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2 **Can label or protein deuteration extend the phase relaxation time of Gd(III) spin labels?**

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Abstract

Pulse-dipolar electron paramagnetic resonance (PD-EPR) has emerged as an effective tool in structural biology, enabling distance measurements between spin labels attached to biomolecules. The sensitivity and the accessible distance range of these measurements are governed by the phase memory time (T_m) of the spin labels. Understanding the decoherence mechanisms affecting T_m is crucial for optimizing sample preparation and spin-label design. This study investigates the phase relaxation behavior of two Gd(III) spin-label complexes, Gd-PyMTA and Gd-TPMTA, with various degrees of deuteration. These two complexes have significantly different zero-field splitting (ZFS) parameters. Hahn echo decay and dynamical decoupling (DD) measurements were performed at W-band (95 GHz) in deuterated solvents (D_2O /glycerol- d_8), both for the free complexes and when conjugated to proteins. The impact of temperature, concentration, and field position within the EPR spectrum on T_m was examined. Results indicate that protons within 5 Å of the Gd(III) ion do not contribute to nuclear spin diffusion (NSD), and protein deuteration offers minimal enhancement in T_m . The dominant phase relaxation mechanisms identified at low concentrations were direct spin-lattice relaxation (T_1) and transient ZFS fluctuations (tZFS). Dynamical decoupling (DD) measurements, using the Carr-Purcell sequence with ~140 refocusing pulses, resolved the presence of two populations: one with a long phase relaxation time, $T_{m,s}$, and the other with a short one, $T_{m,f}$. The dominating mechanism for the slowly relaxing population is direct- T_1 . $T_{m,s}$ showed no concentration dependence and was longer by a factor of about 2 from T_m for both complexes. We tentatively assign the increase in $T_{m,s}$ to full suppression of the residual indirect T_1 -induced NSD mechanism. For the fast relaxing population, $T_{m,f}$ is shorter for Gd-TPMTA; therefore, we assign it to populations for which the tZFS mechanism dominates. Because of the relatively short T_1 and the contribution of tZFS mechanism, protein deuteration does not significantly affect T_m .

1. Introduction

Distance measurements between two spin labels attached at specific sites in biomolecules, determined by pulse-dipolar EPR (PD-EPR) methods, have become standard tools in structural biology. The sensitivity of these measurements and the distance they can access depend on the phase memory time, T_m , of the spin labels used. Accordingly, understanding the decoherence mechanisms is essential for optimizing sample preparation conditions (concentrations, solvent composition, deuteration) and for spin-label design, thus reaching as long as possible T_m . In the case of solid-state EPR where the pulses applied cannot excite the entire width of the EPR spectrum, the spins are commonly divided into two types: Those excited and observed by the microwave pulse are referred to as the “A” spins, and the rest, termed “B” spins, are much more abundant. In general, at low temperatures, at which PD-EPR experiments are commonly carried out, there is no motion and the mechanisms contributing to decoherence for spin labels with $S=1/2$ are (Salikhov et al., 1981; Tyryshkin et al., 2012; Mitrikas, 2023; Wilson et al., 2023; Eaton and Eaton, 2000): (i) Direct spin-lattice (T_1) relaxation mechanism of the A spins, T_{m,T_1} , which provides the highest limit $T_m \leq 2T_1$. (ii) Redistribution of resonance frequencies of dipole-coupled A spins due to mw pulses leads to instantaneous diffusion, ID. (iii) Coupling between A spins and nearby B spins leads to spectral diffusion, SD. The latter can result from T_1 flips of the coupled B spins, referred to as indirect- T_1 , SD- T_1 , or energy-conserving pairwise B spin flip-flops, SD-ee. All these are concentration dependent. (iv) Nuclear spin diffusion (NSD) arising from nuclear flip-flops caused by homonuclear couplings, which does not depend on the electron spin concentration but depends on the nuclei concentration. (v) Admixture of tunnel states of methyl groups into the electron spin mediated by the hyperfine coupling of methyl protons (Soetbeer et al., 2021a).

Gd(III) chelates are among the spin labels used for PD-EPR applications; they are beneficial for in-cell PD-EPR measurements because of their chemical stability and high sensitivity at high frequencies (> 34 GHz, Q- and W-band) owing to a narrow central transition and a relatively long phase memory time (Goldfarb, 2014; Giannoulis et al., 2021). Several studies have been dedicated to the dephasing mechanism of Gd(III) at low temperatures. Raitsimring et al (Raitsimring et al., 2014) explored the phase relaxation of Gd(III)-DOTA as a representative of Gd(III) spin labels in the temperature and concentration ranges typically used for W-band double electron-electron (DEER) measurements, which is the most widely applied PD-EPR experiment (Pannier et al., 2000).

1 They found that in addition to the mechanisms of phase relaxation known for nitroxide-based spin
2 labels listed above, Gd(III) spin labels are subjected to an additional phase relaxation mechanism
3 that features an increase in the relaxation rate from the center to the periphery of the EPR
4 spectrum. It was suggested that this mechanism is due to transient zero-field splitting (tZFS)
5 fluctuations. This tZFS-induced phase relaxation mechanism becomes dominant (or at least
6 significant) when all other phase relaxation mechanisms mentioned above are significantly
7 suppressed by matrix (solvent) deuteration and low spin concentration.

8 A quantitative analysis of Gd(III) Hahn echo decay was recently reported at 240 GHz (Wilson et
9 al., 2023). Two complexes, Gd-DOTA ($D=700$ MHz) and Gd-PyMTA ($D=1200$ MHz), were studied in
10 D_2O /glycerol- d_8 . T_1 and T_m were measured as a function of temperature and concentration. As
11 expected, T_1 was found to be concentration-independent, whereas T_m was. Interestingly, the
12 Hahn echo decay from which T_m was derived could be fitted by an exponential decay instead of
13 the stretched exponent needed at Q-band (Soetbeer et al., 2021b). A careful analysis of the
14 temperature and concentration dependence data and the associated T_1 values gave the relative
15 contributions of the various decoherence mechanisms. The concentration-independent
16 mechanism was found to be the direct- T_1 mechanism and a concentration- and temperature-
17 independent mechanism was assigned to weak coupling between electron spins and the presence
18 of an ensemble of nuclear spins. As the solvent was fully deuterated, these could be protons on
19 the Gd(III) complex. In this respect, it has been shown that while deuteration of nitroxides spin
20 labels did not increase T_m , for trityl labels, it did (Soetbeer et al., 2021b).

21 Qualitative studies of several Gd(III) complexes, with axial parameters, D , of the ZFS in the range
22 of 560-2000 MHz, investigated the effect of solvent deuteration at Q-band (Garbuio et al., 2015),
23 and reported that in a protonated matrix, T_m is dominated by NSD. It was also suggested that in
24 fully deuterated solvents, the phase relaxation is dominated by tZFS and perhaps ligand hyperfine-
25 driven mechanism, but no quantitative analysis of the data was presented. The decoherence
26 behavior of Gd(III) complexes was further investigated under dynamical decoupling (DD)
27 conditions. DD is a control strategy to protect quantum states from decoherence, achieved by
28 applying a sequence of carefully designed control pulses that counteract unwanted interactions
29 with the environment, effectively "decoupling" the system from environmental noise (Suter and
30 Álvarez, 2016). CP (Carr-Purcell) and CPMG (Carr-Purcell-Meiboom-Gill) echo trains are such
31 sequences. DD acts as a filter between the spin system and the environment, and the pulse

spacing determines the characteristics of this filter. Short delays compared to the correlation time of the environmental fluctuations increase the coherence time of the system and typically, relaxation caused by electron-electron spectral diffusion and NSD can be suppressed (Soetbeer et al., 2021b; Soetbeer et al., 2018). Recent measurements on a single crystal of Gd(III) doped Y(trensol) carried out at X-band frequencies showed that CPMG with 120 refocusing pulses suppressed NSD efficiently and increased T_m considerably, depending on the transition probed and the crystal orientation (Hansen et al., 2024).

Three Gd(III) complexes with D values of 485-1861 MHz were studied at Q-band in protonated and deuterated solvent, H_2O /glycerol and D_2O /glycerol- d_8 , and a low concentration to suppress the ID and SD mechanisms (Soetbeer et al., 2021b). As expected, the solvent deuteration increased the decay time considerably, and the data could be well-fitted with a single stretched exponential decay function (SE model). Furthermore, for Gd-DOTA-M in deuterated solvents, DD (CP with up to 5 refocusing pulses) did not generate a significant increase in the decay time, and it was suggested that coherence losses of unknown origin, probably the ZFS-driven mechanism, which the DD cannot refocus, counteracted the decoupling efforts (Soetbeer et al., 2021b). Interestingly, measurements of a protein singly spin-labeled with Gd-DOTA-M in a deuterated solvent increased the echo decay rate approximately threefold, as compared to the bare spin-label in the same solvent. This three-fold increase could be counteracted by DD with 2-3 pulses, achieving overall longer coherence survival than any DD trace of the fully protonated sample (Soetbeer et al., 2021b). These results showed that the protein's protons affect the phase relaxation of the Gd(III) spin label. Thus, one would expect that deuteration of the protein should help reduce the decoherence.

The T_1 values of Gd(III) complexes in solution are relatively short and therefore expected to affect the Gd(III) phase relaxation. For example, Gd(III) ruler with a PyMTA chelate with distances of 3.4 nm have at W-band T_1 values in the range of 80-11 μs at the temperature range of 6-30 K, respectively, (Seal et al., 2022), (Razzaghi et al., 2014). For the same type of ruler with distances of 2.1 and 6 nm, a T_1 value of $\sim 30 \mu s$ was reported at 10 K (Mocanu et al., 2025). The reported T_1 values of the spin label BrPsPy-DO3A-Gd(III) in the temperature range of 6-40 K are 132-9 μs (Seal et al., 2022). At Q-band, the T_1 values are longer than at W-band; the complexes of the [Gd(III)(NO₃Pic)] family, which have a small ZFS $D \sim 500$ MHz and T_1 values in the range of 190-200 μs , were reported (Ossadnik et al., 2023).

In the present work, we explore whether deuteration of the Gd(III) chelate and the protein can further extend T_m , along with the effects of concentrations, temperature, and field position within the Gd(III) EPR spectrum. This is done for Hahn echo decay measurements, and the potential of DD for extending it further is also examined. We studied two Gd(III) spin-label complexes, PyMTA (Gd-PyMTA) and TPMTA (Gd-TPMTA) (**Fig. 1**), with different degrees of deuteration. These two complexes have very different D values (1200 vs \sim 4000 MHz). All measurements were carried out at W-band (95 GHz), and the complexes were dissolved in D_2O /glycerol- d_8 , thus serving as a reference for the longest possible T_m . These are then compared to the phase relaxation of these labels when conjugated to a protein. We found that the protons at a distance shorter than 5 Å from the Gd(III) do not contribute to NSD and that the protein's deuteration did not significantly prolong T_m . The primary mechanisms contributing to the phase relaxation in deuterated solvents and low concentrations are the direct T_1 and tZFS mechanisms.

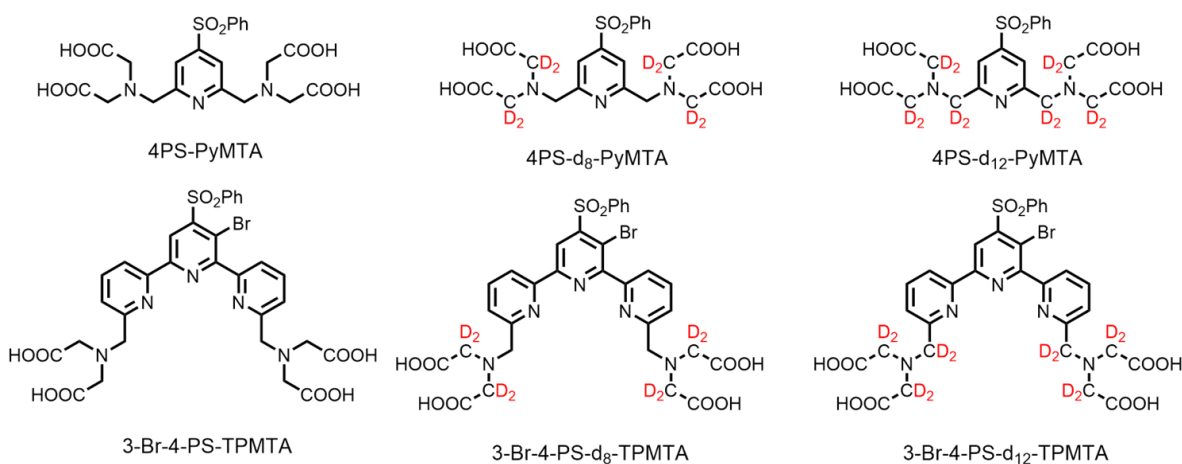


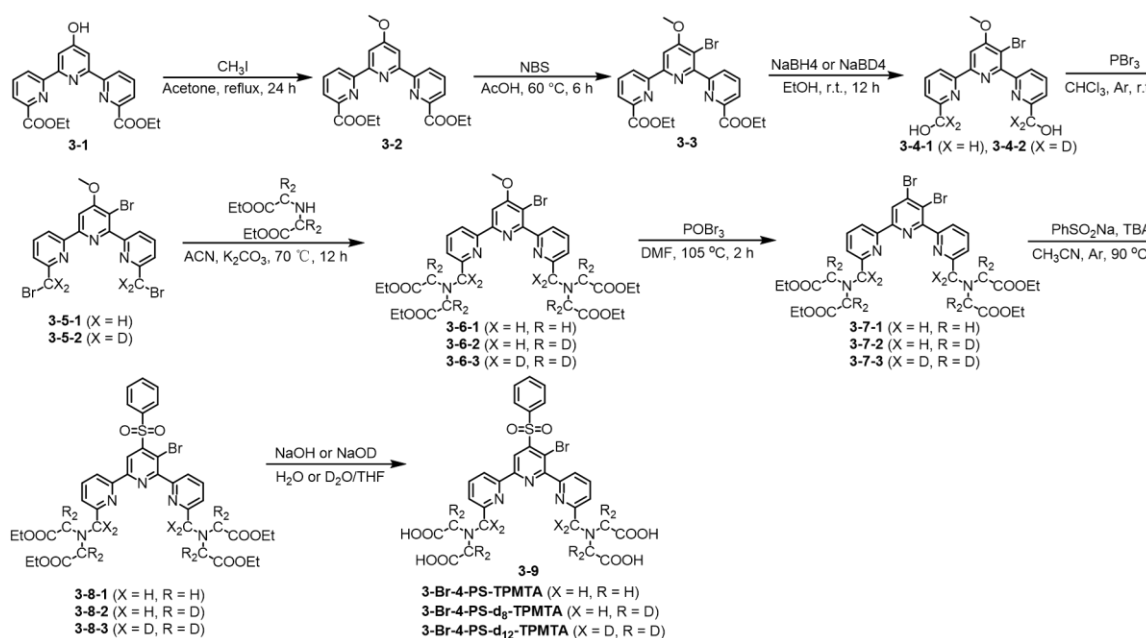
Figure 1. Deuterated chelates for Gd(III) that can be further attached to cysteine residues in a protein for labeling.

1. Experimental

1.1 Synthesis of spin labels

The synthesis of spin tags, protein expression and labeling are described in detail in the Supporting Information. In brief, the 4PS-(d_n)-PyMTA were synthesized according to reported procedure (Montgomery et al., 2017; Wang et al., 2019) (Li and Byrd, 2022) (Yang et al., 2015) and 3-Br-4-PS-(d_n)-TPMTA tags were synthesized in the following 8 steps (Scheme 1). 1: Methylation of (3-1) with CH_3I and K_2CO_3 in acetone, purification via column chromatography (82% yield). 2: Bromination of (3-2) with N-Bromosuccinimide (NBS) in acetic acid at 60 °C, and chromatography

1 purification (92% yield). 3: Reduction of (3-3) with NaBH₄/NaBD₄ in ethanol, yielding a yellow solid.
 2 4: Reaction of (3-4) with PBr₃ in CHCl₃, followed by neutralization and extraction. 5: Substitution
 3 of (3-5) with diethyl iminodiacetate in acetonitrile at 70 °C, yielding a yellow solid. 6: Reaction of
 4 (3-6) with POBr₃ in DMF at 105 °C and purification. 7: Reaction of (3-7) with sodium benzene
 5 sulfinate and TBAB in acetonitrile at 90 °C. 8: Hydrolysis of (3-8) with NaOH/NaOD in THF/H₂O,
 6 followed by acidification, resulting in (3-9) as a yellow solid. The synthesis of 4PS-5-Br-6PCA-(d_n)-
 7 DO3A-Gd(III) is described in detail in the Supporting Information. Mass spectra of all tags are given
 8 in **Figs. S1-S3**.



Scheme 1. Synthesis of 3-Br-4-PS-(d_n)-TPMTA spin tags.

9

10 2.2 Protein purification, spin labeling, and EPR sample preparation

11 The D39C/E64C construct of ubiquitin (ubi) was used in this study. The steps for deuterated
 12 protein expression were performed according to previous reports (Li and Byrd, 2022).

13 2.2.1 Protein labeling with 4PS-5-Br-6PCA-(d_n)-DO3A-Gd(III).

14 0.2 mM 100 μL purified protein (¹H ¹⁴N ubi D39C/E64C or ²H ¹⁵N ubi D39C/E64C) was incubated
 15 with 0.4 mM tris(2-carboxyethyl)phosphine (TCEP) in 20 mM Tris-HCl at pH 8.5, and then treated
 16 with 10 equivalents of tags at 30 °C for 12 h. The reaction progress was monitored by ESI-Q-TOF
 17 mass spectrometry. The excess tag was removed using a PD-10 desalting column (GE Healthcare
 18 Biosciences). The ligation products were freeze-dried for subsequent experiments.

2.2.3 Protein labeling with 4PS-PyMTA or 3-Br-4PS-TPMTA.

The ligation of the target protein to 4PS-PyMTA was carried out according to the previous report (Yang et al., 2019). 0.2 mM 100 μ L purified protein in 20 mM Tris-HCl at pH 8.5 was mixed with 0.4 mM TCEP, and then treated with 10 equivalents tags at 30 °C for 12 h. After the reaction was completed, the sample was filtered through PD-10 desalting column to remove the excess tag. The protein-PyMTA was mixed with 2.5 equivalents of Gd(NO₃)₃ in a 20 mM MES buffer at pH 6.5. The excess of metal ion was removed using a Millipore concentrator (3 kDa cutoff). Similarly, 3-Br-4PS-TPMTA was conjugated to the target protein using the same procedure, and the deuterated tags were ligated to the target protein the same as the non-deuterated tag. Mass-spectra of the labeled proteins are shown in **Figs. S4-S7**.

For pulse EPR measurements, Gd-PyMTA and Gd-TPMTA solutions in the concentration range of 0.03-0.2 mM were dissolved in 50:50 v/v D₂O/glycerol-d₈. The spin-labeled protein conjugates were lyophilized and redissolved in 15 mM HEPES-D₂O buffer (pD 7.2) with 20% glycerol-d₈ (v:v). The final concentration of proteins was 50 μ M estimated from the absorbance at 280 nm using a Nanodrop spectrophotometer (Thermo Science). For EPR measurements, solutions (ca. 3 μ L) were transferred to quartz capillaries (0.6 ID \times 0.84 OD mm) and sealed at one end with crytoseal.

2.3 Spectroscopic measurements

Pulsed EPR and ENDOR measurements were performed using two home-built W-band pulse EPR spectrometers equipped with cylindrical TE₀₁₁ cavities and Helmholtz radiofrequency (RF) coils (Gromov et al., 1999). The first spectrometer has a solenoid superconducting magnet (Cryomagnetics, Inc.), a 3 W pulsed microwave power amplifier (QPP95013530, Quinstar), and a pulsed 2 kW RF amplifier (BT02000-GammaS, TOMCO). The second spectrometer has a 0–5 T cryogen-free magnet with an integrated variable temperature unit and 300 mT sweep coil (J3678, Cryogenic Ltd.)(Feintuch et al., 2011), and is equipped with 2 W pulsed microwave power amplifier (QPP95023330-ZW1, Quinstar). Temperature (below 15 K) and field dependencies of Gd-TPMTA were carried out using the second spectrometer due to its wide temperature and magnetic field ranges.

Echo-detected EPR (ED-EPR) spectra were recorded employing the Hahn echo sequence ($\pi/2$ – τ – π – τ –echo) and measuring the echo intensity as a function of the magnetic field. The π pulse duration was 28-30 ns, τ =500-600 ns, and a repetition time of 1 ms was employed. Echo decays as a function of τ were measured by setting the magnetic field to a position within the ED-EPR spectrum and the experimental parameters described above. The Carr–Purcell (CP) experiments

were carried out using the $\pi/2 - (\tau/n - \pi - \tau/n)_n - \text{echo}$ sequence with a 2^n -step phase cycle employed to filter out all additional echoes except the refocused ones (Soetbeer et al., 2018). For these experiments, n was from 1 to 5 with varying τ for each value of n and measuring the intensity of the last echo as a function of τ . Additionally, a full CP train $\pi/2_x - (\tau - \pi_x - \tau - \text{echo} - \tau - \pi_x - \tau - \text{echo})_n$ (Mentink-Vigier et al., 2013) was applied with a two-step phase cycling on the first $\pi/2$ pulse, with constant τ in the range of 280 to 800 ns and the intensity of each echo was measured, typically $2n \sim 140$. T_1 measurements were performed using the inversion recovery sequence, $\pi - t_{\text{wait}} - \pi/2 - \tau - \pi - \tau - \text{echo}$, with varying t_{wait} .

Mims ENDOR spectra were recorded on the first spectrometer at 10-20 K and a magnetic field corresponding to maximum echo intensity using the sequence $\pi/2 - \tau - \pi/2 - T(\pi_{\text{RF}}) - \pi/2 - \tau - \text{echo} - [\tau_2 - \pi - \tau_2 - \text{echo}]_n$ with a four-step phase cycle and five CP echoes with $\tau_2 = 600$ ns for detection, which was optimized for the best signal-to-noise ratio (Mentink-Vigier et al., 2013). The RF frequency was varied randomly (Epel et al., 2003). The experimental parameters for the Mims ENDOR spectra were $T = 42 \mu\text{s}$, τ varied from 280 ns to 600 ns. RF power was adjusted to yield the desired π_{RF} pulse length (40 μs) using a Rabi nutation sequence, $\pi/2 - \tau - \pi/2 - T(t_{\text{RF}}) - \pi/2 - \tau - \text{echo}$, with a constant mixing time, T , of 100 μs and varying RF pulse length, t_{RF} .

2.4. Simulations of the ED-EPR spectra:

ED-EPR spectra were simulated using solid-state simulation function “pepper” of the EasySpin program package (version 6.0.0-dev.50) (Stoll and Schweiger, 2006).. The distributions of ZFS parameters were considered using a built-in EasySpin functionality (DStrain parameter; the distributions in E and D were treated as uncorrelated), and the Boltzmann thermal polarization of the electron spin levels at W-band at the temperature of the experiment was taken into account. A Gaussian line shape with 0.1 mT width was used in the simulations. To account for the differences in turning angles for different electron spin manifolds in a pulsed ED-EPR experiment, intensities of individual transitions $|m_S\rangle \leftrightarrow |m_S + 1\rangle$ were renormalized according to $\sin^3(\pi\alpha/2) \cdot \alpha^{-1}$ (Raitsimring et al., 2013) where $\alpha = \sqrt{S(S+1) - m_S(m_S + 1)} / \sqrt{S(S+1) + 0.25}$ and $S = 7/2$. This approach still does not consider the difference in phase memory times of different electron spin manifolds, which is minor for the short inter-pulse τ delays used in the ED-EPR sequence (500–600 ns). The optimal values of the parameters were determined by non-linear least-squares fitting.

3. Results and discussion

3.1 Deuterated Gd(III) spin labels

3.1.1 ED-EPR and ENDOR spectra

Before proceeding with the relaxation measurements, we carried out spectroscopic characterizations of the samples. The W-band echo detected EPR (ED-EPR) spectra of Gd-PyMTA and Gd-TPMTA, recorded at 10 K, are shown in **Fig. 2A,B**. The spectrum of Gd-PyMTA is typical for Gd(III) spin labels with a moderate ZFS ($D=1200$ MHz)²⁷ in frozen solutions where the $m_S=-1/2$ to $m_S=1/2$ central transition (CT) dominates and appears as an intense peak superimposed on a broad featureless background, arising from all other transitions. The unresolved broad background results from a large distribution in the ZFS parameters D and E (Raitisimring et al., 2005). The spectrum of Gd-TPMTA is unusual; the central transition has a fine structure, and the broad background on which it is superimposed has clear singularities. This indicates that the ZFS is considerably larger than for Gd-PyMTA and that the distributions of D and E are smaller. To ease the assignment of the various features of the spectrum, we recorded the spectrum at lower temperatures, where the contribution of the CT decreases and those of the low-lying transitions $|-7/2\rangle \rightarrow |-5/2\rangle$ and $|-5/2\rangle \rightarrow |-3/2\rangle$ increase. The spectra are presented in **Fig. 2C** with the annotation of the powder pattern's x , y , and z singularities corresponding to the various transitions. Simulations of the spectra presented in **Fig. 2D** gave $D=4200$ MHz, $\Delta D=390$ MHz, $E=440$ MHz, and $\Delta E=370$ MHz. We attribute the larger ZFS values and the smaller distributions to TPMTA offering optimal 9 coordination sites for Gd(III), and holding it in a well-defined position. This is in contrast to PyMTA, which has 7 coordination sites, and the other two are supplemented by water molecules.

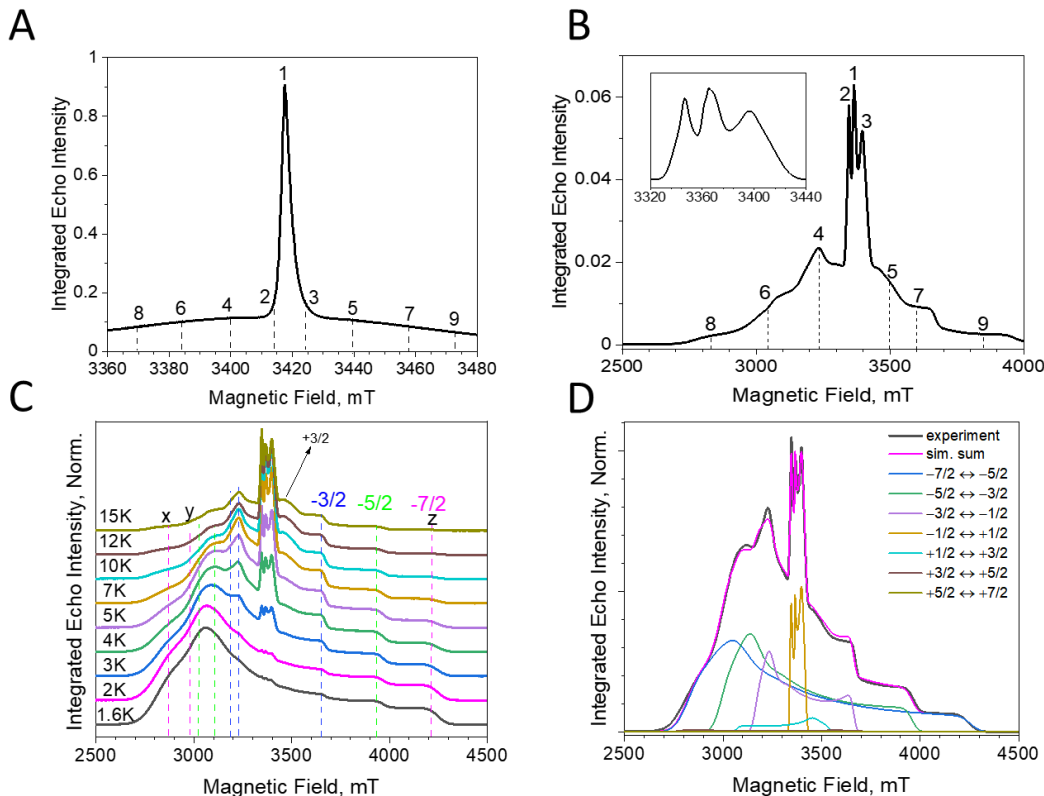


Figure 2. ED-EPR spectra (10 K) of Gd-PyMTA (A) and Gd-TPMTA (B). The central transition of Gd-TPMTA is shown in the insert on the right with an extended scale. The different numbers indicate positions at which relaxation measurements took place. C) Temperature-dependent ED-EPR spectra of Gd-TPMTA. The positions of the x,y,z singularities of the powder patterns of the various transitions are indicated by dashed lines according to the color code: blue for $-3/2 \rightarrow -1/2$, green for $-5/2 \rightarrow -3/2$ and magenta for $-7/2 \rightarrow -5/2$. D) Simulations of the spectrum in (C) recorded at 5 K, the simulation parameters are given in the text.

Next, we carried out W-band Mims ENDOR measurements to test the efficiency of the deuteration and determine the hyperfine couplings of the different protons, which are important for identifying their potential contributions to decoherence by NSD. **Fig. 3A,B** presents the spectra of Gd-PyMTA, Gd-PyMTA-d₈, and Gd-PyMTA-d₁₂ measured with $\tau=280$ ns to highlight the large ^1H couplings and $\tau=600$ ns to highlight the small ^1H couplings.

For Gd-PyMTA-d₁₂ the spectrum is dominated by the protons on the pyridine ring, having a coupling $a_{\perp}=440$ kHz, and the protons on the phenyl ring with $a_{\perp}=140-170$ kHz, where a_{\perp} is the principal, perpendicular component of hyperfine tensor. A comparison of the spectra of the three Gd-PyMTA samples shows some residual methylene protons. The ENDOR spectra of Gd-TPMTA, Gd-TPMTA-d₈, and Gd-TPMTA-d₁₂ are presented in **Fig. 4C,D**. In this case, the remaining protons of Gd-TPMTA-d₁₂ are situated on three pyridine rings and are located 5.5 and 6.5-7 Å away from

the Gd(III) with $a_{\perp}=170\text{--}440$ kHz. Here, the deuteration efficiency was higher than that of Gd-PyMTA- d_{12} , as we did not observe a significant contribution of residual methylene protons. A summary of the hyperfine couplings of the various protons in Gd-PyMTA and Gd-TPMTA is given in **Table S1**.

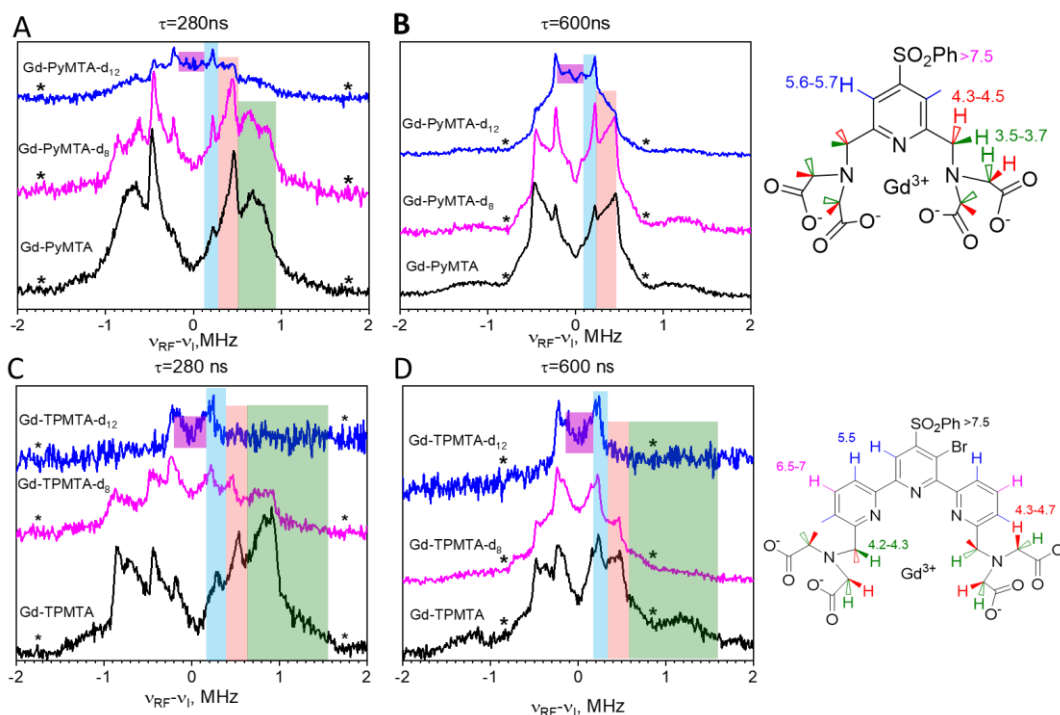


Figure 3. (A,B) Mims ENDOR spectra of Gd-PyMTA, Gd-PyMTA- d_8 and Gd-PyMTA- d_{12} measured at the CT with two τ values (indicated on the figure). (C,D) Mims ENDOR spectra of Gd-TPMTA, Gd-TPMTA- d_8 , and Gd-TPMTA- d_{12} , measured at the low field peak of the CT, (3381 mT) with two τ values (indicated in the figure). The assignment of the signals is given by the colored stripes added to the spectra following the color code given on the complex structure shown on the right. The numbers next to the protons give the distances in Å extracted from the ENDOR doublets' splitting under the assumption of purely dipolar couplings. The asterisks mark the position of the blind spots.

3.1.2 Hahn echo decays

Hahn echo decays were measured for all samples and could be well-fitted with a single stretched exponential decay function (SE model) (eq. 1) :

$$y = A * \exp \left[- \left(\frac{2\tau}{T_m} \right)^\beta \right] \quad (1)$$

For Gd-PyMTA, measurements were carried out in the range of 3-200 μM , and for Gd-TPMTA the range was 25-200 μM ; concentrations lower than 25 μM were not tested because of sensitivity

limits owing to the broader EPR spectrum of Gd-TPMTA. A few examples of echo-decay data and their fits are shown in **Fig. S8**. The concentration dependence of $1/T_m$ measured at 10 K on the CT for the PyMTA variants is given in **Fig. 4A**. We chose 10 K because it is the optimal temperature for DEER measurements considering the populations of the CT and the T_m temperature dependence (Goldfarb, 2014). We did not detect any apparent effect of the degree of deuteration on T_m and β , both of which show a clear concentration dependence. This indicates that protons with hyperfine couplings in the range of 1-2 MHz (distance $< 5 \text{ \AA}$) do not lead to decoherence as they may be within the nuclear spin diffusion barrier(Wolfe, 1973).

$1/T_m$ of Gd-PyMTA is linearly dependent on concentration, $[C]$, and the intercept of $0.05 \mu s^{-1}$ gives $T_m(0)=20 \mu s$, this is T_m free of SD contributions. The dependence of β on $[C]$ is not linear, reaching $\beta=1$ for $[C] \rightarrow 0$ (**Fig. 4B**). The dependence of $1/T_m$ on the magnetic field within the EPR spectrum (10 K and $[C]=200 \mu M$), shown in **Fig. 4C**, reveals the same dependence as reported earlier(Raitsimring et al., 2014), where the central transition exhibits a longer T_m , a characteristic of the tZFS mechanism (Raitsimring et al., 2014). The Hahn echo decay behavior of Gd-TPMTA, presented in **Fig. 4D-F**, was generally like that of Gd-PyMTA, disclosing no dependence on the deuteration levels. For Gd-TPMTA, the concentration dependence measurements were carried out at three field positions (1,2,3, see **Fig. 2A**) within the CT, and the results of all three were practically the same; the data presented in **Fig. 4 D-F** corresponds to position 1. For Gd-TPMTA $T_m(0)=10 \mu s$, the value of β is lower than for Gd-PyMTA and $\beta=0.8$ for $[C] \rightarrow 0$. In general, β in the range of 1-2.5 suggests the presence of a fast dephasing process attributed to SD or NSD(Salikhov et al., 1981; Eaton and Eaton, 2000), whereas $\beta<1$ is typical of slow processes or is a signature of relaxation time distribution(Salikhov et al., 1981). Accordingly, we attribute the reduction in β with concentration to a reduction in the SD contribution, and the lower value of β at the low concentration limit of Gd-TPMTA is likely due to a larger, more extensive distribution of relaxation times. The latter arises from the larger ZFS and the significant contributions of transitions other than the CT at the CT field. We checked for the effect of ID for Gd-PyMTA with $[C]= 200 \mu M$ by measuring the echo decay as a function of the length of the second pulse and found a negligibly small contribution to $1/T_m$ and β (see **Fig. S9**). Therefore, we conclude that the contribution of ID to the concentration dependence of $1/T_m$ is minimal.

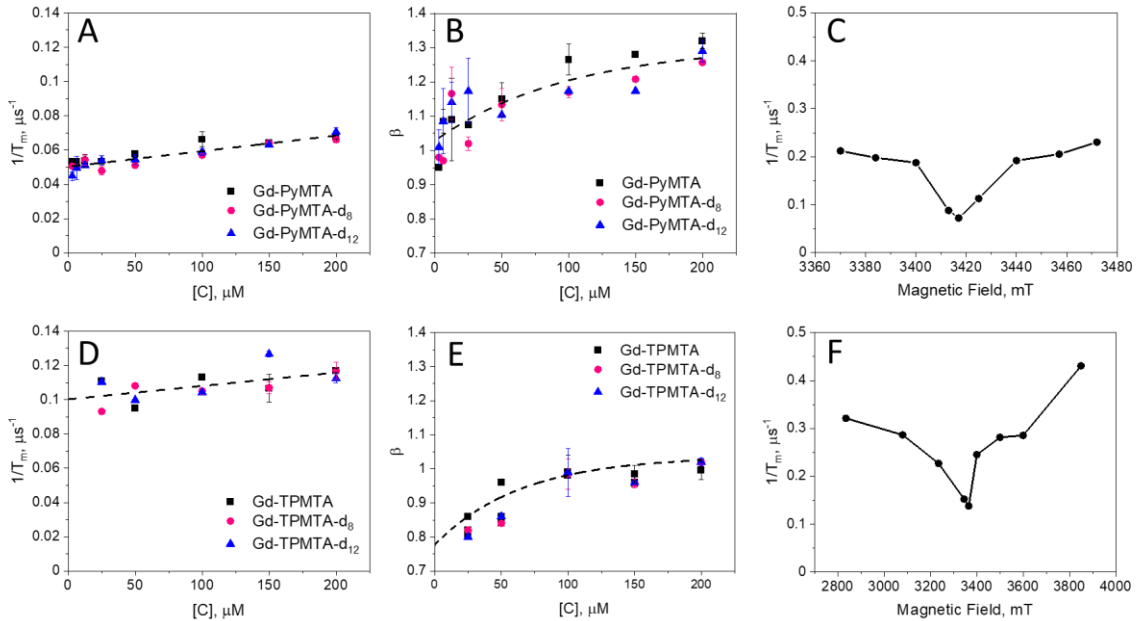


Figure 4. The dependence of $1/T_m$ and β , measured at 10 K and the peak of the CT for the Gd-PyMTA variants (A,B) and Gd-TPMTA variants (D,E) measured at position 1 given in Fig. 2A and 2B, respectively. The dotted line in A and D is the linear fit with slopes of $9.07 \times 10^{-5} \pm 8.2 \times 10^{-6}$ and $7.79 \times 10^{-5} \pm 2.9 \times 10^{-5} (\mu\text{s} \cdot \mu\text{M})^{-1}$ and intercepts of 0.05 ± 0.01 and $0.100 \pm 0.003 \mu\text{s}^{-1}$ for Gd-PyMTA and Gd-TPMTA, respectively. The dotted lines in B and E were obtained with an exponential function $y = y_0 + A_1 e^{-\frac{x}{T}}$ to guide the eye. The parameters used were $y_0 = 1.3$, $A = -0.28$, $T = 100.8 \mu\text{M}$ and $y_0 = 1.04$, $A = -0.26$, $T = 64.5 \mu\text{M}$ for Gd-PyMTA and Gd-TPMTA, respectively. (C, F) The Field dependence of $1/T_m$ for 200 μM Gd-PyMTA (C) and 200 μM Gd-TPMTA (D), measured at 10 K.

Because the T_1 values of Gd(III) are relatively short and can influence its phase relaxation, we carried out T_1 and T_m measurements at different temperatures for Gd-PyMTA and Gd-TPMTA. We measured only the non-deuterated variants as we did not see any effect of the complex deuteration on the echo decays. The T_1 values were determined from inversion recovery experiments and were analyzed using stretched exponents with values in the range of 0.7-0.8 (see Fig. S10). Fig. 5A shows the temperature dependence of T_1 and T_m of 200 and 50 μM Gd-PyMTA; as expected T_1 is concentration independent. For Gd-TPMTA a broader range of temperatures was accessed (1.6-15 K vs 10-20 K) and the results are given in Fig. 5B. For both complexes, we found that, unlike T_m , T_1 was independent of the field position within the EPR spectrum (Fig. S11); namely, it is the same for all Gd(III) EPR transitions. For Gd(III), we must consider that it is not only the relaxation times that change with temperature but also the relative populations of the various transitions. Accordingly, changes in the levels' populations can influence the T_m values measured

at the CT. This effect is marginal for the temperature range explored for Gd-PyMTA but can be significant for Gd-TPMTA below 7K. To reveal the effect of T_1 on T_m , we plotted $1/T_m$ vs $1/T_1$, and the results are shown in **Figs. 5C-D**. We observed a linear correlation for Gd-PyMTA (50 μ M and 200 μ M). For Gd-TPMTA, where a wider range of temperatures was probed, a linear correlation was observed only for the 5-15 K range; below 5 K $1/T_m$ is fairly constant, indicating that the contribution of T_1 to the phase relaxation is no longer significant.

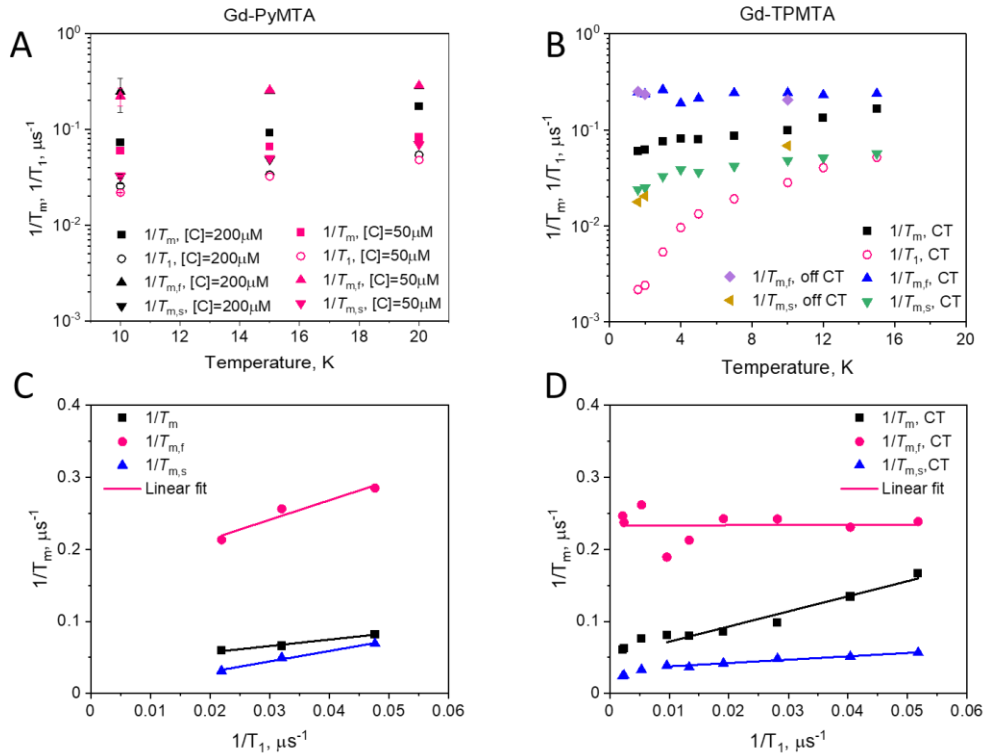


Figure 5. The temperature dependence of $1/T_m$, determined with Hahn echo and CP trains, and $1/T_1$ for Gd-PyMTA (A) and Gd-TPMTA (B). The dependence of $1/T_m$, determined with Hahn echo and CP trains on $1/T_1$ for Gd-PyMTA (C) and Gd-TPMTA (D) along with the linear fit in the 6-20 K range.

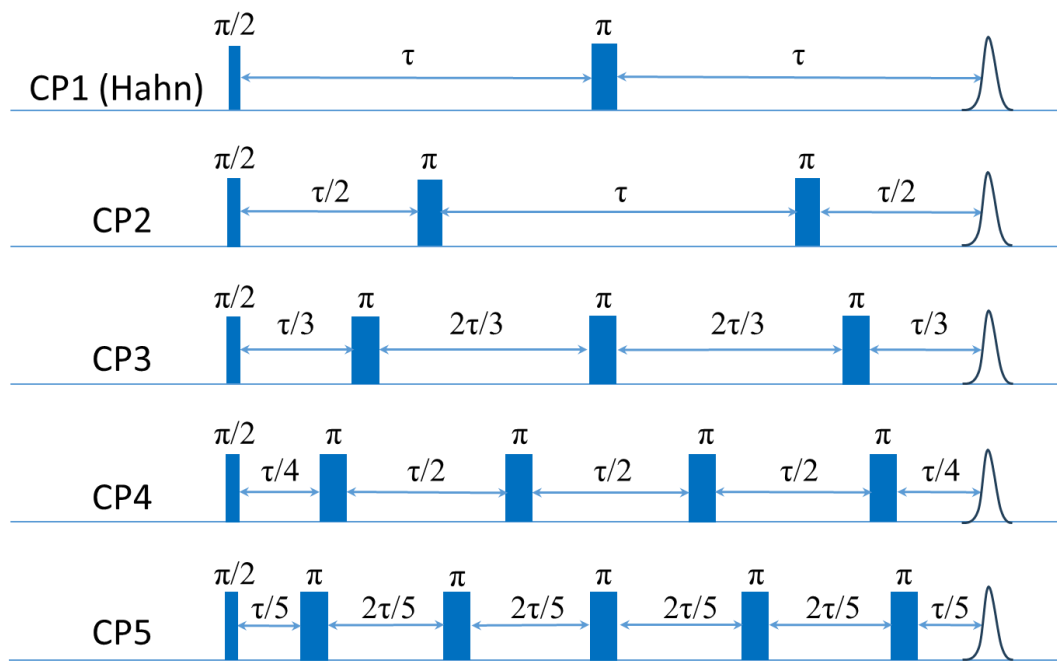
The slopes of $1/T_m$ vs concentrations [C] for both complexes are the same within experimental error (**Fig. 4**). This indicates that the contribution of $1/T_{SD,ee}$ is negligible; otherwise a significant difference would be expected because of the much broader EPR spectrum of Gd-TPMTA. Therefore, we attribute the concentration dependence of $1/T_m$ to the indirect- T_1 , $T_{SD,T1}$ mechanism, which is lineshape independent. As the two complexes have similar T_1 values, similar

slopes are expected. We used the known expressions for T_{SD,T_1} , and T_{ID} to estimate their theoretical contributions (See **Fig. S12** and the associated text) for Gd-PyMTA. We found the predicted contribution of T_{ID} is negligible, consistent with our experimental results, and that the T_{SD,T_1} calculated without any fitting parameters reproduces the experimental data reasonably (see **Fig. S12**), predicting a slope in the linear region of $1.2 \times 10^{-4} \mu s^{-1}/\mu M$, compared to the experimental slope $0.9 \times 10^{-4} \mu s^{-1}/\mu M$. The overestimated concentration dependence can result from the non-exponential behavior of the echo decay and the inversion recovery, namely $\beta \neq 1$, and the underestimation of T_1 determined by the inversion recovery sequence. The contributions to $T_m(0)$ can be from the direct- T_1 relaxation, T_{m,T_1} , residual NSD, and tZFS. As the contributions of spin diffusion, being either NSD or SD, to phase relaxation can be suppressed (refocused) by DD, we proceeded with measurements of T_m using CP trains to further resolve the various contributions to phase relaxation.

3.1.3 CP with $n \leq 5$

To resolve the potential contribution of NSD induced by the very weakly coupled protons on the tags to decoherence, we followed the approach used by Jeschke and coworkers (Soetbeer et al., 2018), and measured the intensity of the last echo as a function of the interval between the pulses for CP trains with $n=2-5$ refocusing pulses (see **Fig. 6**), while holding the time between the first $\pi/2$ pulse and the last echo equal to 2τ for all n . Interferences from overlapping stimulated echoes can be eliminated by phase cycling up to $n=5$; beyond this, the phase cycle becomes too demanding (Soetbeer et al., 2018) (the phase cycles used are listed in **Table S2**). The resulting echo decays were analyzed using Eq.1 (examples of fits are shown in **Fig. S13**), and the data from the protonated spin labels are given in **Fig. 7A**, where we plotted $1/T_m$ and β as a function of n , with $n=1$ corresponding to the Hahn echo. We observed the same general behavior for 200 and 25 μM Gd-PyMTA; an initial significant decrease in $1/T_m$ from $n=1$ to $n=2$, followed by a mild change between $n=2$ to $n=4$ and leveling off at $n=5$. β exhibits a monotonic decrease from $n=1$ to $n=3$ and levels off at $n \geq 3$, where it reaches a value of 1-1.2. Nevertheless, the systematically larger $1/T_m$ for 200 μM than that for 25 μM and the reduction of the differences between with n , shows that DD can suppress SD for the 200 μM sample, though for $n=5$ only partially. The behavior of Gd-TPMTA was similar, but less pronounced; $1/T_m$ decreases from $n=1$ to $n=2$ but then levels off and β levels off between $n=3$ and $n=4$ and reached 0.9. We find the suppression of NSD contributions to be less likely because Gd-TPMTA has more weakly coupled protons on the label, and therefore,

1 the effect should have been larger for Gd-TPMTA, but the opposite was observed. Such
2 measurements, reported for Gd-DOTA-M in D₂O:glycerol-d₈ (25 μM) at 10 K at Q-band, showed a
3 similar behavior, i. e. a mild decrease in $1/T_m$ and β (Soetbeer et al., 2021b). T_m reached 40 μs for
4 $n=5$ for Gd-DOTA-M, compared to 29 μs for Gd-PyMTA at W-band.



5

6 **Figure 6.** The CP sequences for $n=1-5$. $n=1$ corresponds to the Hahn echo.

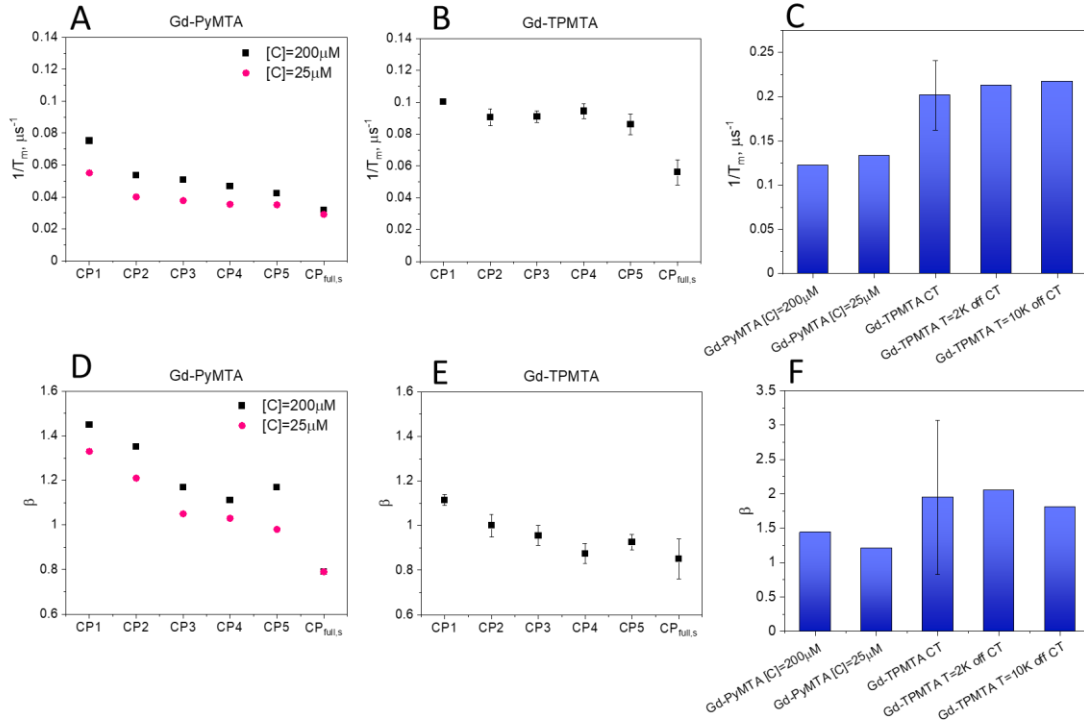


Figure 7. Comparison of $1/T_m$ measured at the CT and 10 K (A,B) and β (D,E), determined by CP with $n=1-5$ and those of the slow component in the full CP train for Gd-PyMTA (A,D) and Gd-TPMTA (B,E). (C,F) Comparison of $1/T_m$ of the fast component in the full CP train (C) and β (F) for different complexes with different concentrations for Gd-PyMTA and Gd-TPMTA ($[C]=200 \mu\text{M}$) measured at different field positions within the EPR spectrum.

3.1.4 Full CP train

The very mild effect of CP n with $n=5$ on the phase relaxation of both complexes prompted us to improve the effectiveness of the DD by applying a CP train pulse sequence with a constant inter-pulse delay τ (see **Fig. 8A**) and the shortest available on our spectrometer (290 ns), to suppress potential contributions from fast processes to the phase relaxation. We refer to this as full CP train. An example of the echo train produced by this sequence is given **Fig. 8B**, and the plot of the echo intensities as a function of time is presented in **Fig. 8C**. In this case, the data could not be satisfactorily fitted with a single stretched exponent and a sum of two stretched exponents (termed earlier as SSE (Soetbeer et al., 2018)) was used as follows:

$$y = A * \exp\left(-\frac{t}{T_{m,f}}\right)^{\beta_f} + (1 - A) * \exp\left(-\frac{t}{T_{m,s}}\right)^{\beta_s} \quad (2)$$

where t is the time between the first $\pi/2$ pulse and the observed echo, and the subscripts f and s correspond to fast and slow processes.

As mentioned earlier, CP measurements with pulses that are not ideal (selective) because of their small bandwidth compared to the EPR spectral width produce echoes that are not pure refocused echoes but have contributions from stimulated echoes that decay with some combination of T_1 and spectral diffusion (Kurshev and Raitsimring, 1990; Mitrikas, 2023). To ensure that the observed SSE analysis is not a consequence of the contributions of such unwanted echoes, we performed a series of calculations presented in the SI (Figs. S14-S16). These show that the stimulated echo contribution leads to overestimation of T_m by no more than 20% and that a single stretched exponential function can fit the calculated echo intensities. To further ensure that the two observed components derived from the experimental results are not a consequence of artifacts in the applied pulse sequence, we carried out similar measurements on a nitroxide (MTSL) spin label in D_2O :glycerol- d_8 (25 μM), and the results are shown in Fig. S17. In this case, the echo train could be fitted well with only one stretched exponent. Therefore, we concluded that the two resolved populations are intrinsic to the Gd(III) complexes studied and are not a consequence of the stimulated echo contributions or experimental artifacts.

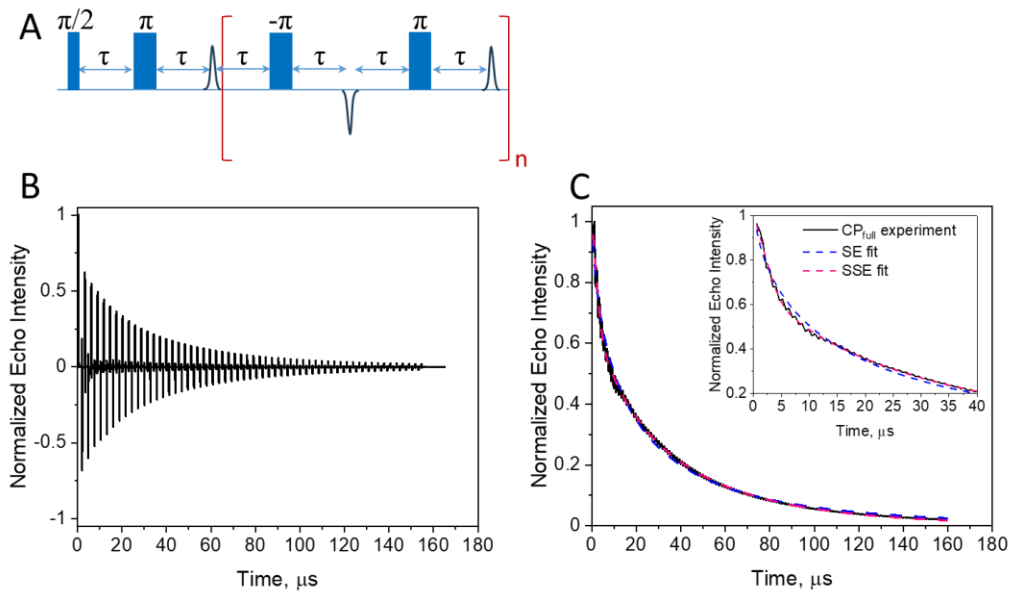


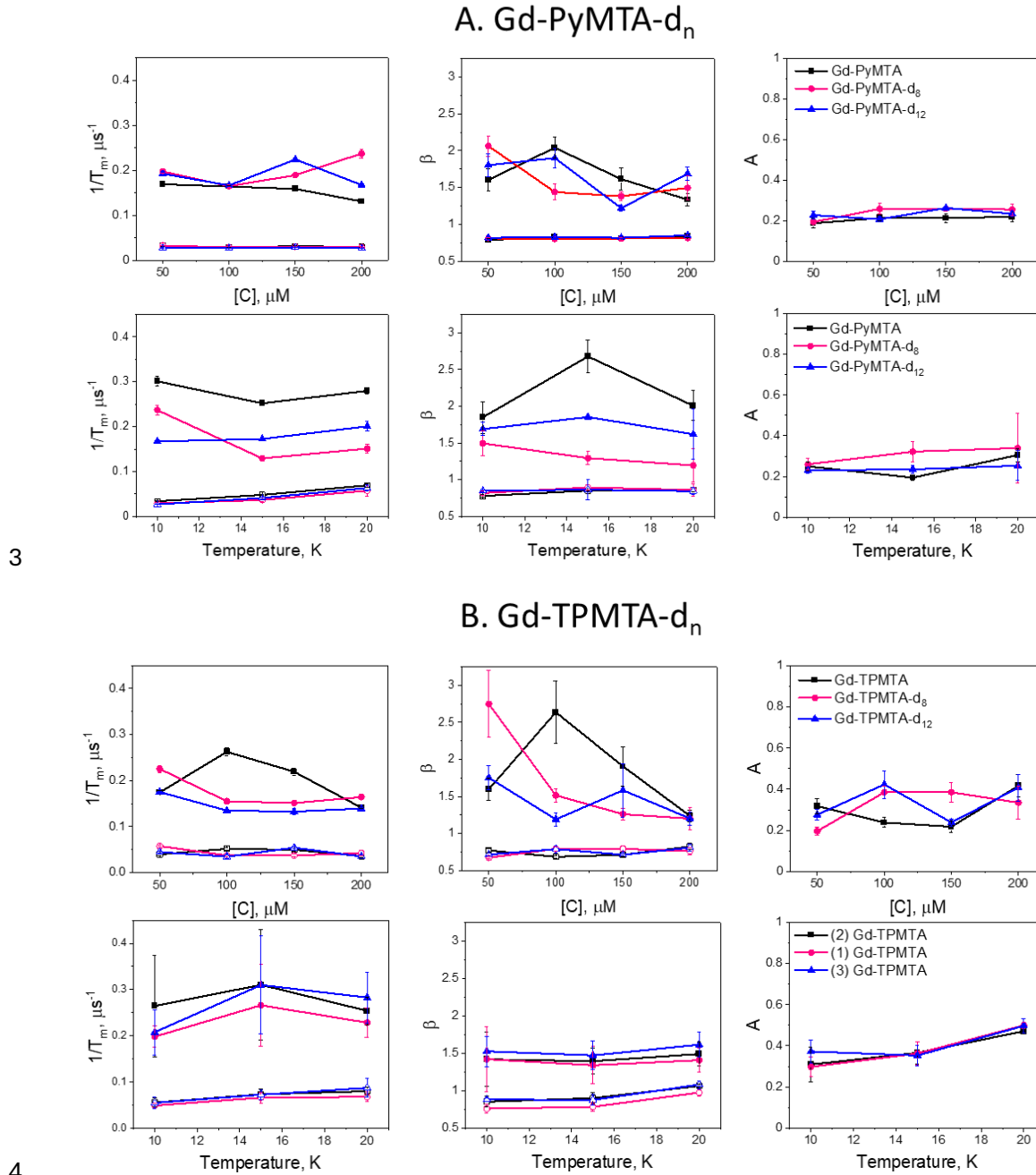
Figure 8. (A) The full CP train sequence ($n=137$, $\tau=290$ ns) applied and (B) the resulting echo train for Gd-PyMTA, 50 μM , measured at 10 K and the maximum of the CT. (C) The plot of the integrated echo intensity of the individual echoes as a function of time, with the data fit using a single stretched exponential and a sum of two stretched exponentials. The inset shows an expanded part of the trace, highlighting the fit differences. The fitting parameters were: $T_m=32$ μs , $\beta=0.58$, $A=1.1$

for SE fit (eq. 1) and $T_{m,f}=3.3 \mu s$, $\beta_f=1.85$, $A=0.25$, $T_{m,s}=29.6 \mu s$, $\beta_s=0.78$ (eq.2) for SSE fit, respectively.

Fig. 9 summarizes the dependence of the slow and fast CP decay rates, $1/T_{m,s}$ and $1/T_{m,f}$, and the associated β_s and β_f , on concentration and temperature for all Gd-PyMTA and Gd-TPMTA variants. The slow component of Gd-PyMTA, which has a contribution of 75-80%, is concentration and deuteration independent, and at 10 K T_m is 35 μs , about twice as long as that measured by the Hahn echo decay (18 μs), well beyond the 20% expected overestimation due to the selectivity of the applied pulses. The same holds for β , which is reduced to about 0.75. For comparison with the values obtained with CP1-CP5 we added the data to **Fig. 7A,D**. Interestingly, while CP5 could not eliminate the concentration dependence, the entire train did ($n \sim 140$). Here, the $1/T_{m,s}$ values for 25 and 200 μM Gd-PyMTA coincided. We should bear in mind that the full CP train and CP2-CP5 are different types of experiments; for the former, the number of π pulses and τ are held constant and the recorded signal is the intensity of the occurring refocused echo after each π pulse, and for the latter the number of pulses is constant, τ is varied and the intensity of the last echo is measured. The short τ used in the full CP train seemed to refocus the SD contributions better than the CP5 experiment. We verified that by increasing τ in the full CP train the decay rate increased. There is an increase in $1/T_{m,s}$ with temperature, whereas β_s and the relative population remain constant. For Gd-TPMTA, as for Gd-PyMTA, the slow component is not dependent on concentration nor deuteration level. Still, there is an increase of β_s and a decrease in its relative population with increasing temperatures. The values of $1/T_{m,s}$ and β_s at 10 K are added to **Fig. 7B,E** for comparison with those obtained for CP1-CP5. The dependence of $1/T_{m,s}$ on the temperature and $1/T_1$ for the two complexes are shown in **Fig. 5**.

For the fast component, the spread of the data points is quite large for all variants, and no systematic variation in concentration nor deuteration is observed. Here, $T_{m,f}$ is 3-6 μs and $\beta_f=1.3$ -3; no temperature or concentration dependence was detected within the experimental error. A comparison of the various values of $1/T_{m,f}$, and β_f for different samples and temperatures is given in **Fig. 7C,F**. The relative contribution of the two components is fairly constant in the temperature range tested for Gd-PyMTA, whereas for Gd-TPMTA the contribution of the fast component is constant for 1.6-4 K and thereafter, a significant increase with increasing temperature is observed

1 in the range of 6-15 K (**Fig. 10**). This trend seems to correlate with the relative intensity of the
 2 central transition (**Fig. 2**). Currently, we do not have an explanation for this behavior.



3
 4
 5 **Figure 9.** The dependence of the slow (open symbols) and fast (filled symbols) CP full train decay
 6 rates, the associated stretched exponent and their relative population measured for: (A) The Gd-
 7 PyMTA samples measured at the peak of the central transition as a function of concentration (10
 8 K) and as a function of temperature for 200 μM. (B) The Gd-TPMTA samples measured at position
 9 1 in the central transition as a function of concentration (10 K) and as a function of temperature
 10 for 200 μM Gd-TPMTA at field positions 1,2,3. The field positions are defined in **Fig. 2**.

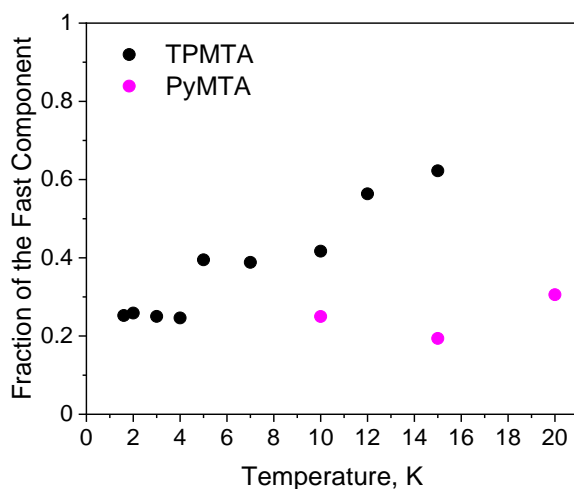


Figure 10. The dependence of the relative contribution of the fast component, measured at the CT (position 1), as a function of temperature for Gd-PyMTA (magenta, $[C] = 200\mu M$) and Gd-TPMTA (black, $[C] = 200\mu M$).

We also investigated the field dependence of the decay rates of two components at two temperatures, 10 and 20 K (Fig. 11). For the Hahn echo, we observed a clear enhancement of the decay rate outside the CT (see Fig. 4 C,F); in contrast, the slow component showed a minimal change across the CT at both temperatures. Also, the difference between the CT and the other transitions was significantly weaker for the fast component than for the Hahn echo. Interestingly, the contrast between the CT and the other transitions is manifested in the two components' relative contributions. For both complexes, the contribution of the fast component is lower at the CT than outside the CT, and the contribution of the fast component increases with temperature in all fields.

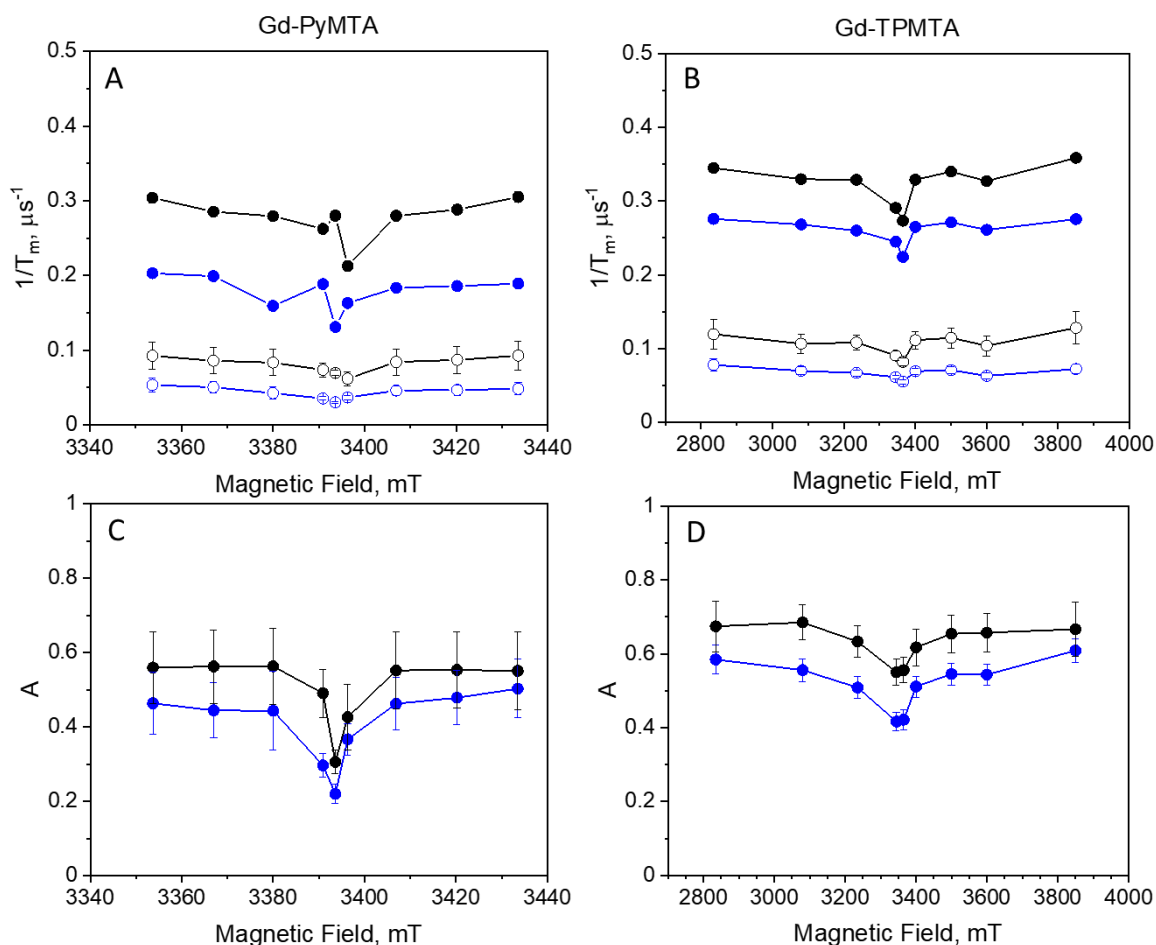


Figure 11. A. The field dependence of $1/T_m$ for the slow (empty symbols) and fast (full symbols) components at 10 (blue) and 20 K (black) of Gd-PyMTA ($[C] = 200 \mu M$) and B. Gd-TPMTA ($[C] = 200 \mu M$). C. The relative contribution of the fast component, A (see Eq. (2), for Gd-PyMTA and for D. Gd-TPMTA.

From the full CP train measurements, we conclude that (i) two populations of spins with different dominating phase relaxation mechanisms are observed for the two complexes. (ii) Any residual SD_{ee} and SD_{T1} contributions are suppressed under the CP train conditions. (iii) We tentatively assign the dominating mechanism that governs the slow-relaxing population to the direct- T_1 mechanism and tZFS for the fast-relaxing population. (iv) The relative contribution of the tZFS mechanism is lower at the central transition than at the other transitions. (v) Gd-TPMTA, which has a significantly larger ZFS than Gd-PyMTA, has a larger population dominated by the tZFS,

1 which is also temperature-dependent. The temperature dependence seems to follow the relative
2 intensity of the CT with temperature.

3 3.2. Influence of protein deuteration.

4 For nitroxide spin labels, protein deuteration increases T_m by a factor of ~ 4 (Ward et al., 2010;
5 Schmidt et al., 2016). To see if Gd(III) spin labels experience the same effect, after exploring the
6 phase relaxation behavior of the free Gd-PyMTA and Gd-TPMTA spin labels in deuterated
7 solvents, we proceeded to examine their phase relaxation after their attachment to protonated
8 and deuterated proteins in deuterated solvents. Ubiquitin D39C/E64C was labeled with Gd-
9 PyMTA and Gd-TPMTA, producing doubly labeled proteins typically used for DEER applications.
10 The concentrations were $\sim 25 \mu\text{M}$ and $\sim 50 \mu\text{M}$ for Gd-PyMTA and Gd-TPMTA labeled ubiquitin,
11 respectively. The Hahn echo decays were fitted using Eq.1, as was done for the free labels
12 (examples are shown in **Fig. S18**), and the results are summarized in **Fig. 12** for measurements on
13 the CT at 10 K. The attachment to ^1H -ubiquitin increased $1/T_m$ by a factor of 2.4 for Gd-PyMTA
14 and 1.8-1.9 for Gd-TPMTA, with no significant effect on the degree of label deuteration. While
15 protein deuteration led to a slight decrease of $1/T_m$ ($\sim 10\%$) for Gd-PyMTA, for Gd-TPMTA labeled
16 ubiquitin a significant effect was noticed only for Gd-TPMTA- d_{12} , almost reaching the value of the
17 free label. The dependence of β on protein deuteration is insignificant for Gd-TPMTA. In contrast,
18 for Gd-PyMTA, a gradual decrease with the increased degree of the label deuteration is observed
19 for the deuterated protein, where for Gd-PyMTA- d_{12} it reaches $\beta=1$, as for the free label. A small
20 effect of the protein deuteration was also observed for the Gd-DO3A labeled ubiquitin ($50 \mu\text{M}$)
21 (**Fig. 12**). The low impact of protein deuteration on the Gd(III) T_m values compared to nitroxide
22 can be attributed to the Gd(III)'s much shorter T_1 , which provides the upper limit to T_m ($T_m \leq 2T_1$).
23 A comparison of the T_m and β values measured by Hahn echo decay for the free labels and the
24 protein samples is given in Table S3.

25 To further explore the origin of the significant reduction in the phase relaxation rate while bound
26 to protein and the small effect of protein deuteration, we carried out full CP train measurements
27 on the protonated and deuterated protein samples for Gd-PyMTA and Gd-TPMTA. Like the free
28 labels, the data could not be fitted well with one stretched exponent, and a sum of two such
29 exponents was needed, one with a fast decay and the other with a slow decay (see **Fig. S19**). The
30 results for the population with the slow decay for protonated and deuterated ubiquitin with
31 protonated Gd-PyMTA are shown in **Fig. 12**. The difference between the protonated and

1 deuterated proteins was small. Same as in the case of the free label, we observed a reduction of
2 about a factor of 2 in $1/T_m$ for the slow population under CP train conditions, as compared to the
3 value for Hahn echo. Interestingly, $1/T_m$ in the free Gd-PyMTA in a deuterated solvent is smaller
4 by a factor of about two compared to the protein value. The same behavior was observed for Gd-
5 TPMTA.

6 What is the source of the faster phase relaxation in the protein compared to the free complex? It
7 cannot be attributed to the direct- T_1 mechanism because of the similar T_1 values, 50.5 μ s for
8 protein and 45.5 μ s for free complex. One possibility could be NSD from the non-deuterated
9 HEPES molecules used as buffer, which results in 2.5% protons in the solvent. Another possibility
10 could be the lower amount of glycerol in the protein samples (8:2 v/v vs 1:1 v/v for free Gd-
11 PyMTA). To check this possibility, we prepared solutions of Gd-PyMTA in 15 mM HEPES in 8:2 v/v
12 vs 1:1 v/v D_2O /glycerol- d_8 and measured their Hahn-echo decays at 10 K. The results, given in **Fig.**
13 **S20**, show that the contribution of the protonated HEPES is small, but that of the lower amount
14 of glycerol is significant because of enhanced instantaneous diffusion due to a poorer quality
15 of the glass leading to higher local concentrations. These two effects account only for about
16 80% of shorter T_m in the protein. An additional contribution can come from the fact that the
17 proteins are doubly labeled, i.e., every Gd(III) center has a neighbor ~ 4.2 nm away from it (see
18 **Fig. S21**). Accordingly, its phase relaxation can be affected by indirect T_1 due to the neighbor,
19 which is concentration-independent. The relaxation of this neighbor is responsible for the Gd(III)-
20 Gd(III) RIDME (Relaxation-Induced Dipolar Modulation Enhancement) PD-EPR experiment, where
21 it undergoes both single, double and triple quantum flips during the mixing time. (Razzaghi et al.,
22 2014). In this case, mutual Gd(III) pair flip-flops can also induce relaxation. (Tyryshkin et al., 2012)

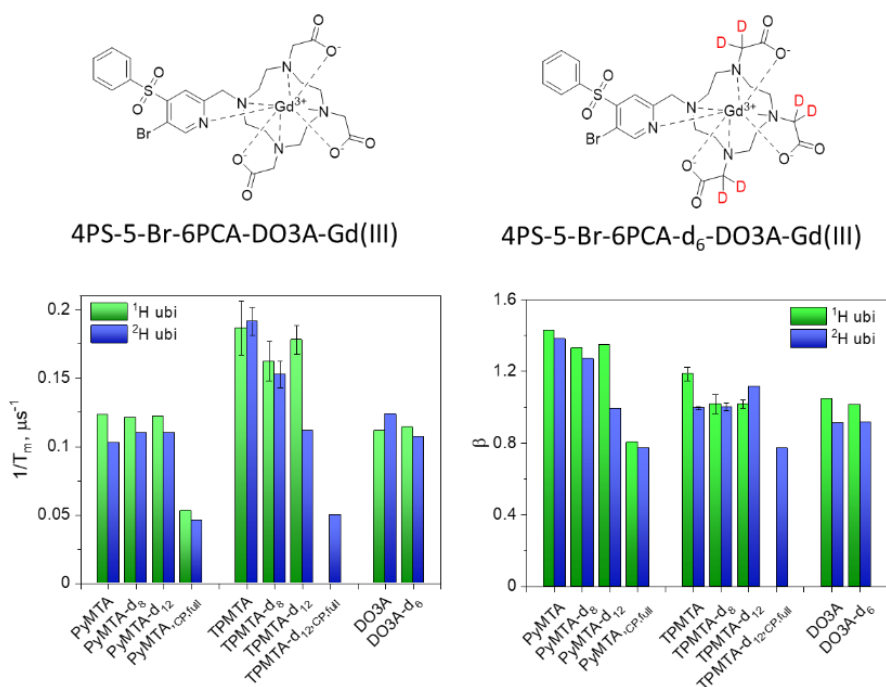


Figure 12. The structure of the Gd-DO3A label and the summary of the Hahn echo $1/T_m$ and β of ubiquitin labeled with Gd-PyMTA, Gd-TPMTA, and Gd-DO3A with various degrees of deuteration. $1/T_m$ and β of the slow component obtained from the full CP train measurements are presented as well.

Conclusions.

In this work, we explored the mechanisms responsible for the phase relaxation of Gd(III) spin labels at 95 GHz, exploring whether deuteration of the label or the protein can extend the phase relaxation. To resolve the relaxation mechanisms, we first studied the free label with different degrees of deuterations in a deuterated solvent and examined both concentration and temperature dependencies. We compared two labels having very different ZFSs, which helped resolve various relaxation mechanisms. T_m was determined from both Hahn echo decay and CP echo trains. Our conclusions are as follows:

- Protons with hyperfine couplings in the 1-2 MHz range, situated at distances <5 Å from the gadolinium ion, do not affect T_m and are located within the nuclear spin diffusion barrier.
- In the range of 5-200 μM the concentration dependence of the free tag is primarily determined by the indirect T_1 -induced mechanism.

3. At the limit of $[C] \rightarrow 0$, the contributions to $T_m(0)$ can be residual NSD of the protons on the pyridine and phenyl rings with hyperfine couplings below 0.4 MHz or residual protons in the deuterated matrix, tZFS, and direct T_1 . Since $T_m(0)$ for Gd-TPMTA is shorter by a factor of about 2 and T_1 values of both complexes are similar, we attribute the difference to the increased contribution of residual NSD and tZFS. Gd-TPMTA has 12 weakly coupled protons vs 7 for Gd-PyMTA, and its ZFS is significantly larger. In principle, it would be possible to predict the contribution of the above-mentioned weakly coupled protons and residual solvent protons to the Hahn echo decay using the analytical pair product approximation, which allows for computationally efficient simulations and provides a good prediction (Canarie et al., 2020; Jeschke, 2023). This, however, is beyond the scope of this manuscript.
4. The CP_n measurements with $n=2-5$ had a more substantial suppression effect on T_m for Gd-PyMTA than on Gd-TPMTA, suggesting that it has contributions from SD due to electron-electron interactions and that NSD was not suppressed under these conditions ($n=5$).
5. Full CP train measurements ($n \sim 140$) resolved the presence of two populations: one with a slow phase relaxation and the other with a fast one. The dominating mechanism for the slow population is direct- T_1 . Its T_m showed no concentration dependence and was longer by a factor of about 2 relative to the Hahn echo decay for both complexes, yet keeping their relative values. We tentatively assign the decrease in $1/T_{m,s}$ to full suppression of the residual indirect T_1 -induced and NSD mechanism, made possible by the relatively short $\tau=290$ ns used in the full train. This is supported by the more significant difference between $n=5$ and the full CP train for Gd-TPMTA, which has more distant protons.
6. For the fast relaxing population, $1/T_{m,f}$ is larger for Gd-TPMTA; therefore, we assign it to populations where the tZFS dominates, supported by its more extensive field dependence than $1/T_{m,s}$.
7. Because of the relatively short T_1 and the contribution of the tZFS mechanism, protein deuteration does not significantly affect T_m . The shorter T_m for the doubly labeled proteins is attributed primarily to the lower glycerol amount in the sample and indirect- T_1 owing to the presence of a close-by Gd(III) neighbor.

The above shows that prolonging T_m would require increasing T_1 , which can be achieved by lowering the temperature. However, this will be at the expense of the CT population, thus

reducing sensitivity in DEER measurements. Another option is to reduce the spectrometer frequency, which will cause broadening of the CT and impede sensitivity. Yet another way to increase T_m is to choose a label with a smaller ZFS (Ossadnik et al., 2025). A very small ZFS, however, introduces significant difficulties in analyzing DEER data for distances below 3 nm unless the excitation of the CT is avoided (Dalaloyan et al., 2015).

Code and data availability: All data reported herein and the EasySpin scripts for simulation of TPMTA tag ED-EPR spectrum can be accessed at <https://doi.org/10.5281/zenodo.15112854>

Author contribution: EE-investigation, visualization, writing – review and editing. XZ-investigation, visualization CC-investigation. YY-investigation. AB-formal analysis, methodology, writing – review and editing. GM -formal analysis, visualization, writing – review and editing XS-Conceptualization, funding acquisition, supervision, writing – review and editing. DG -Conceptualization, funding acquisition, supervision, writing – original draft preparation.

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