OD and a temperature range from 1.8 to 298 K in continuous He flow cryostats or cryogen-free systems. Special focus was placed on low losses for a high Q factor, suitability for applications with different solvents, repeatable manufacturability, robust design, easy handling and cleaning. This is achieved by a cylindrical TE$_{011}$ cavity (9 mm height, 11.5 mm diameter) in a copper block with modulation coils from copper wire that are mounted on both outer sides of the cavity block (Fig. 1a). The modulation field at the sample for a given current in the modulation coils is enhanced by horizontal slots in the copper block dissecting the entire length of the lateral walls (Fig. 1a). Electromagnetic field simulations have been performed by systematically varying the slot size for the resonator between 0.2 and 0.8 mm in 0.5 mm steps. The resulting S_{11} curves (Fig. S2) exhibit a minimum of the dip around 0.5 mm, which was hence chosen to manufacture the resonator. While in this optimization approach the modulation field is not calculated, a more involved approach as performed by Sidabras et al. (2017) might further improve the performance of the resonator.

The cavity height-to-diameter ratio was optimized for minimum reflection (dip depth) at a frequency around 34.2 GHz with an empty sample tube. The obtained geometry (9 mm x 11,5 mm, see Tab. S2) is close, yet not the same as for the TE$_{011}$

155 resonator designed by Reijerse et al. (2012). The deviation from the expected optimum with a ratio of 1:1 may arise due to the interaction of the electromagnetic fields with the oversized sample. With the optimized cavity height-to-diameter ratio unwanted modes are suppressed or shifted out of the targeted frequency range. In case of sample damage in the cavity, the removable bottom plate of the resonator allows for efficient cleaning. The microwave power is provided through a waveguide, made from copper in the bottom part and from stainless steel in the upper part to reduce thermal conductivity. The coupling

160 of the microwave from the waveguide into the cavity is adjusted by a copper coupler in front of the iris (0.5 x 3.0 mm with rounded ends). Rotating the coupling knob at the top flange of the probehead tilts the coupler by some degrees from the vertical position and thereby changes the coupling. This is achieved by a thread just above the cavity, which converts the rotation into a tilt. The 3 mm OD sample tube held by the tip of a sample tube holder is guided in a 8 mm vetronite tube from the top flange to the resonator at its bottom. For precise and reproducible positioning, the sample tube is inserted through a conical guide into

165 the center of the cavity.
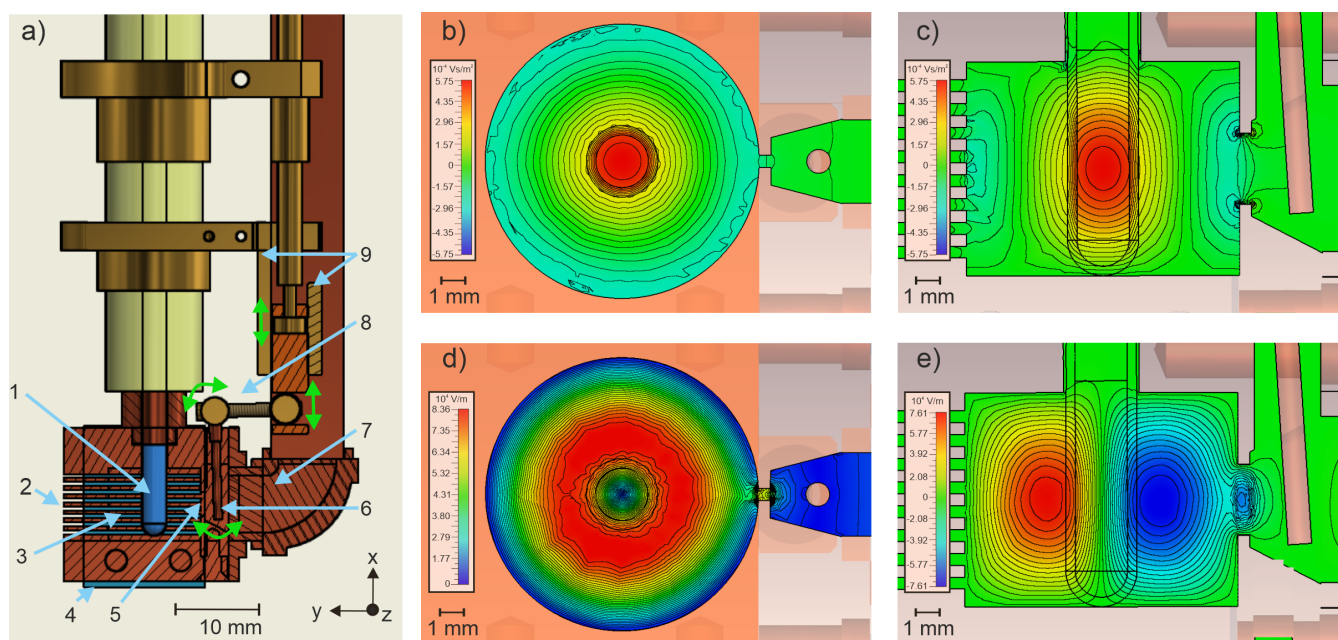
Figure 1. a) Rendering of the Q band EPR resonator with a cross section view of certain parts to show the technical functionality. EPR tube (1), slits for modulation field (2), cavity (3), modulation coil holder (4), iris (5), coupler (6), coupling waveguide (7), coupling mechanism (8, movement indicated by green arrows) and holder of the movable coupling piston (9); b-e) B and E field simulations of the resonator with an empty quartz EPR tube ($\epsilon = 3.4$), isolines are spaced by 6 % steps of the maximum field strength with $z||B_0$ (see a)); all cross sections run through the center of the cavity. b) Strength of the x component of the B_1 field in a horizontal cross section, c) Strength of the x component of the B_1 field in a vertical cross section, d) Strength of the tangential E_1 field in a horizontal cross section, e) Strength of the z component of the E_1 field in a vertical cross section.

3.2 Simulations and experimental characterization of the resonator

The electromagnetic field configurations in the cavity were simulated and are depicted in Fig. 1b-e. Figure 1b and c show horizontal and vertical cross-sections through the cavity with the simulated x component of the magnetic field B_1 of the incident microwaves. Since the x component of B_1 is orthogonal to the horizontal external magnetic field B_0 along z, the excitation of electron spins depends linearly on its strength. In Fig. 1, the space between the isolines corresponds to 6 % steps of the maximum field strength. Vertically, within ± 2 mm around the position with the maximum B_1 field strength, the field decays to about 80 %. The horizontal, radial decay of B_1 inside the sample (2.2 mm inner diameter) is below 10 % and, therefore, negligible compared to the vertical decay. Spins which are located outside the vertical center region will experience a lower B_1 field and hence will contribute to a smaller extent to the EPR signal. This is verified experimentally by the measurement of a point sample at different vertical positions in the resonator (Fig. 2). The magnetic field strength and its distribution showed only slight changes for samples with different dielectric constants. Observing the magnetic vector field across the range of conditions that we target with the present design, we found that the phase of the magnetic field remains constant over the volume of the sample, an example of which is shown in Fig. S3.

The electric field distribution of the TE_{011} mode is shown in Fig. 1d and e. The cavity is designed such that the electric field in the sample volume is minimized to avoid sample heating and a reduction of the Q value due to lossy samples. (Tschaggelar et al., 2009) Samples with a high dielectric constant focus the magnetic field B_1 in the center. This leads to an increase in the electric field E_1 at the sample borders, which induces a reduction in the Q value. This effect can also be seen when comparing microwave field simulations in the resonator with EPR tube (Fig. 1) and without EPR tube (Fig. S4) as well as in the increasing filling factor with increasing ϵ of the sample (Tab. S3). Whereas for an empty clear fused quartz tube, the electric field penetrates only slightly into the interior of the tube, this penetration becomes stronger if the EPR tube is filled with a sample with high dielectric constant such as liquid water. Particularly without an EPR tube, the electric field is not perfectly symmetric as expected for a pure TE_{011} mode, but has a visible distortion due to a weak TE_{311} mode contribution (Figs. 1d & S4c). Mett and Hyde (2004) showed that these distortions can lead to microwave leakage through the modulation slots thus reducing the resonator Q value, however, the low intensity of the second mode observed in the simulations suggests that the effect is minor in this case.

To map the sensitivity profile of the resonator as a guide for designing experiments, we probed the distribution of the magnetic component of the microwave field in the resonator and the shift of the resonance frequency upon sample insertion, using a DPPH point sample with a defined EPR transition at g = 2.0036. (Eaton et al., 2010) The inserted sample was moved in steps of 1 mm from the bottom to the upper end of the resonator cavity. The frequency of the minimum of the reflection curve was measured with an external frequency counter as a function of the sample position (Fig. 2a). At each sample position, the spectrum of DPPH was measured and the double integral intensity computed (Fig. 2b). Figure 2a shows that the measured and the predicted frequency shift are in good agreement which each other for all sample positions. In Fig. 2b the normalized double integral intensity after linear baseline correction is shown in comparison with the B_1 field strength simulations. The measured CW EPR signal intensity of DPPH matches the one expected from simulations well. The experiment shows that the
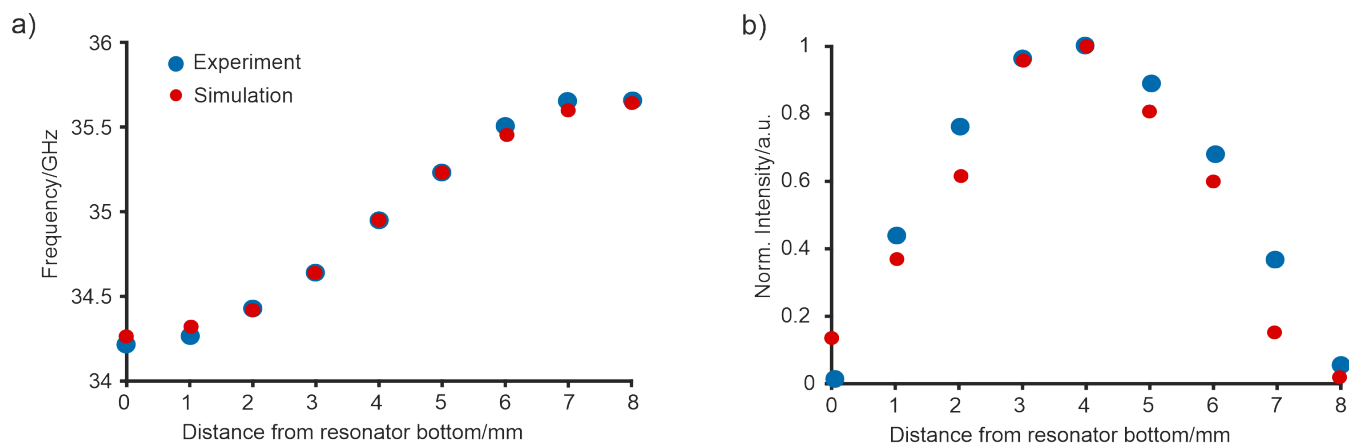
Figure 2. a) Frequency of the resonator mode as a function of the position of a DPPH point sample (blue) and corresponding simulations (red). b) Double integral intensity of the corresponding DPPH sample at the same positions (blue) and the expected intensity from the simulations (red).

active height of the resonator is around 6 mm which corresponds to an active sample volume of about 30 μl for a 3 mm OD sample tube, and as expected, the maximum B_1 field is about 3-5 mm from the bottom which corresponds to the center of the resonator.

To adjust the coupling for a range of samples with different dielectric constants, we tested a coupling element where the angle of the copper coupling rod with respect to the iris determines the coupling strength (Fig. 1a). The design allows for a broader range over which the coupling can be adjusted compared to the previous copper ring moving vertically in front of the iris on a PEEK rod. (Tschaggelar et al., 2009) Therefore, the effect of the coupler tilt angle was investigated in more detail. Figure 3 displays the simulated and experimental microwave reflection curves for different positions of the coupling element. The coupling element was moved between $-3°$ and $+3°$ around the resting position at $0°$ tilt angle. The frequency and Q value of the resonator are in quite reasonable agreement with the simulations, although some trends slightly differ. The slight deviation between the center frequency of the simulations and the experiment is most probably due to the non-perfect manufacturing of the surfaces, which leads to a decrease in the surface conductivity of the resonator material. Interestingly, the resonator features two very similar, distinct maxima in the Q value at a coupling rod angle of $-3°$ and $+3°$. Since the magnitude of reflections at the dip center decreases (larger S_{11}) and also the Q value decreases when the tilt angle gets smaller, the resonator must be in the overcoupled regime for all coupler positions (Tab. 1). The β coefficient calculated from the VSWR (see Tab. 1 & Section 1 of the Supporting Information) underlines that the resonator is not fully critically coupled ($\beta \neq 1$) neither with nor without sample tube. Both experiments and simulations show a consistent increase in Q value for all coupler tilt angles upon inserting the quartz tube. This effect probably results from the tube acting as a dielectric ring that slightly pulls the electric field into the tube walls, as seen upon closer inspection of Figs. 1e & S4d. This in turn leads to a reduction of the electric field near the resonator walls. The coupler design tested here is, therefore, suitable for applications in CW EPR, although the coupling range
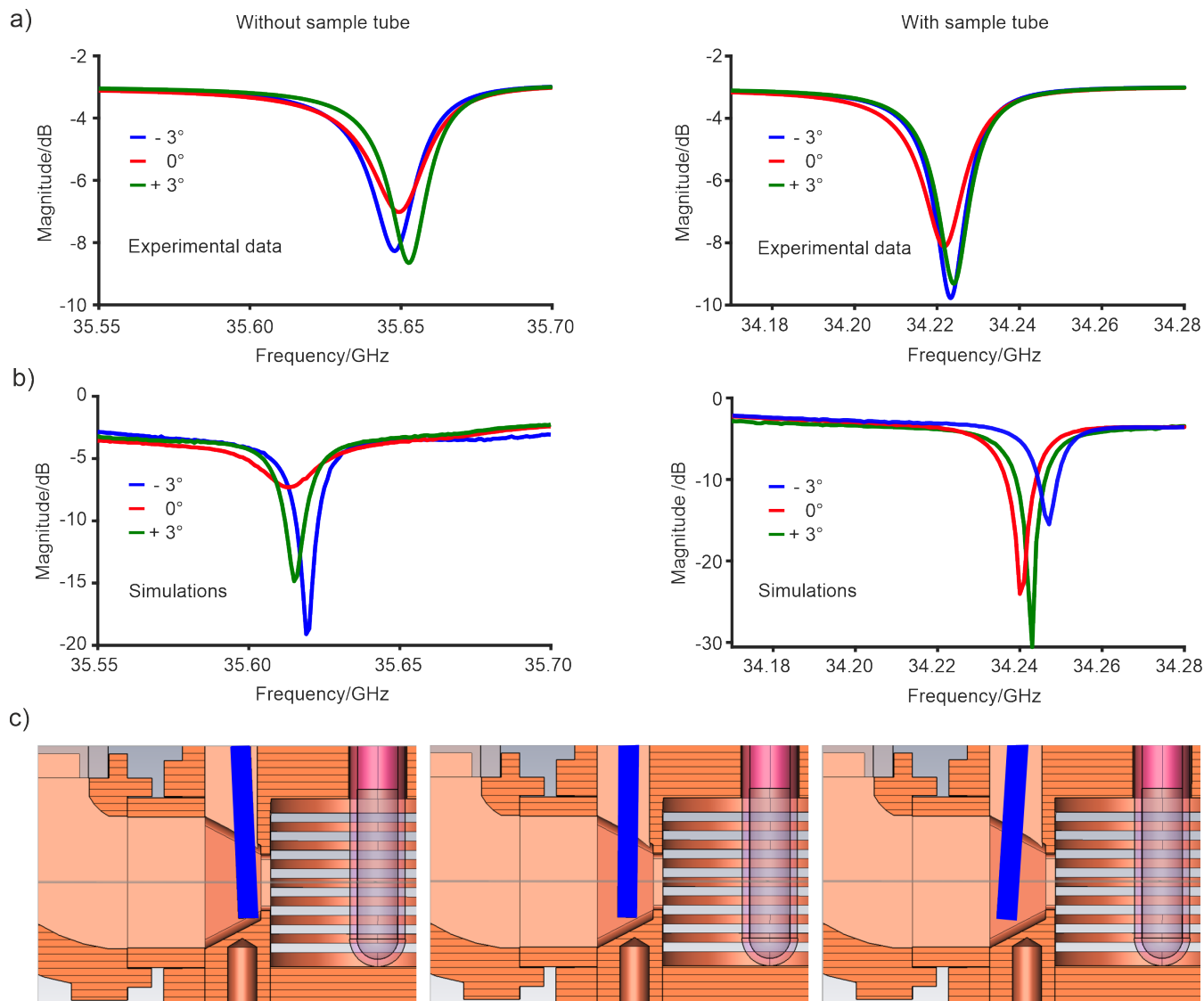
Figure 3. a): Experimental frequency of the resonator mode as a function of the coupler position (tilt angle) without and with a clear fused quartz sample tube. No additional modes are observed in the range of 34 - 36 GHz; b) the corresponding simulations with the same color code. c) Positions of the coupler used for the simulation from left to right −3° to +3°. The coupling element is highlighted in blue.

is found less versatile compared to other published designs (Judd et al., 2022). Additional simulations (not shown) demonstrate that the observed broadband absorption of around 4 dB in all curves can be explained by the losses introduced by the top part of the waveguide made out of stainless steel, which is used to reduce the heat flow from the flange at room temperature to

the cold resonator; these losses can be strongly alleviated by silver coating of the waveguide's inner walls. (Tschaggelar et al., 2009; Himmler et al., 2022)

Table 1. Microwave characteristics of the resonator: Experimental and simulated resonator mode for different coupler positions (tilt angle) with and without an empty 3 mm OD clear fused quartz tube. BW is bandwidth.

	Position	Without sample tube				With sample tube			
		ν_{dip}/GHz	BW/MHz	Q_L	β	ν_{dip}/GHz	BW/MHz	Q_L	β
	$-3°$	35.648	24.5	1455	3.39	34.223	13.4	2554	2.71
Experiment	$0°$	35.650	28.5	1251	4.41	34.222	16.4	2087	3.53
	$+3°$	35.653	21.5	1658	3.17	34.224	13.6	2517	2.89
	$-3°$	35.619	19.0	1875	1.35	34.247	15.0	2283	1.55
Simulation	$0°$	35.613	51.0	699	3.61	34.240	19.0	1802	1.17
	$+3°$	35.615	21.0	1696	1.61	34.243	18.0	1902	1.08

3.3 Microwave characteristics of the resonator

In order to assess the sensitivity of the EPR resonator, we quantify contributions to the EPR signal that characterize the resonator. The intensity of a CW EPR signal in the linear microwave power regime (no saturation) can be expressed as

$$S = \chi" Q_L \eta \sqrt{PZ} , \tag{1}$$

where S is the signal voltage at the end of the transmission line connected to the resonator, $\chi"$ is the magnetic susceptibility of the sample, Q_L is the loaded quality factor of the resonator, see Eq. (S2), η is the filling factor as defined in Eq. (S5), P is the microwave power and Z is the characteristic impedance of the transmission line. (Eaton et al., 2010) Equation (1) shows that the signal-to-noise ratio can be optimized by increasing Q_L or η, both parameters are influenced by the sample tube diameter. (Nesmelov et al., 2004) Here, the diameter was not varied to maximize sensitivity for this resonator due to the design goal of using the same sample tube size in multiple resonators across the three frequency bands (S, X, Q), for which a diameter of 3 mm is a suitable common denominator.

The loaded Q value, Q_L (see Eq. (S2)), is a measure for the efficiency of the cavity (including the impedance matching (load) of the transmission line) to store microwave energy versus dissipating energy, e.g. as ohmic losses. Accordingly, it can also be defined as the ratio between the energy stored in the resonator and the energy lost per cycle. The obtained Q_L value of 2550 (unloaded Q_0 = 9475, see Eq. (S4)) near critical coupling is on the higher end of previously reported values for home-built Q band resonators based on the TE$_{011}$ mode (see Tab. 2), similar values were obtained by resonators with oversized sample tube diameters, e.g. 2.8 mm OD with the Q_L value of 2480 by (Judd et al., 2022) and 3.0 mm OD with the Q_L value of 2600 by (Reijerse et al., 2012).

Although the introduction of an oversized lossy sample is expected to cause a reduction of the Q value, the overall sensitivity can still be higher due to the larger sample volume, which implies a larger number of spins at given concentration. (Tschaggelar

et al., 2009) The increase in concentration sensitivity through the increased sample volume stems from a high filling factor η (defined in Eq. (S5)). Simulations show for the present Q band TE_{011} resonator $\eta = 0.057$ with a 5 mm high sample in a 3 mm OD clear fused quartz tube, which is considerably higher than for a TE_{102} rectangular resonator with $\eta = 0.023$ (see Tab. 2). For both resonators, the filling factors increase for samples with higher dielectric constants due to an increased concentration of the microwave mode in the cavity center (Tab. S3). Comparing the two cavities, the TE_{011} resonator shows a significant improvement in η due to better focusing of the microwave B_1 field along the axis of the sample tube in the cylindrical cavity compared to the rectangular cavity. As a side effect, the resonance frequency of this high-η cavity is more susceptible to changes in the sample position compared to the TE_{102} resonator (Fig. 2a) because the sample diameter is of similar size as the wavelength and a high proportion of the microwave field interacts with the sample (Fig. 1).

Ultimately, the signal intensity is driven by the strength of the B_1 field. The relation between the applied power (Eq. (1)) and B_1 is defined as the conversion factor (C),

$$C = \frac{B_1}{\sqrt{P}} \, . \tag{2}$$

B_1 can be calculated from the length of a π pulse in a Rabi nutation experiment. For a γ-irradiated Herasil sample at room temperature and at 50 K, pulse nutation experiments show π pulse lengths of 46 ns and 44 ns (Fig. S5), corresponding to conversion factors of 0.45 mT/$\sqrt{W}$ and 0.52 mT/$\sqrt{W}$, respectively, similar to previously published resonators (see Tab. 2). These experimental values are well in agreement with the calculated conversion factor of 0.55 mT/$\sqrt{W}$, determined from the simulated magnetic field strength in the center of the cavity with an empty 3 mm quartz tube. The nutation experiments further show that the resonator is also suitable for single-frequency pulsed EPR experiments. However, given the elevated Q value of the resonator, it is advantageous to use low-power and more selective pulses when a shorter spectrometer dead time is required.

Table 2. Comparison of microwave characteristics with resonators from the literature. [a]empty 3 mm tube, n.d.: not determined. Ranges of Q_L values span the range from overcoupled to critically coupled. [b]Range are over several overcoupled three-loop-two-gap resonators. Note that Q_L and conversion factor also depend on dielectric losses in a particular sample. [c]Note that higher η values are found for samples with $\epsilon > 1$ (see Tab. S3).

Resonator type	Q_L	η^c	C in mT/$\sqrt{W}$	Tube diameter	Reference
TE_{011}	2080 – 2550	0.057	0.45 - 0.52	3mm	This work
TE_{011}	450 - 950	n.d.	0.009	4 mm	(Gromov et al., 2006)
TE_{011}	1300 - 2600 [a]	n.d.	0.45	3 mm	(Reijerse et al., 2012)
TE_{102}	200 – 400 [a]	0.023	0.11	2.9 mm	(Tschaggelar et al., 2009)
Loop gap[b]	250 - 700	n.d.	0.39 - 1.7	0.4 - 1.6 mm	(Forrer et al., 2008)

3.4 CW EPR performance of the resonator

To demonstrate the sensitivity and spectral resolution of the Q-band resonator on relevant systems for current research applications, we measured room temperature and low temperature (30 K) CW EPR spectra of a homogeneous Ti(III)-catalyst in

toluene (Fig. 4). The Q-band CW EPR spectrum is an important complement to S-band and X-band spectra to resolve the different overlapping Ti(III) species present in this system with only slightly different g tensor values. In the room-temperature Q-band CW spectrum (Fig. 4b), three major components could be readily identified. In the low-temperature spectrum, in the absence of motional averaging, the full g anisotropy of the different components is observed. As discussed above, for echo-detected field-swept EPR spectra, the potential dependence of relative signal intensities on the magnetic field complicates global fitting with other frequency bands and hence hampers a quantitative analysis. In the case at hand, with the two Q-band CW EPR spectra, the g tensors of the three main components become sufficiently constrained. Together with the hyperfine couplings to surrounding nuclei, which are more clearly visible in the lower frequency spectra, we established multi-frequency CW EPR analysis in S, X, and Q bands on the same sample tube as an essential step to deconvolute overlapping spectral components and to understanding the catalytic mechanism of this class of systems.

The resonator was also tested with spin-diluted N@C_{60}, as shown in Fig. 4c. In this sample, atomic nitrogen ($S = 3/2$, $I = 1$) is trapped in the center of the fullerene C_{60}, which renders the g tensor and the hyperfine coupling to the nitrogen very isotropic. (Almeida Murphy et al., 1996; Weidinger et al., 1998; Wittmann et al., 2018) In the room temperature Q-band CW EPR spectrum recorded with a single scan, one can observe three lines due to the ^{14}N hyperfine coupling, with each of the lines having a peak-to-peak linewidth of 0.01 mT. The spectra of the Ti(III) catalyst and N@C_{60} samples demonstrate the suitability of the resonator for applications from cryogenic to room temperatures for samples with narrow as well as broad lines. Furthermore, a power saturation curve of TEMPOL radical (100 μM, 20 μl) in frozen toluene solution demonstrates the onset and progressive saturation of the sample, and shows a signal-to-noise ratio of 235 in a single scan (Fig. S6).
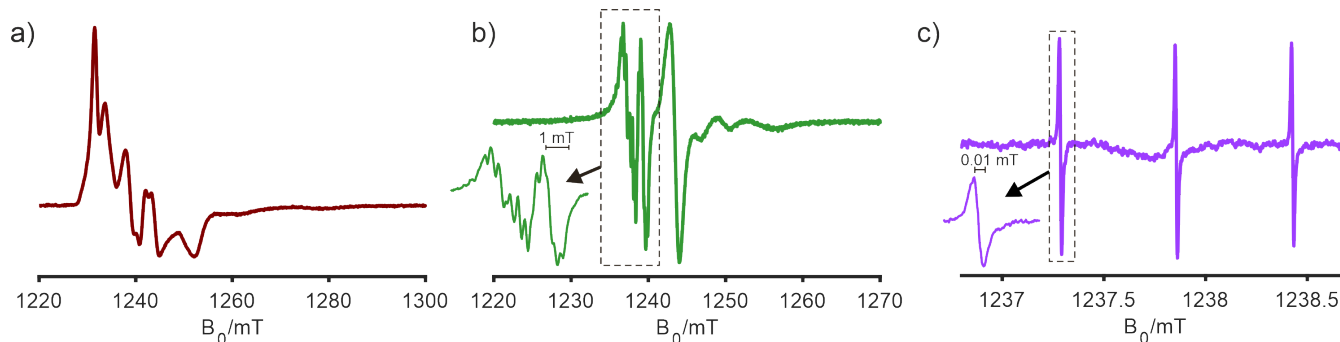
Figure 4. Q-band CW EPR spectra of a multi-component Ti(III)-complex system in toluene at 30 K (a), at room temperature (b), and spectrum of 10 ppm N@C_{60} spin-diluted in C_{60} at room temperature (c). The latter was measured on an extended powder sample (ca. 8 mm) with a modulation amplitude of 2 μT and shows a line width of 10 μT.

4 Conclusions

In this work, we introduced the design and fabrication of a 35 GHz cavity resonator for oversized samples and evaluated its performance in CW EPR and low power pulse EPR. The cylindrical resonator employs the TE_{011} mode, features a high filling factor of $\eta = 0.057$ that increases for high-dielectric samples, and a high loaded Q value of around 2550 when near critical coupling, or an overcoupled bandwidth of about 25 MHz, in combination with a 3 mm OD clear fused quartz tube. Electromagnetic field calculations are in good agreement with the experiments highlighting the importance of rational resonator design and simulation as a tool for geometry optimization. For the resonator, a high resolution was demonstrated with a linewidth of 10 μT for N@C_{60}. A Ti(III)-catalyst with multiple spectral species was employed to demonstrate general applicability of the probehead, its operation at cryogenic temperatures, and the benefit of resolving spectral overlap in complex systems. This resonator is therefore well suited for CW EPR and also for single-frequency pulsed EPR experiments. Since the construction of the resonator is straightforward due to its simplistic and robust design, we hope that it will be leveraged to enhance the use of Q band in multi-frequency EPR analyses.

Code and data availability. Design 3D CAD data is made available via Zenodo with DOI 10.5281/zenodo.11082486.

Author contributions. DK conceived the project and data processing. JS and JF performed the experimental work and data processing. RT and DK designed the resonator, RT performed the simulations analyzed by RT and DK. OO fabricated the resonator. NA, AB, MI, and KM provided relevant test samples. JS, JF, RT and DK wrote the manuscript with input from all authors. All authors discussed the results and contributed to the final manuscript.

Financial support. Financial support by the ETH research grant ETH-35221 to DK is acknowledged, and from SNSF grant 200021_201070/1 to AB.

Competing interests. The authors declare that they have no conflict of interest.

References

Almeida Murphy, T., Pawlik, T., Weidinger, A., Höhne, M., Alcala, R., and Spaeth, J.-M.: Observation of Atomlike Nitrogen-Implanted Solid C60, Phys. Rev. Lett., 77, 1075–1078, https://doi.org/10.1103/PhysRevLett.77.1075, 1996.

Bonke, S. A., Risse, T., Schnegg, A., and Brückner, A.: In situ electron paramagnetic resonance spectroscopy for catalysis, Nature Reviews Methods Primers, 1, https://doi.org/10.1038/s43586-021-00031-4, 2021.

Denysenkov, V., van Os, P., and Prisner, T. F.: Q-Band Loop-Gap Resonator for EPR Applications with Broadband-Shaped Pulses, Appl. Magn. Reson., 48, 1263–1272, https://doi.org/10.1007/s00723-017-0930-9, 2017.

Eaton, G. R., Eaton, S. S., Barr, D. P., and Weber, R. T.: Quantitative EPR, Springer Vienna, https://doi.org/10.1007/978-3-211-92948-3, 2010.

Eckardt, M., Wieczorek, R., and Harneit, W.: Stability of C60 and N@C60 under thermal and optical exposure, Carbon, 95, 601–607, https://doi.org/10.1016/j.carbon.2015.08.073, 2015.

Forrer, J., García-Rubio, I., Schuhmam, R., Tschaggelar, R., and Harmer, J.: Cryogenic Q-band (35GHz) probehead featuring large excitation microwave fields for pulse and continuous wave electron paramagnetic resonance spectroscopy: Performance and applications, J. Magn. Reson., 190, 280–291, https://doi.org/10.1016/j.jmr.2007.11.009, 2008.

Franco, L., Ceola, S., Corvaja, C., Bolzonella, S., Harneit, W., and Maggini, M.: Synthesis and magnetic properties of N@C60 derivatives, Chem. Phys. Lett., 422, 100–105, https://doi.org/10.1016/j.cplett.2006.02.046, 2006.

Froncisz, W. and Hyde, J. S.: The loop-gap resonator: a new microwave lumped circuit ESR sample structure, J. Magn. Reson. (1969), 47, 515–521, https://doi.org/10.1016/0022-2364(82)90221-9, 1982.

Gromov, I., Shane, J., Forrer, J., Rakhmatoullin, R., Rozentzwaig, Y., and Schweiger, A.: A Q-Band Pulse EPR/ENDOR Spectrometer and the Implementation of Advanced One- and Two-Dimensional Pulse EPR Methodology, J. Magn. Reson., 149, 196–203, https://doi.org/10.1006/jmre.2001.2298, 2001.

Gromov, I., Forrer, J., and Schweiger, A.: Probehead operating at 35GHz for continuous wave and pulse electron paramagnetic resonance applications, Rev. Sci. Instrum., 77, https://doi.org/10.1063/1.2216849, 2006.

Himmler, A., Albannay, M. M., von Witte, G., Kozerke, S., and Ernst, M.: Electroplated waveguides to enhance DNP and EPR spectra of silicon and diamond particles, Magn. Reson., 3, 203–209, https://doi.org/10.5194/mr-3-203-2022, 2022.

Jakes, P., Dinse, K.-P., Meyer, C., Harneit, W., and Weidinger, A.: Purification and optical spectroscopy of N@C60, Phys. Chem. Chem. Phys., 5, 4080, https://doi.org/10.1039/b308284a, 2003.

Judd, M., Jolley, G., Suter, D., Cox, N., and Savitsky, A.: Dielectric Coupler for General Purpose Q-Band EPR Cavity, Appl. Magn. Reson., 53, 963–977, https://doi.org/10.1007/s00723-021-01404-4, 2022.

Matzler, C. and Wegmuller, U.: Dielectric properties of freshwater ice at microwave frequencies, J. Phys. D Appl. Phys., 20, 1623, https://doi.org/10.1088/0022-3727/20/12/013, 1987.

Mett, R. R. and Hyde, J. S.: Microwave leakage from field modulation slots in TE011 electron paramagnetic resonance cavities, Review of Scientific Instruments, 76, https://doi.org/10.1063/1.1823748, http://dx.doi.org/10.1063/1.1823748, 2004.

Mett, R. R., Sidabras, J. W., and Hyde, J. S.: Coupling of waveguide and resonator by inductive and capacitive irises for EPR spectroscopy, Appl. Magn. Reson., 35, 285–318, https://doi.org/10.1007/s00723-008-0162-0, 2009.

Misra, M.: Multifrequency Electron Paramagnetic Resonance: Theory and Applications, Wiley, https://doi.org/10.1002/9783527633531, 2011.

NejatyJahromy, Y., Roy, S. C., Glaum, R., and Schiemann, O.: Multi-Frequency and Single-Crystal EPR on V4+ in W-Doped β-Vanadyl(V) Phosphate: Hyperfine Coupling- and g-Tensor Values and Orientation, Appl. Magn. Reson., 52, 169–175, https://doi.org/10.1007/s00723-020-01303-0, 2021.

345 Nesmelov, Y. E., Gopinath, A., and Thomas, D. D.: Aqueous sample in an EPR cavity: sensitivity considerations, Journal of Magnetic Resonance, 167, 138–146, https://doi.org/10.1016/j.jmr.2003.12.005, http://dx.doi.org/10.1016/j.jmr.2003.12.005, 2004.

Polyhach, Y., Bordignon, E., Tschaggelar, R., Gandra, S., Godt, A., and Jeschke, G.: High sensitivity and versatility of the DEER experiment on nitroxide radical pairs at Q-band frequencies, Phys. Chem. Chem. Phys., 14, 10 762, https://doi.org/10.1039/c2cp41520h, 2012.

Raitsimring, A., Astashkin, A., Enemark, J. H., Blank, A., Twig, Y., Song, Y., and Meade, T. J.: Dielectric Resonator for K a-Band
350 Pulsed EPR Measurements at Cryogenic Temperatures: Probehead Construction and Applications, Appl. Magn. Reson., 42, 441–452, https://doi.org/10.1007/s00723-012-0313-1, 2012.

Reijerse, E. and Savitsky, A.: Electron Paramagnetic Resonance Instrumentation, https://doi.org/10.1002/9780470034590.emrstm1511, 2017.

Reijerse, E., Lendzian, F., Isaacson, R., and Lubitz, W.: A tunable general purpose Q-band resonator for CW and pulse EPR/ENDOR
355 experiments with large sample access and optical excitation, J. Magn. Reson., 214, 237–243, https://doi.org/10.1016/j.jmr.2011.11.011, 2012.

Roessler, M. M. and Salvadori, E.: Principles and applications of EPR spectroscopy in the chemical sciences, Chem. Soc. Rev., 47, 2534–2553, https://doi.org/10.1039/c6cs00565a, 2018.

Savitsky, A., Grishin, Y., Rakhmatullin, R., Reijerse, E., and Lubitz, W.: An improved coupling design for high-frequency TE011 electron
360 paramagnetic resonance cavities, Rev. Sci. Instrum., 84, https://doi.org/10.1063/1.4788735, 2013.

Schweiger, A. and Jeschke, G.: Principles of Pulse Electron Paramagnetic Resonance, Oxford University Press, https://doi.org/10.1093/oso/9780198506348.001.0001, 2001.

Sidabras, J. W., Richie, J. E., and Hyde, J. S.: Axially uniform magnetic field-modulation excitation for electron paramagnetic resonance in rectangular and cylindrical cavities by slot cutting, Journal of Magnetic Resonance, 274, 115–124,
365 https://doi.org/10.1016/j.jmr.2016.11.014, http://dx.doi.org/10.1016/j.jmr.2016.11.014, 2017.

Sienkiewicz, A., Smith, B. G., Veselov, A., and Scholes, C. P.: Tunable Q-band resonator for low temperature electron paramagnetic resonance/electron nuclear double resonance measurements, Rev. Sci. Instrum., 67, 2134–2138, https://doi.org/10.1063/1.1147027, 1996.

Stoll, S. and Schweiger, A.: EasySpin, a comprehensive software package for spectral simulation and analysis in EPR, J. Magn. Reson., 178, 42–55, https://doi.org/10.1016/j.jmr.2005.08.013, 2006.

370 Tschaggelar, R., Kasumaj, B., Santangelo, M. G., Forrer, J., Leger, P., Dube, H., Diederich, F., Harmer, J., Schuhmann, R., García-Rubio, I., and Jeschke, G.: Cryogenic 35GHz pulse ENDOR probehead accommodating large sample sizes: Performance and applications, J. Magn. Reson., 200, 81–87, https://doi.org/10.1016/j.jmr.2009.06.007, 2009.

Tschaggelar, R., Breitgoff, F. D., Oberhänsli, O., Qi, M., Godt, A., and Jeschke, G.: High-Bandwidth Q-Band EPR Resonators, Appl. Magn. Reson., 48, 1273–1300, https://doi.org/10.1007/s00723-017-0956-z, 2017.

375 Weidinger, A., Waiblinger, M., Pietzak, B., and Almeida Murphy, T.: Atomic nitrogen in C60:N@C60, Appl. Phys. A-Mater., 66, 287–292, https://doi.org/10.1007/s003390050668, 1998.

Wittmann, J., Can, T., Eckardt, M., Harneit, W., Griffin, R., and Corzilius, B.: High-precision measurement of the electron spin g factor of trapped atomic nitrogen in the endohedral fullerene N@C60, J. Magn. Reson., 290, 12–17, https://doi.org/10.1016/j.jmr.2018.02.019, 2018.

380   Zhang, Z., Fleissner, M. R., Tipikin, D. S., Liang, Z., Moscicki, J. K., Earle, K. A., Hubbell, W. L., and Freed, J. H.: Multi-frequency Electron Spin Resonance Study of the Dynamics of Spin Labeled T4 Lysozyme, J. Phys. Chem. B, 114, 5503–5521, https://doi.org/10.1021/jp910606h, 2010.

+ These authors have contributed equally

Supporting Information:
Design and performance of an oversized-sample 35 GHz EPR resonator with an elevated Q value

Jörg W.A. Fischer[+1], Julian Stropp[+1], René Tschaggelar[+1], Oliver Oberhänsli[1], Nicholas Alaniva[1], Mariko Inoue[2], Kazushi Mashima[2], Alexander Benjamin Barnes[1], Gunnar Jeschke[1], and Daniel Klose*[1]

[1]Institute for Molecular Physical Science, ETH Zurich, Vladimir-Prelog-Weg 2, CH-8093 Zurich, Switzerland.
[2]Department of Chemistry Graduate School of Engineering Science, Osaka University, 1–3 Machikaneyama-cho, Toyonaka, Osaka 560-8531, Japan.
Correspondence: *Daniel Klose (daniel.klose@phys.chem.ethz.ch)

Abstract.

  Continuous wave EPR spectroscopy at 35 GHz is an essential cornerstone in multi-frequency EPR studies and crucial for differentiating multiple species in complex systems due to the improved g tensor resolution compared to lower microwave frequencies. Especially for unstable and highly sensitive paramagnetic centers the reliability of the measurements can be improved by the use of a single sample for EPR experiments at all frequencies. Besides the advantages, the lack of common availability of oversized-sample resonators at 35 GHz often limits scientists to lower frequencies or smaller sample geometries, the latter may be non-trivial for sensitive materials. In this work, we present the design and performance of an oversized-sample 35 GHz EPR resonator with a high loaded Q_L value up to 2550 well suited for continuous wave EPR and single microwave frequency pulsed experiments. The design is driven by electromagnetic field simulations and the microwave characteristics of manufactured prototypes were found in agreement with the predictions. The resonator is based on a cylindrical cavity with a TE_{011} mode allowing for 3 mm sample access. Design targets met comprise high sensitivity, robustness, ease of manufacturing and maintenance. The resonator is compatible with commercial EPR spectrometers and helium flow as well as cryogen-free cryostats, allowing for measurements at temperatures down to 1.8 K. To highlight the general applicability, the resonator was tested on metal centers as well as on organic radicals featuring extremely narrow lines.

1 Microwave characteristics from S_{11} curves: Half-power points and VSWR

The resonance frequency ν_{dip} is the frequency of the dip center in the S_{11} curves. The bandwidth of the resonator is the frequency difference between the half-power points after baseline correction to remove waveguide losses (see Fig. S1). The half-power points dB_{hp} (in dB) of the S_{11} curves, which are shifted from the -3 dB points when the resonator is not critically coupled, are given by (Eaton et al., 2010, p. 86)

$$dB_{\text{hp}} = 10 \cdot log \left(1 - \frac{1 - 10^{dB_{\text{dip}}/10}}{2} \right) , \tag{S1}$$

where dB_{dip} is the magnitude of the S_{11} curve at the dip center relative to the baseline offset due to waveguide losses. The loaded Q value, Q_L, is calculated as the ratio between the resonance frequency ν_{dip} and the bandwidth (BW) measured between the half-power points $\nu_{\text{hp,i}}$ (frequency values of dB_{hp} given above):

$$Q_L = \frac{\nu_{\text{dip}}}{\nu_{\text{hp,2}} - \nu_{\text{hp,1}}} . \tag{S2}$$

The Voltage Standing Wave Ratio (VSWR) of the resonator is calculated by

$$VSWR = \frac{1 + 10^{S11dB/20}}{1 - 10^{S11dB/20}} . \tag{S3}$$

The beta coefficient β can be determined from VSWR as $VSWR = 1/\beta$ for undercoupled resonators ($\beta < 1$), and as $VSWR = \beta$ for overcoupled resonators ($\beta > 1$). The coefficient β further allows to calculate the unloaded Q value, Q_0, from Q_L, independent from critical coupling, as

$$Q_0 = Q_L \cdot (1 + \beta) . \tag{S4}$$

A schematic drawing illustrating the determination of these parameters from the S_{11} curve can be found in Fig. S1. All parameters were obtained for the empty resonator and for the resonator with an empty 3 mm clear fused quartz tube inserted at room temperature.

2 Filling factor calculation

The filling factor is the ratio of the magnetic field component that induces the EPR signal over the overall energy stored in the resonator. (Misra, 2011) It is calculated by

$$\eta = \frac{\int_{\text{sample}} B_{1,rot}^2 dV}{\int_{\text{cavity}} B_1^2 dV} , \tag{S5}$$

where $B_{1,rot}$ is the magnetic field in the rotating frame and B_1 is the magnetic field strength. $B_{1,rot}$ is calculated as half of the magnetic field components orthogonal to B_0, since for linearly polarized microwave irradiation only half of the B_1 amplitude in the laboratory frame leads to excitation of EPR transitions. (Misra, 2011)

3 Supplementary Tables and Figures
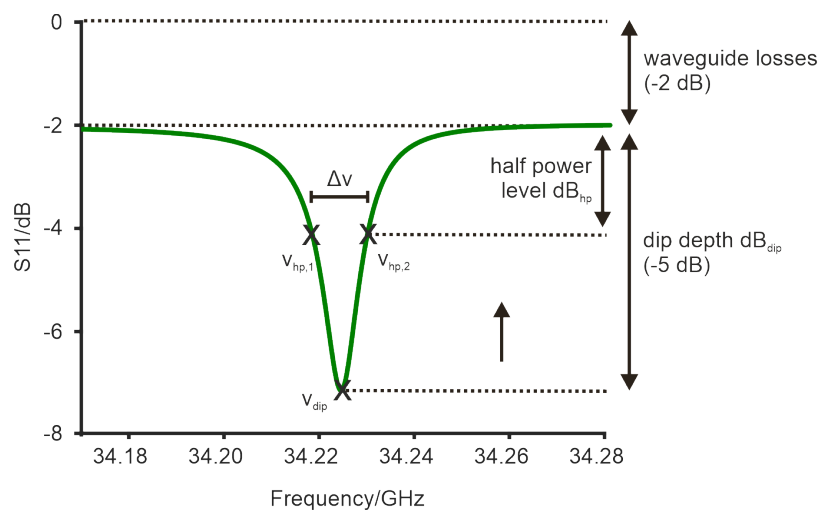
Figure S1. Schematic S_{11} microwave reflection curve and annotated parameters used to assess microwave characteristics.

Table S1. Measurement parameters of the conducted Q-band CW EPR experiments. The parameters were chosen for optimal signal-to-noise, while avoiding saturation of the receiver/detector of the spectrometer. In all cases a modulation frequency of 100 kHz was used. The effective microwave power, P_{eff}, was measured before the probehead by a power meter. The nominal power, P_{nom}, was shown by the spectrometer software.

Measurement	Width / mT	Modulation amp. / mT	Conv. time / ms	Time const. / ms	P_{eff} / μW	P_{nom} / μW
DPPH	5	0.02	81.92	20.48	0.32	0.3
10 ppm N@C60	2	0.002	160	40.96	0.23	2.0
Ti(III) r.t.	60	0.1	161.84	20.48	0.57	5.0
Ti(III) 30 K	100	0.1	81.92	20.48	0.23	2.0
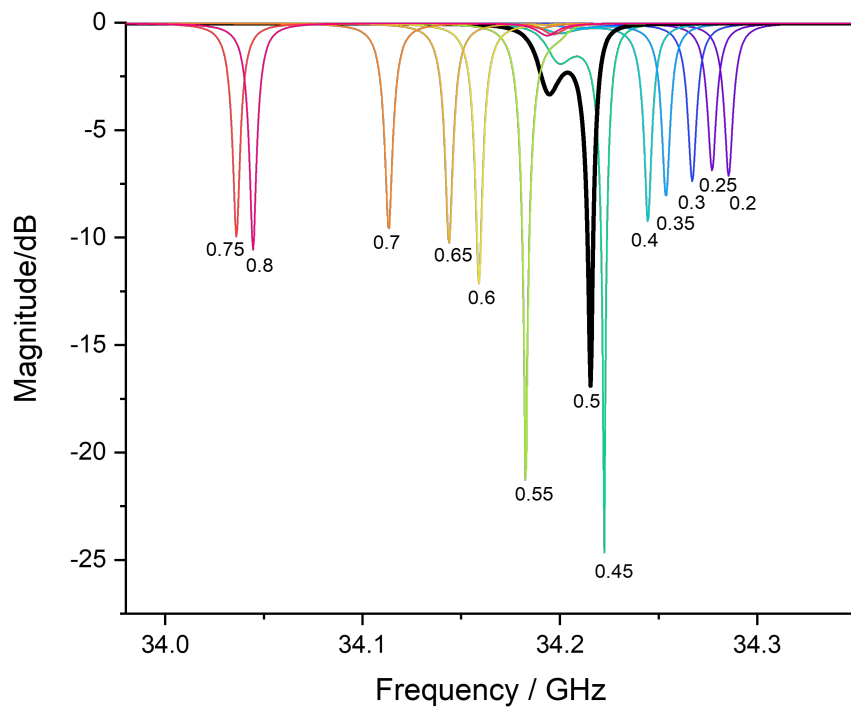
Figure S2. Simulated S_{11} curves of the resonator with varying the slot widths between 0.2 and 0.8 mm, while the slot centers were held 1 mm apart. The resonator dip has a maximal depth for slot widths of 0.45-0.55 mm. The central, selected slot width (0.5 mm) is highlighted in black. The individual slot widths are annotated in millimeters.

Table S2. Dip parameters from simulated S_{11} curves of cavities with varying height and diameter containing a 3 mm quartz tube filled with a high-dielectric sample (6 mm, $\epsilon = 2.5$). Dimensions of entry 2 (9.0 x 11.5 mm) were selected for manufacturing due to the minimum S_{11} value.

Height / mm	Diameter / mm	Frequency / GHz	Bandwidth / MHz	$S11_{dip}$ / dB
8.5	11.7	34.26	8.3	-8.5
9	11.5	34.22	8.8	-26.0
9.5	11.3	34.24	9.1	-8.6
10	11.2	34.18	8.6	-8.5
10.5	11.1	34.15	8.5	-8.3
11	11	34.16	8.6	-8.3
13	10.8	34.08	7.9	-8.3
15	10.7	34.02	7.2	-9.4
15	11.6	34.22	7.8	-9.6

a)   b)
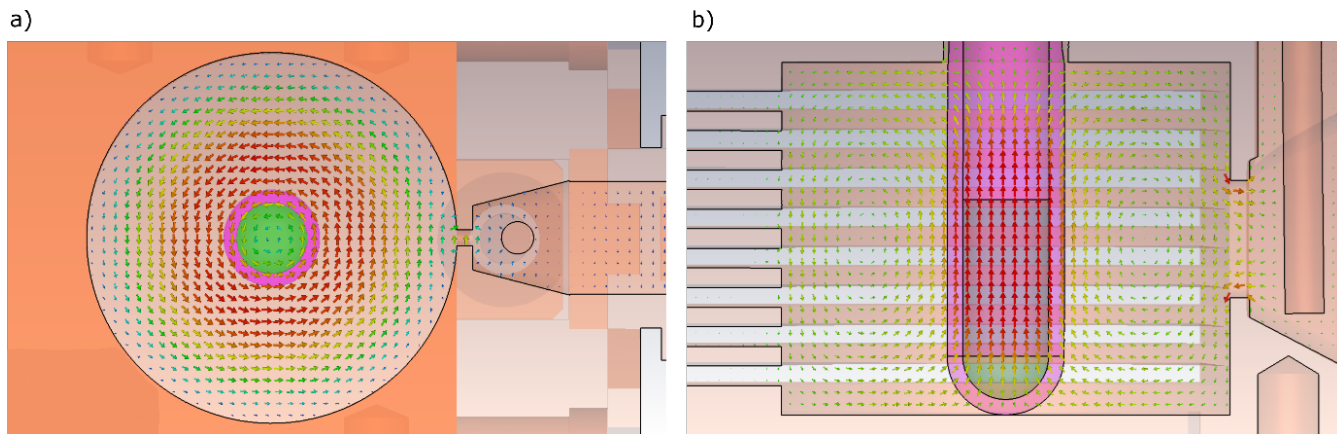
Figure S3. Electromagnetic field simulations of the resonator with a tube filled with a medium with a dielectric constant of $\epsilon = 2.5$. The resulting electric vector field (a) and the corresponding magnetic vector field (b) are shown as colored arrows (red to blue for large to zero fields).

Table S3. Comparison of filling factors η for two resonators, the TE_{011} resonator and the previously published TE_{102} resonator (Tschaggelar et al., 2009), for samples with a range of dielectric constants ϵ. Sample filling height in the quartz tube is 5 mm.

Resonator mode	$\epsilon = 1.0$	$\epsilon = 1.5$	$\epsilon = 2.0$	$\epsilon = 2.4$	$\epsilon = 2.7$	Reference
TE_{011}	0.057	0.061	0.066	0.070	0.074	This work
TE_{102}	0.023	0.024	0.029	0.032	0.034	Tschaggelar et al., 2009
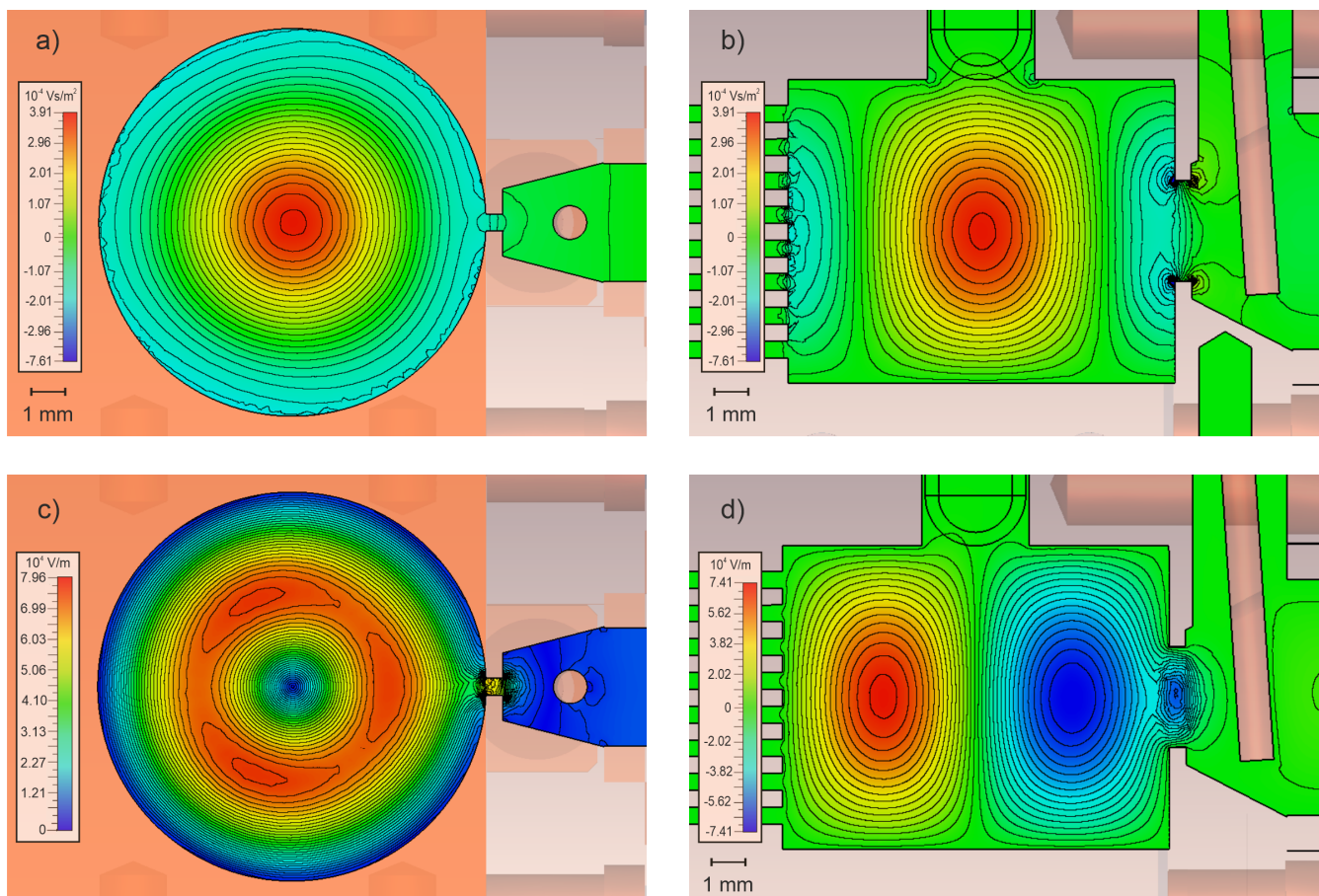
Figure S4. B and E field simulations of the resonator without EPR tube, isolines are spaced by 6 % steps of the maximum field strength, all cross sections run through the center of the cavity. a) Strength of the x component of the B_1 field in a horizontal cross section, b) Strength of the x component of the B_1 field in a vertical cross section, c) Strength of the tangential component of the E_1 field in a horizontal cross section, d) Strength of the z component of the E_1 field in a vertical cross section.
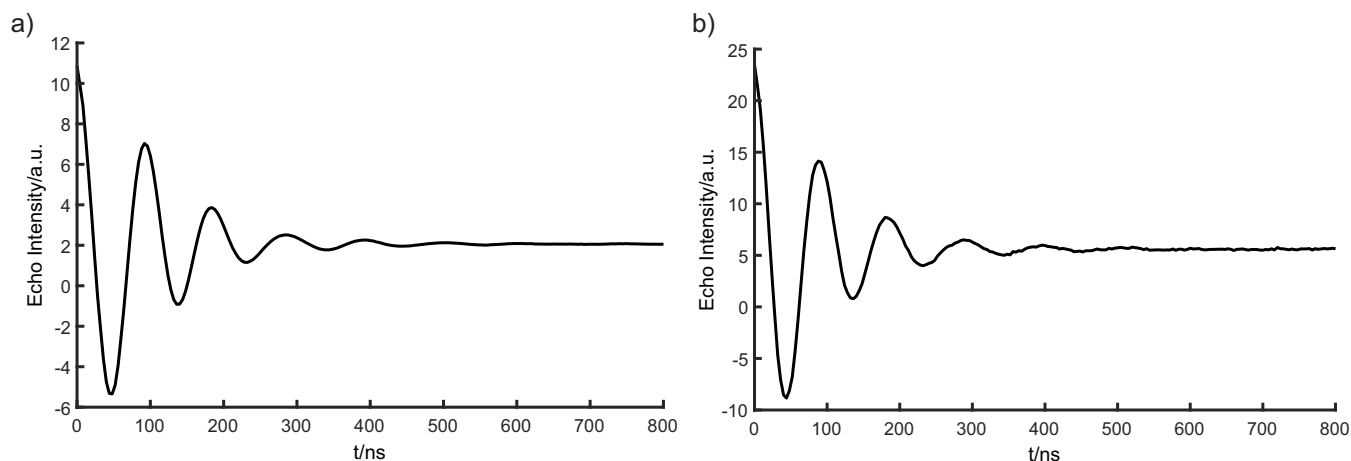
Figure S5. EPR nutation experiments on γ-irradiated Herasil at 33.934 GHz at a B_0 corresponding to the spectral maximum with a pulse sequence t_P - 3 μs - $\pi/2$ (24 ns) - 1 μs - π (48 ns) - 1 μs - echo at room temperature a) and at 50 K b). The Q-factor of 2500 ± 100 was measured beforehand with the sample centered in the cavity. For the room temperature measurement in a) a shot repetition time of 1 ms and a measured input power of 0.74 W was used, resulting in a π pulse length of 46 ns and a calculated conversion factor of 0.48 mT/$\sqrt{\text{W}}$. For the measurement at 50 K in b) the shot repetition time was 200 ms and the input power 0.60 W, resulting in a π pulse length of 44 ns and a calculated conversion factor of 0.52 mT/$\sqrt{\text{W}}$. Nutation experiments on Ti(III) catalysts in frozen toluene solutions showed similar conversion factors (0.39 - 0.53 mT/$\sqrt{\text{W}}$).
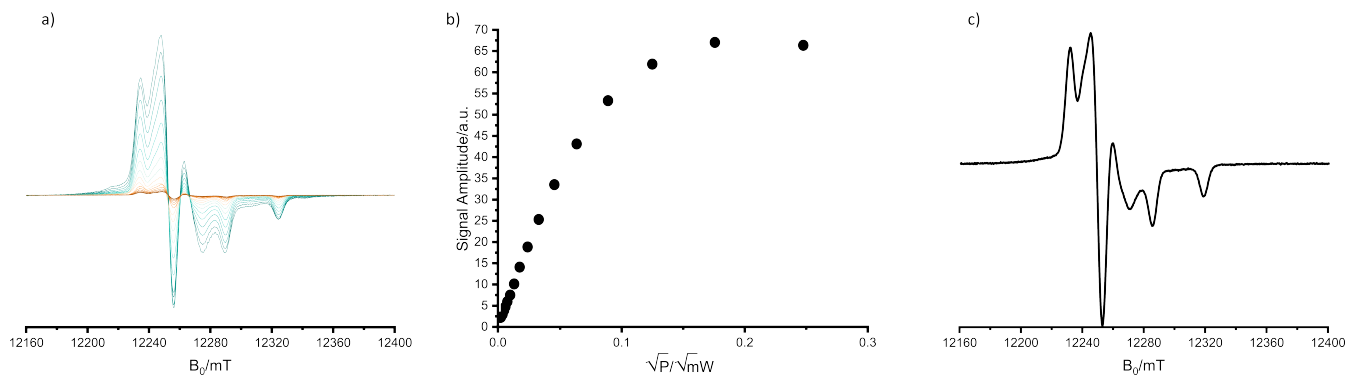
Figure S6. CW EPR power saturation at 100 K of 100 μM TEMPOL radical in toluene (20 μl) with increasing microwave power from brown to green (a) and the corresponding peak-to-peak signal amplitudes as a function of square root of effective microwave power delivered to the probehead (b). The measurement parameters are: Sweep width: 25 mT, modulation frequency: 100 kHz, modulation amplitude: 0.1 mT, conversion time: 80 ms, time constant: 40 ms. Spectrum used for determining the signal-to-noise ratio of 471 in 4 scans under non-saturating conditions (c), using the peak-to-peak intensity as the signal and two standard deviations over baseline points as the noise intensity, with measurement parameters: Sweep width: 25 mT, modulation frequency: 100 kHz, modulation amplitude: 0.1 mT, conversion time: 80 ms, time constant: 40 ms, nominal microwave power: 10.02 μW, corresponding to 1.1 μW effective microwave power (see Tab. S1).